

Rams little Dodeon^s.

A briefe Epitome of the new Herbal,
or *History of Plants.*

Wherein is containd the disposition and true declaration of the Phisike helpes of all sortes of herbes and Plants, vnder their names and operations, not onely of those which are here in this our Countrey of England growing but of all others also of other Realmes, Countreyes and Nations vsed in Phisike :

Collected out of the most exquisite newe Herball, or History of Plants, first set forth in the Dutch or Almayne tongue, by the learned and worthy man of famous memory, D. Reinbert Dodeon, Phisicion to the Emperour; And lately translated into English by Henry Lyte, Esquire :

And now collected and abbridged
by *William Ram*, Gent.

Pandit Oliua suos Ramos.

Imprinted at London by Simon Stafford, dwelling
in the Cloth Fayre, at the signe of the
three Crownes. 1606.

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or History of Plants.

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Oving & most naturall countrymen: I have
 bestowed some tyme, in reducing the most
 exquisit new herball or history of plants (first
 set forth in Dutch and Almayne tongue, by
 the learned and worthy man, of famous memory, Dr.
Reinbert Dodon, Philicion to the Emperour, and
 translated into English by Master *Henry Lyte*, Esquire)
 into a brieft and short Epitome: wherein is contay-
 ned the disposition and true declaration of the phisike
 helps of all sorts of herbes and plants, vnder their severall
 names & titles, not onely of those which are here in this
 our countrey of England growing, but also of others of
 foreine realmes, countreys, and nations, vsed in Phisike,
 (being nowe brought into a very samll volume) So as
 where the gear booke at large is not to be had, but at a
 great price, which cannot be procured by the poorer sort,
 my endeour herein hath bin chiefly, to make the bene-
 fit of so good, necessary, and profitable a worke, to be
 brought within the reach and compasse aswell of you
 my poore Countrymen & women, whose liues, healths,
 ease and welfare is to be regarded with the rest, at a smal-
 ler price, then the greater Volume is: wherein I have
 made declaration of certayne dangerous Plants, with
 their corrections; onely drawing them into a special title
 by themselves, which before were dispersed in many pla-
 ces. This onely obseruation I gaue thee, that where, in
 many titles of cures, all, or the most part of the herbes or
 simples for such cure, are drawn within this direct, it
 is not to be inteded, that all those simples should be: Sad-
 ded together in the vse of Phisike, but that euery of them

A 2 by

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by themselves are to be ministred for the cure of the disease vnder their severall tytles: and that this Character or marke,—which you shall finde in many places of this booke, is to giue the right vnderstanding of the herbe (by which it is set) by some other more familiar name, then in his first place: And as it pleased that famous and worthy man, D. Reinbert Dodeon, the Patrone of so excellent and necessary a worke, to offer the same into the world: And as the sayde worshipfull gentleman, master Henry Lyte, by his diligence hath translated the same into our English tongue, for the benefit of all his countrymen, to the end the light thereof might not be hidden or extinguished, to their great prayse and commendations: Euen so, my poore talent of endeuer hath byn to none other end, but only to draw that into a handfull, which before was in the compas of a great garden: or else to bring that into a little Gardē, which before was (as to be looked for in many fields and disperced places) not to be found but by great labour and industry: my onely and greatest care hath byn of long tyme, to knowe or thinke, how and vpon whome to bestow the dedication of this my small labor: And in the penning of this my letter, my Affections are satisfied with the dedication thereof to thee my poore and louing coutryman whosoever, and to whose hands soeuer it may come: For whose sake I haue desired publicatiō of the same, beseeching Almighty God to blesse vs all.

William Ram.



The Contents of this Booke.

A Speciall note, that the first page of euery lease being opened, containeth the practice of M. R. Dodeon: And that the second opposite page, vnder the Title *Incidentia*, containeth the practises of others for the same Phisike helpes, collected and inserted by the Author of this Treatise.

Certayne excellent approoued experiments vnder the Title *Incidentia*, incident to the cures of many, or of the most part of the laine diseases, see on the other opposite page.

A declaration of many dangerous herbes and Plants, very dangerous and hurtfull to man, by reason of their malignant and hurtfull qualities.

The correction of the same dangerous plants, or many of them.

Observations for euery of the twelue moneths in the yeere.

Observations of times of gathering, ordering and preserving of certayne herbes, fruits, seedes, flowres and rootes.

Observation of gardening, by father Kynke of Tibolds.

Observation of diuers dangerous dayes in the severall moneths of the yeere.

Certayne generall obseruations.

Observations of Dyes, good and euill for the parts of mans body.

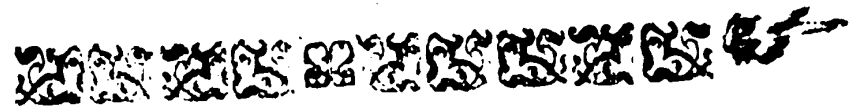
*All these Plants, or the most part of them
haue their seuerall dangers and pro-
perties, and therefore they are
to be corrected, or to be
vsed by good
discretion.*

Hempeste, Peintra, Agarick, Squilla, Laks,
Onions, Indian Pepper, Chlasp, Coleworts;
Mache, Pale rade, Bitter Witch, Chick pease;
Hemlock, Solanum, Panzagoza, Oleander,
Licoctemon, Arconitum, Ranunculus, Ferne,
Scamony, White Stone, Wallwort, Elder,
Colloquintida; Lismachus, Wylb Cowcumber; Stanesacre,
Pezeron, Camela, Psillium, Lawzell, Parmodakill,
Eapla, Deplos, Spurge, Cyfa, Lithemall,
Elebo, Ticianen, Aecologia, Caphozium, Lacerpitium,
Eolanter; Conyu; Aneoz, Carthamus; Flare seeds.

*All these simples and plants are not to be
taken into the body, without great
skill, and good correction, by the
learned and skilful
Physicians.*

All the Crow-fates, especially Apian risum, taken inwards
ly, spoyleth the senses and vnderstanding, and draweth to-
gether all the sinewes of the face, making them that haue eaten
thereof, to come to laugh, and so they be laughing, except pre-
sent remedy be prouided.
Flannula, Wolfes bane—Licoctinum, Perenn—Oleander
Opium—Papauer, Panzagoza, Solanum lechale,—Dwale,
Solanum somniferum, Henbane, blacke especially, Hemlock,
Peintra are not to be vsed vnder.

The



The Corrections of dangerous Herbes, Plants, and simples.

The danger of Sothernwood: it is a hurtfull enemy to Sothern-
the stomake: wherefore Galien would not haue it ming- wood.
led inwardly in the body. Cartha-

The danger of the leede of ballard Seed, it is hurt-
full to the stomake, causing desire to vomit, of hard and slowe
operation, remayning long in the stomake.

¶ Put to that seed, Annis seeds, Salingale, Paslik, Win- Correc-
ger, Sal gem, or common salt, which will haue his operation, tion.
and correct his malignity.

The danger is, being taken into the stomake, it is a hindrance Flaxseed
to digestion of meate, and breedeth windynesse. or Lyce-

The danger, it is hard of digestion, contrary to the stomake, seeds.
it causeth payne, grief, and dillnes in the head, it engendreth Hemepe-
grosse and naughty humors in all the body. seeds.

¶ When ye will vse Lismachus, take none but that with the Lyfima-
yellow flowres, which is the right herbe, and the other not. chus, his
The danger, it is hurtful to mans nature, it engendreth cold- choyce.
nen, and dillnes throughout the body, with pynfulness Plillium.
and heavynesse of the heart.

¶ To cure hemit, with medicines conuenient to cast Correc-
it vp: then geue to drinke of the best and most sallow wyne, tion.
being colde by itself, or boyled with wormwood, or mingled
with hony, and a little lye, or the decoction of Will.

The best are those which growe in Slauonia.

The next in Macedonia.

The third in Africa.

The white Iris is taken for the best.

4

Flowre
de Lyce
rootes:
their

The choyce.

The Corrections of dangerous

- Ameos.** The danger of the late taken in too great quantity, it taketh away the colour, and prouoketh palenesse as in dead bodies.
- Cumin.** The danger being too much used, it breapeth the natural complexion, and liuely colour, and caueth a man to looke wan and pale.
- Coriander.** If some Coriander be taken into the body, it causeth horidnes, fransy and dulnes of the vnderstanding, it maketh the party some as if he were drunken: the Iuyce taken in quantity of 4. ounces, killeth the body.
- Lacerpium the choyce.** The best is that which is reddish, cleare & bright, and smelling like myrrour, not greenish, of a good pleasant smell, which being distilled, leaveth white.
- Euphorbia in the danger.** By reason of his extreme heate, it is hurtfull to the Lungs & stomack and all the inward parts, being receyued inwardly, it chaufeth and inflameth out of measure.
- Correction.** First a rovat it with the oyle of sweete Almonds, then put it in the middle of a Cotton, and wrap it in leuened paste, and bake it, and then use it.
- Almarudus taketh of mastick & gum Dragagant, as much as of Euphorbium, and mingling them together, putteth it into the midst of an vnbacken loafe, and baketh it well, then he taketh the crum of that loafe, and maketh pills, and giueth it for the weaknes that cometh of the French poxe, & all anguish and paynes outward.
- Another minglet Euphorbium with the like quantity of mastick, and maketh pills with the Iuyce of Citrons, or of Oranges, and bleth them much agaynst the pestilence.
- Astrolochia the choyce.** It is a kind of Astrolochia is of fene and subtil parts, and of stranger operation then the rest, it mondifieth and clenseth mightily, it appleteth and maketh thin, grosse humors.
- Long Astrolochia is better to incarnate, and to engender flesh in vicers.
- Astrolochia Climatis hath best (saue), and therfore maketh best oylments.

The

herbes, plants, and simples,

The danger: In what sort soeuer it be taken, it is dangerous Ciclamē to women with childe: wherefore let them take hēd not onely Sow-how they receiue it inwardly, but also let them bee aduised in a bread, not to apply it outwardly, nor to carrie it about them, nor yet plant it in their gardens, for it will hinder them if they goe but ouer it.

The danger: being vnprepared, and taken out of time and place, or too much in quantitie, is hurtfull to the body: for it cho- keth and troubleth all the inward parts, shrinketh and draweth together all the sinewes, and stayeth the parties: therfore vnprepared it ought not to be ministered, nor then, without good habde and great aduisement: for such as are either too young, or too elde, feeble, that spit blood, that are grieved in their stomacks, whose breasts are straight and narrow, their necks long, such people must in no wise deale with it without feoparchie and danger: therfore be aduised by learned Physicians.

Although blacke Elebor is not so vehement as the white, yet it cannot be giuen without danger, especially to people hauing their health, &c. and not to be ministered but in desperate causes in the spring time onely: and not before it be aduisedly prepared and corrected.

¶ Elebor giuen with Long-pepper, Isp, Daucus, and Anis-seeds, maketh it to work the better, & with lesse danger. Also, if it be boyled in the broth of a Capon, or of any other meate: and that broth may be giuen to drinke, and with lesse danger.

The danger of the Iuyce and seede of Tithmalles: it killeth violently, hurtfull to the nature of man, troubling the body, ouerturning the stomacke, burning the throte, making it rough, and soze: wherefore Gallien willet not to haue it ministered inwardly, but to be applied outwardly.

¶ Lay the bark of the rots to soke in vinegar by many then boyle it and make it in powder, and put to it: Annit and Fenell sebed, Cum the Dragagant and Masticke, and so ministering it with some cooling and refreshing liquors, as Endiue, Cichory, or Oringes, &c.

The danger is like to the Tithmalles, and hurtfull. The full qualitie is corrected as the Tithmalles: and

The Corrections of dangerous

Spurge The danger: it is hurtfull to mans nature and body, as the Tichimalles.

**Correc-
tion.** ¶ Take the seede of Spurge, with Dates, Figges, or Gumme Dragagant, Malticke, Anniseedes, or any refreshing or cooling herbe: if one drinke water, straight waies it correcteth, &c.

Peplos. The danger is hurtfull to man, as Spurge.

**Correc-
tion.** ¶ As of Spurge.

* **Thap-
lia.** The danger: in drawing the iuyce from the herbe & roote, great inflammation chaunceth to the partie that draweth it, in his face: And received into the bodie, it causeth great wind- nesse, blasting, & throoping, and ouerturning the whole body: and it hurteth the bowels and inward parts.

**Correc-
tion.** ¶ When one will gather the iuyce, or strip the barke off the roote, let him anoynt his face and bare places, with oyle of Moles and wares.

When it shall be ministered inwardly to open the belly, put to it Long-pepper and Sugar.

**Wilde
Saffron.** The danger: it stirreth up gnawing and fretting in the bo- dy, as if it were all rubbed with nettles, it inflameth the Sto- machke, and hurteth the inward parts, so as at first it procureth bloudy excrements, and after bringeth death.

**Hermo-
daetil.** ¶ Drinke a great draught of Cow-milke: Put to it Ginger, Long-pepper, Anniseeds, Comin, and a little Masticke: it cor- recteth, and helpeth.

**Correc-
tion.**

Lawrell. The danger: it both bere and ouerturne the stomacke, it in- flameth, hurteth, and burneth the inward parts.

**Correc-
tion.** ¶ The leaues are to be steeped one day in good strong Wini- ger, then drie it, and keepe it to vse.

If first you lay tosoke in that Wineger, Quinces, or the seede of Barberies, when you will occupie the leaues prepared, you must waite them in powder, and giue it with Anniseedes and Mastick, or boyle them in whey, or sweet milke, especially goates milke, or the broth of a Capon.

The danger is very nore the nature of venim, hurtfull many waies to mankind: it greatly hurteth the stomacke, liuer, and to all principall parts of man, chafing and vehemently grieuing the inward parts.

¶ The

herbes, planes, and simples.

¶ The correction is as of Lawrell.

The danger, by reason that it is very hote, it is very hurtfull, and of strong and vehement working, grieuing the inward parts.

¶ His correction is as of Chamelea.

His danger is very hurtfull to nature, for it causeth infla- meth all inward parts: it ouerturneth the stomacke, being hol- den in the mouth: it causeth inflammation in the mouth and agre. throate, and therefore it is to bee ministered outwardly.

¶ Before you occupie the seede of Scauelagre, stripe it in Mi- neger, and drie it.

You may giue it to be drunken with meat or Homed wa- ter.

Who that hath taken in any of this seede, must walke without sleeping, and should drinke Hydromell often, when he feeleth a- ny kind of choking.

* ¶ It must be giuen with meade, or with sweet milke, a lit- tle Anniseeds and salt, or giue it in powder with Gumme Dra- gagant, Anniseedes, and a little salt.

The danger: it hurteth the inward parts, & openeth the smal- laines, it prouoketh gripings, and torments in the belly.

The danger is exceeding hurtfull to the stomack, and liuer, hurting the bowels and intrayles.

¶ Put to the pulpe or pith thereof Gumme Dragagant and Mastick, and after make it into Troches or Balles with honey.

The danger: it is very hurtfull to man. it stirreth vomiting, tossing and tumbling the stomack, bowels, and belly, it ma- keth the body weak and feeble, and it wasteth the strength of the liuer.

The danger: it is noysome to the stomack and inward partes, as Elder.

The danger is, the rote by his violence troubleth and ouer- turneth the stomack, and other inner parts, it is altogether euill, and contrary to women with child.

¶ The malice or naughty quality thereof is taken away, by putting to Saffron, Ginger, and Cinamon.

Correc-
tion.
* Meze-
ron.
Correc-
tion.
* Staue-
agre.
Correc-
tion.
* Wild
Cowcu-
mer, the
correc-
tion.
* Idem,
Collo-
quintida
Correc-
tion.
Elder.
White
Briony.
Correc-
tion.

The Corrections of dangerous

1 The danger: the Juice is very strong and violent, causing vomiting and windiness.

2 It chafeth the liuer and bloud, and it ingendereth fevers so such as be of hote complexion.

3 It openeth the vaines, and hurteth the bowels and inward parts, to the prouoking of bloudy excrements, verie hurtfull to the liuer, heart, and inward parts.

Correc-
tion.

¶ Boyle or digest it in a Quince, or paste of Quinces, untill the Quinces bee verie tender and perfectly boyled, and then it is called Diagredium.

2 Mixe it with some cold Juice, as of Roses, Pāllū, or Prun-
pulpe.

3 Put to your Diagredium, Mastick, or the iuyce of Quinces.

Fearne.
Polipo-
die the
choyce.
Ranū-
culus.

The danger is verie great, especially to women with child.
The roote which groweth at the foote of the oke is best, and most profitable to be used in medicines.

The danger: they al are dangerous and hurtfull, they kill and slay, especially Apium Rifus, which taken inwardly, spoyleth fences, & droweth the sinewes, as those which haue eaten thereof, seme to laugh, and die laughing, without some present remedie.

Acco-
mte.

The danger is great, it killeth wolues, swine, and all beasts both wilde and tame that eate of it.

Licofti-
num.

The danger of wiggues bane, being taken in, it inflameth the heart, burneth the inward parts, and killeth the body.

Rose-
oleander
Nereū.
Mandra-
gora.

The danger: it is verie hurtfull to man, and killeth Shep, Goates, Dogges, Asses, Hules, Hoxles, and all foure footed beasts.

The danger: it is most hurtfull to man, to be receiued into the body, if it be take in, neuer so little quantitie moze then ought to be, it killeth the body: the leaues and fruit are also very dangerous.

Solanū
fornu-
ferum.

The danger is great: if ye giue moze then twelve berries, it causeth raving, distraction, and furiousnes, as much as Opium.

The roote taken in wine, to the quantitie of a dzam, causeth baine and idle imaginations: two dzams bringeth frensie and madness, which lasteth thre; four dates: foure dzams taken in,

herbes, plantes, and simples.

in, killeth the bodie.

The danger by his venemous qualittie is great: for whoso Hem-
uer taketh of it, dieth, except he drinke good old wine after it. block.
But if he taketh Juice of Hemblock together with the wine,
the poison is augmented, and it killeth.

The danger: the vse of these pease is not very good for them Chiche
that haue any vlcration in their kidneyes or bladders: for they pease.
be too much scouring, and do cause the vaine to be sharpe.

The danger of Erso; Oribus: being used often, & in too great The bit-
a quantitie, it causeth head-ache and heauie bulnes: it bringeth ter vitch,
soth bloud both by vaine and excrements of the belly. called

The danger of † Poole Reed or Harundo vallatoria, is, that if Eruum.
the downe that is in the toppe or tufting tassell thereof chanceth † Poole
to fall into the eares, it bringeth such bulnesse and deafnesse as Keede.
is hard to be cured.

The danger: the often eating thereof ingendyeth many insir, Orache,
mities: it ouerturneth the stomacke, and it causeth bluers spots,
freckles, and pimples to arise in the face, and all the rest of the
body, also it is hard of digestion.

The danger of them: eaten, they ingender grosse and melan- Cole-
cholicke bloud, especially the redde kind: the white are better to worcs.
digest, and engender moze agreable and better nourishment, e-
specially when they haue bene twice sodden.

The danger is: saing the seed is verie hote, and of strong and Thla-
beheiment working, insomuch that being taken in too great a pie.
quantitie, it purgeth or scoureth euen vnto bloud, and is verie
hurtfull to women with child, therefore it may not bee rashly
ministered inwardly.

The danger: it is dangerous to bee often used, or in too great Indian
a quantitie: for this pepper hath in it a certaine euill qualittie, pepper,
whereby it killeth dogges, if it be given them to eate. Caplicū.

The danger: the often vse of them causeth head-ache, and Omors,
ouer-much flape, and is hurtfull to the eyes.

The danger: they engender euill humors and windiness, Lecker.
they cause heauie and terrible dreames: they darken the eye-
sight: they are very hurtfull to them that haue any exulcerations,
or going off of the skinn of the bladder or raynes.

The Corrections of dangerous herbes, &c.

Squilla. The danger: it is a very sharpe and hard medicine, it is subtil and wasting, hurtfull, and forcing the nature of man, when it is taken or bled rawe.

Correc- It is not to be bled into the body, without it be first se-
tion. den, rolled, or baked.

Arbutus The danger: the fruit thereof eaten hurteth the Stomack, and causeth head Ach.

Agarick The danger: it is of slow operation, taken in too great a quantitie, it sebleth the inward parts.

Correc- It is corrected being giuen with Vineger, Sal gemme, and
tion. chiefly with Oximell.

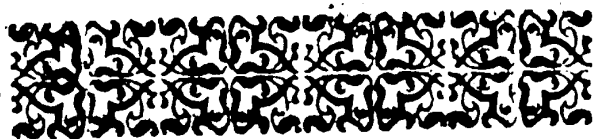
Yewtree The danger: it is altogether venomous, and against mans nature.

It is so hurtfull, that if one do but sleepe vnder it, or the shadow thereof, he becommeth sick and sometimes dieth, especially when it bloweth.

In Calcoyne it is most dangerous: if any eate the fruit, it causeth the laskes.

The birds that eate the Berries thereof, do eyther die or cast their feathers.

Observations



Observations in Ianuarie.

With this fyre I warme my hand.

If frost and weather be not extreme, the wind not at West
103 North: set trees, of
Apples } Quinces } Cherries } Rosiers
Peares } Plums } Filbirds } Raspis
Wardens } Damsons } Walnuts } Gooseberies
Barberies } Quicksets } Hawthornes } Blackthornes
and generally all trees and plantes, the sooner the better.

In the wane of the Moone in the first quarter is best to set those and all others that shal beare fruit or flowers, and to prune trees, to cause them grow and beare the better.

In the wane of y Moone, set beanes, pease, & haddings, & sotoo parceneps, carrets & onions, if the weather be mild & not too hard.

In the end of this moneth, in the new Moone it is indifferent good to graffe, sell, and crop trees.

Forget not to looke to weake cattell.

Giue drinke to sicke cattell: to hine with vergis, and to horse with white water made with ground Vault or Banne, or with some drinke if need be.

If they be poore, giue them sodden wheate.

Sow Lettice, Reddish and Spynach.

Dyinch Hogges with whay, or take Ornament, alias Oxale, and Triacle of Zeane, an ounce of each: Boilearmaniak halfe an ounce in fine powder, temper it in a pottell of whay for a hog, and in a pint of vergis for a Cow, and giue it to drinke warme.

Meane Calues and Pigges for Roze.

Rowe geld or lybbe, the signe being fro the hest upwards, and from the thighes downewards, the Moone being at land and at full: so it is ill cutting at full.

Let not your cattell take any sudden heat, before nor after cut-
tle little Whisick but for great necessity. (ting.

Let no blood but in case of necessitie, by skilfull aduice, and in good time.

wise

Observations in Januarie.

Use warme meates.

Drinke white wine fasting, if thy backe be not weake, or that thou be not subiect to the gout.

Eschew all swete meates and drinkes, and vse warme clo-
thing.

Let not such as are subiect to the Rheume, take cold nor wet
on their fate.

Such as haue aches may sweate or bathe, taking no cold.

Cold Januarie loueth hote clothes.

Warme meates and broths are best.

Meates that are warme comenient be.

Blæde not, but bathe by counsaile vs.

Draw no blood from vaine, but so; necessitie.

If thou blæde beware of cold.

Walk not abroad in the night time.

Use to cate the best confections.

Drinke white wine, so; that sle wme increaseth.

To fast long is hurtfull to the body.

Eate Sallets well prepared with oyle and spices.

Wash not thy head.

Bathe in safetie thy body warme.

To take a vomit is not hurtfull.

Take euerie morning during this month, a little quantitie of
Roses honey to comfort the stomacke, and to cleanse the body of
choler and sle wme.

Drinke in ale or wine; { Graines,
Ginger,
Quinmegs,
Cloues.

Observations



Observations in Februarie.

With this spade I digge my land.

In taking Whiske be not too bold.

As yet no baine let opened be.

We choyce of fode, prouide so; cold,

For feare lest Agues trouble thee.

Wilke now and fennish soule denis,

As now no hol some messe.

Now medicines and fleghotomy

Are vsde with ill successe.

Eate confections condited with honey, to purge the blaw.

Eate apples.

To cate fresh bæse often is hurtfull, or other moyst meates.

Use not to cate any pot-herbes, but Parcele, Smaleage,
and such like.

Eate rather sodden meate then rost, to keep thy bodie soluble.

To bathe is not hurtfull, nor to take a potion.

Blæde in the vaine vnder the Thumbe.

Take pilles to purge the head.

Eate honey with bread, to purge the head and bladder.

Solwe	{	Lackfæte, Asparagus, Burnet, Artichocks, Warte-horne, Sampshire, Sauell,	}	and	{	Rocket, Cardus benedictus, Spinage, Cucumers, Parcneps, Coleworts, Cabage & Lettice,	{	In y old Pone.
Solwe	{	Palma Christi, White Popie, Rocket, Pargeram,	}	+	{	Parygolds double, Coziander, flowre-gentle, Violets,	{	In y new Pone.

Solwe

Observations in Februarie.

Sowe { Time,
Pumpions,
Porcelaine,
Reddish & Borage, } in the new Moone.

Sowe { Chickwade,
Cichory white,
Bees, } and { Fenell, &
Parcely, } in the full Moone.

Sowe { Onions,
Cabages,
and Leeks, } in the wane: and replant Cabages in the decrease.

In the new Moone, graffe, plant, and set almost all trees: cut Quickset hedges, set Holes and berry bushes, the weather good, and wind respected.

In the wane set Beanes, Pease, & Haskings, & all kind of legumes: and sow Onions and Parcomps. And now good husbandmen set forward their gardens, in setting and sowing most kind of herbes and seedes, except Bazell, Pargeram, and such like, which cannot abide cold nor drought. Sow also hearnels of Barberies, Beares, and Apples.

Set Hops.

Sow Mustard-seeds.

Set Vines, and prune them.

Stake, and rear by Kounseualles.

Refraine all things that stop the liver or beemes, or that thicken blood, as Rice, Spilke-pottage, with Mallowes, and all stinny meates.

Forbeare Whilck, and blood-letting.

Beware of taking cold, for now Agues are apt to be taken.

Now it is dangerous to take sudden heate or cold.

Observations



Observations in March.

Here I cut my Vine spring.

Still have regard what lobe you take,
For now in man byrde humors great,
The learned of your counsaile make,
Before you bleede, bathe, purge, or sweate.
Such victuals March requireth,
As are both light and pure,
Blood letting somewhat profiteth,
And medicines somewhat cure.

Eate pleasant and well spiced meates.

Refraine sharpe meates.

Drinke pleasant and the strongest wines.

At times eate Leeks pottage.

To bathe often profiteth much.

Take no potion to purge or bleede by beeme.

Eate often Penny-royal, to heate the stomach, & to make digestion: in falllets eate Wittony, to cleanse the sight, & to amend the head.

Use { Graines,
Ginger,
Nutmegs,
Calingale,
Pepper, } and such like spices, profitable this time in drinks or meates.

Sowe { Cabage, Lettice, } { Bazell, } { Artichocks, }
{ Cucumers, } { Saffron, } { Carous }
{ Cardus benedict. } { Parsl-hoyne, } { Chickwade, } in the old Moone.
{ Samphire, } { Parsl-eale. } { Burnet, }
{ Gilliflowres, } { Malflowres, } { Hop, sawoy }
{ Reddish, } { Pargeram, }
{ Pumpions, } { Violets, }
{ Saucell, } and { Time, }
{ Coader, Borage, } { Parigolds, }
{ Porcelan, } { White popie, }

Sowe Cabage coles, Onions, and Leeks, in the wane.

Observations in March.

Sowe { Beetes, } and { White Cicory. } In the full Moone.
 { Parcely, }
 { Fenell, }

Sowe { Lettice, } at all seasons.
 { Reddish, }
 { Spynage, }

In the new Moone graffe any good fruit, respecting the wind:
 plant Quicksets, so that the weather be not too drie.

Set Vines and prune them, set Hops and Willows, and cut
 Quickset hedges.

In the waine, set Pease and Beanes, and sowe Onions,
 Paracens, Otes, and Field pease.

Good huswivres are now knowne by their gardens.

I neede not to tell that it is now good to set and sow all herbs,
 except Bazell and Pargeram, and such like.

In y^e end of this month set Cucumers, Melons, & Artichocks.

Sow Barley in moist and cold ground.

Grose feeding breedeth cuill bloud and grosse humors.

Use meates of good digestion, and such as breed good iuyce.

It is good to purge in warme and milde weather.

Now it is good to enter into the diet of Cinacom.

Sweete meates and drinkes are now holosome.

March sayd to Auarill,

I see three hogges vpon a hill:

Wilt thou lend me dayes three,

Ize do my good will to make them die.

When three dayes were come and gone,

The three hogges came hopping home.

A showre in March, { The third in Auarill,

Another in May, {

The fourth about the Lammastide,

When Corne beginnes to fill,

Is wel yworth a plough of gold,

And all that longs theretill.

I. D.

Observations.



Observations in Aprill.

Heere I heare the birds sing.

All things their strength now put in vze.
 The pores are open, the bloud abounds,
 Let bloud and purge: yet be thou sure,
 From learned counsell no hurt redounds.

Those meates are mete in Aprill,
 Which March desired for to haue.
 Bloud letting now doth very well,
 Now purging medecines do craue.

Eate pleasant meates.

Riuer fish is holosome.

Sallets are commended.

Blade by any baine in the body except of the Lungs: to open
 that baine, hurteth, and to open the middle baine, profiteth.

Bathe often.

To purge the stomacke with a potion; otherwise, is good.

Eate no kind of rootes.

Eate all kind of flesh but pigges.

Take phisicke, but blade safely.

Drinke moderately.

Blade for scabbes.

Eate Bitony and Mynts prepared in honey.

Drinke in the morning fasting.

The herbe Grace in thy wine.

Beware of eating saltish, which then ingendereth the scab
 and yitch in the body.

Set or { Cardus, } and { Celiflowres, } In the old
 sowe { Artichocks, } { Hartsease, } Moone.
 { Walflowres, } { Paracens, }

C. 3

Sowe

Observations in Aprill.

Howe { Floore gentell, } and { Pargetā, } in þ new spone.
 { Rosemary, }
 { Lavender, }

Howe { Cabbadge Coles in the wane of the spone.

Gather { Adders toge } & { Roses: } make { Syrop of Roses, }
 { Camomill }

Purge, let blood and bathe.

Now go to Walbes: it thou canst not, be wned at home, fro the beginning of this moneth to Spidomer, and from Spidomer to the end of September, or els it is too hot or too cold.

Purge, & let blood in temperate time.

Now housewives that forget their gardens before, will leave no vacant plot nor hearbe unset, nor seede from sowing and setting, and specially Cucumers, Melons, Cithrons, Courges, and Artichocks.

In the wane of the spone, let Pease, Beans, and pole Poppes.

Mairy dames, bestir your families.

Let the Tanner loke for barke.

Observations



Observations in May.

I am as fresh as bird on bough.

To bathe and also to let blood
 If need require do not refuse:
 To rise betimes will do thee good.
 Be merry, but no mythy abuse.
 In May thou mayest with safety
 Both bathe and take purgation,
 Use Mercury and Phlegbotomy,
 And like evacuation.

Wash thy face often with faire running water.

Use not to eat much meate of hot qualitis.

Bled when need is in any place.

To bled in the foote is most profitable.

Beware of eating any stale fish.

Eat no tainted flesh that smelleth ill.

Eat your sallet in doly season.

Drinke but little wine.

To bathe is not unprofitable.

Drinke clarified whey, simply or drawn with cold hearbes.

Use to drinke pure wine mixed with goates milke, and with that anoynt thy head and best.

To drinke sharpe drinks profiteth.

Take Whisick if need require.

Eat no head nor sexe of any beasts, because of the moisture of the hearbes beasts do eat.

Moyme wood wine is profitable to drinke.

Use to eat fennell rootes tenderly sodden.

Take tender laves to pouge the blood.

Sleepe a littell after dinner.

To blede on the head or liver beines profiteth.

Arise early: Pay loneth no sluggish.

Walke

Observations in May.

Walke into the fields.

Eate and drinke betimes.

Sage leaues and butter and Sage-ale is holsome.

Eate no egges, nor the heades, fete, or braines of any thing.

Drinke clarified whay with these herbes,

Fumitory, Maiden-heare, Setrach, Sozrell, and Egrimony,
of each of them halfe a handfull: a few tender buds of hoppes,
with a little liquoris: Boyle them, straine them, and drinke it at
all times, except with meates.

Gather and make {
Syrrop of Roses,
Sugar Roset,
Oyle of Camomyll,
Oyle of Lillies,
Opium,
Rosemary flowres.

Sowe Cardus Benedictus in the old Poone.

Sowe {
Lettice,
Reddish,
Spinage,
Parseneps, } at all times.

Now cut, set, and plant all herbes and seedes: for it is sayd of
olde, Set or cut in May, and grow all day.

Now sow Bazell, Pargeram, Turneps, and all seedes and
sallet herbes.

Sowe Flare and Hempe, and set Artichocks.

Nowe Hops, set yong grasses.

Distill herbes gathered in a drie day in the after noone.

Now good Gentlewomen will distill May dewe.

Now gather and make Rosa solis

Put your Lambes from the Cwes.

Refraine all things that stop and congeale the blood all the
spring time.

The laboring man needeth not vse any rules of Physicke.

Let weake stomacks vse thynne diet.

Receiue physick, let blood, & bathe, & after this month refraine.

Drinke clarified whay.

Observations



Observations in Iune.

My Corne is weeded well enough.

Abstayne from drinke both swete and new:
From Whisck do thy selfe refraine:
Wid riotous pleasures quite a new,
Lest that they breed thy endlesse paine.

Cold hearbes in Iune are very meate,

But such meate shunne chiefly,

As shalbe eyther new or swete:

Take pleasures medicinably.

Abstayne from meates that ingender flegme.

Drinke the pleasantest wines.

Drinke sometime fasting white wine, which purgeth choler.

Eate Sallets of Lettice prepared with vineger, to purge hu-
mors descending to the kidneys.

Ete meates of light digestion.

Arise at wates from the table somewhat hungry.

Exercise thy body with some long walke.

Ete Phlegbotomy safely.

Eate no milke but that is well sodden.

Beware of eating Apples this moneth.

To bathe is good, but not to tarry long in it.

To wash thy fete often in cold water is commendable.

It is now good time to make Syrop of Damaske Roses, &
serues of red Roses, Tiolets, Borage and Buglos, and to distill
Rose water, and to make oyle of Roses.

Waite Corne and Gardens.

When the Sunne shineth, make May.

Set Gilliflowres, Carnations, and Rosemary.

Sowe sallet herbes, & Lettice iiii. daies before the full Moone,
and Reddish iiii. daies after the full Moone, in euery moneth
from March to September.

D

Set

Observations in Iune.

Set no herbes, hedges, nor trees in Iune, Iuly, or August :
and haue an eye vnto Ants, Emits, and Snalles in your gar-
dens.

Sowe { Lettice,
 Reddish,
 Spinach, and } at all times.
 Parceneps,
 Pumpions in the new Moone.
 Cucumers in the old Moone.

Gather { Colwe Cresses,
 Peritoze,
 Lang de bief,
 Dragons,
 Dziganum,
 Calamint, and
 Mary golds the xvi. day befoze the Sunne,
 without knife.

If thou must needs take Whick, take it early in the mo-
ning.

Eate thinne diet of thy meate.

Let no blood, but in extremitie.

Drinke clarified whay as in May.

Take no great thirst: for the pores of the brayne are open.

Observa-



1

Observations in Iuly.

With this siche my grasse I mowe.

Cold herbes now wholesome be:

But let no blood in any wise:

By running streame and shadow tree,

Thy booke thou mayest well exercise.

Sleepe not too much, to cold Bathes go:

Refuse to vse Phlegbotomie:

This month abstaine from Venus: woe

To him that keeps her companie.

Now make hay, fallow for wheate, forget not to cary out
soyle.

Gather such flowres and seedes, as you will keepe all the
yere.

Dry your flowres in the shadow till they be almost dry, and
then sunne them well that they mould not, and so also dry your
herbes.

Beware of bread made of sultry or pind corne.

Take no great thirst, and vse moderate diet.

Avoid euill ayres.

Walke not abroad too early nor too late: especially where
fogs, mists, vapours, or dunks in streets be or lanes.

Kepe close your chamber windowes shut all night, and open
all day in sayre weather, but shut in mist.

In the euening perfume your chāber with perfumes of Ben-
samin, Storax, Gallicke, Frankincense or any of them.

Eate in the morning butter, with bread and Ale.

Stape Ale in Wine or Ale, all night, and drinke it in the
morning.

Fear God and serue him truly, lead a cleane lyfe ho-
nestly.

Sowe white Surooze in the full Moone.

Observations in Iuly.

So we { Lettice,
Reddish,
Spinage, &
Parceneps, } at all seasons.

Use moderate diet in meate, for the Stomack will better digest drinke then meate.

Take no thirst in Iune, Iuly, or August, for nothing ingendereth more feruent heate, Agues, and the Plague, then it.

How extreme thirsts, heats and cold, do suddenly come vpon them that are subiect to those diseases.

Observations



7

Observations in August.

Here I cut my corne full lowe.

Let little sleepe, and meate and wine,
And little or no venery
Suffise: abstayne from medicine.
Fly cold Bathes, and flegbotomy.

Good husband, bid thee to haue in thy Paruest, and let him that best besturres him, haue a Garland, and be Lord of the Reapers.

Giue her that followeth him best, preeminence to be Lady.
Deny none to giue them largesse.

Howe thy fearne.

Gather seedes of thine owne garden pcerely, which are better then those thou shalt buy of others.

Howe Lettice seedes to eate at Easter, and to bying timely seedes.

Moderate diet is good Whisick.

Beware of surfet.

Take heed of taking great heate, or sudden cold vpon thee.

Sleepe not much at none.

Take no Ague now, for the fits are extreme sharpe and long, by reason of the Canicular daies.

Use glisters, and open a veine if strength will beare it.

Obferuations in September.

With this flail I earne my bread.

September yields fruites pleasantly:

Refraine eate not thy fill:

Take medecines, vse phlegbotomy.

Sow spice in meates not ill.

Make conserues of { Barberies,
 & Quinces.

Sowe seedes of winter hearbes, and set Artichocks.

In the newe Moone cut Quickset, hedges of Roses, and borders of hearbes.

Set { Berry bushes,
 Apples,
 Peares,
 Gardens, } that are yong.

It is good to set { Strawberies,
 Violets,
 Cellidowyes,
 Carnations.

In the newe of the Moone sow Parceneps.

Sowe Wheate and Rye.

Gather Crabbes, for Mergis.

Gather Aloynes and Birch mast for hogges.

Take the hony from the elder Bass, & keepe the yonger bees warme and dry, and beware of Pyce, Antes, Snailles, Mothes, and such like.

Sty the Boze.

Put the Clue to the Ramme, that they may take by S. Edwards time: and come by mid-March.

Pluck thy hempe, and cleanse thy seed.

Take Physick.

Bathe and be let blood, if need be.

Eate all ripe fruites that are not infected, if thy stomacke
 (be hot.
 Obferuations

Obferuations in October.

Here I sowe my wheate so red.

Go hunt, drinke wine thats old and good,
 Use exercise for health:

Now must thou take good stoe of food,

Which hath good stoe of wealth.

Sowe wheate, and cleanse thy seed come in thy barn at home.

In the trane of the Moone, it is good to set yong trees of Apples, Peares, Gardens, Roses, and Berry bushes.

In the wane of the Moone, set Beanes, and Rathe pease, and sowe Parceneps in warme Gardens.

Send out boyes to gather Acorns.

Set all kind of Nuts, as thicke as they can stand in a pot or pale, and after remove them.

Gather winter fruit.

Bid the boy goe skar the Crores.

Finish vp the Physick you mind to take, and rest till March.

Use good hot meates and drinckes.

Drinke hole some wines to nourish the blood.

Go dry thyd, lest the Rheume or Pole take thee.

Provide warme clothing.

Now it is dangerous, to take the quartaine Ague.



Obseruations in Nouember.

With this axe I kill my Swine.

Old wines and swete are holsome.

Let little bathing serue.

Count Venus now as lothsome,

If health thou wilt p̄serue.

In the new Moone remoue yong trees, and set crab stockes in
Nouember, December, Ianuary, and February.

In the wane set Beanes, Vasslers, and Kathe pease, & some
Pareneps.

Let none that can make fault be idle.

Kill Biese, and Bacon to hang in the rooffe.

Take no Phisick.

Blēd not nor bathe.

Ete good meates and drynkes.

Ete warme clothing.

Good exercise p̄serueth health.

Obseruations



Obseruations in December,

And here I brew both Ale and Wine.

Now fire and hot meates haue thou must,

December loues warme potions.

Drinke wine, beware of too much lust:

Goe warme and vse strong motions.

In the new moone, the winde being West or Southerly, the
weather being not extreme hot nor frozen, set or remoue trees
of al fruits, Roses, and Berry bushes: in the wane set Beanes,
Vasslers, and Kathe pease.

Amend thy hedges.

Cleauē wood.

Loke to weake cattell.

Let thy horse blond on Saint Steuens day.

Couer such herbes as cannot abide cold and hard winter, with
fearne or straw, and God send a merrie Christmas.

Ete Doctoꝝ Diet, Doctoꝝ Quiet, and Doctoꝝ Dery man, for
thy Phisicians.

Let thy kitchen be thy Apothecarie.

Let warme clothing bee thy nurse.

Let good companie and good hospitalitie be thine exercise.

Let thy neēdie, old, poore, and hungrie neighbours bee remem-
bered.

Remoue and set trees, Roses, and Berry bushes, euerie new
Moone, from the beginning of September, to the end of Fe-
buarie.

Grasse euerie new Moone, from Ianuarie to mid Aprill, the
wind being not North nor East.

Sow seedes and herbes, or set herbes to haue seed againe, eue-
ry new Moone, from Februarie to Iune.

Cut hedges or herbes euerie new moone, from Februarie to
May: but Wiles onely in Februarie and March.

Set

Observations in December.

Set o2 sowe seeds as shall be comd, as Onions, Turneps, Cabbage, Lettice, and such like, th2æ o2 foure dayes befoze the full Moone: Onions in Februarie and March, Turneps in May, Cabbage in Januarie, Februarie, March, and September, Lettice euerie month.

Sowe all seeds that the rootes shall growe downeward: as Parceneps, Carrets, and Kidney, in the wane of the Moone.

Gather Apples, Peares, and Wardens, in the wane of the Moone.

Observations



Observations for gathering of Herbes, Fruits, Seedes, Flowres, and Rootes.

Should be gathered when they bee full ripe, and the moysture Seedes, some deale dried.

Should be gathered when they be some deale open, befoze they Flowres, fall o2 fade.

Should bee gathered when they be full of moysture, befoze Herbes, they do beginne to shrinke.

Should bee gathered when the leaues do fall. Rootes,

Should bee gathered when they bee at the full greatnesse, befoze they fall. Fruits,

The heauier and the sadder that the fruites bee, the better they are.

Those fruits that be great and light, thou shalt not choose.

The fruit that is gathered in raine, are not so good as fruites gathered in faire weather.

What grow in the fields, are better then those which growe Herbes, in townes and gardens.

Of those herbes which grow in the fieldes, such as grow on hilles are best.

Commonly the hearbes growing in the fieldes, are smaller then herbes of the same kinde, growing in townes and gardens.

¶ Many herbes haue their speciall times of gathering.

¶ If they bee gathered in that time, they haue their vertues, but if they bee gathered in any other time, they are not so good.

¶ Some herbes helpe whensoever they bee gathered: and some do not, if they bee gathered out of their time.

Observations for gathering of herbes,

Swine-cresses,	} are to be gathered at all times.
Red Docke,	
Bedeleon, after noone,	
Wallwort without yron,	
Groundswell,	
Garlicke,	
Dodo, vpon lyne,	
Saffron before sunne,	
and Galingale,	
Camomyl and Adder-tongue,	_____ in Aprill.
Violets,	_____ in March.
Roses,	_____ in May.
Colwe Cresses,	} in June and July.
Perretory,	
Lang de biese,	
Dragons,	
Origanum,	
Calampyt,	
Farvgolors the xvi. day, before sunne, with yron.	
Rose-mary flowres,	_____ in May.
Wittony and Colombines,	_____ in Lammas moone.
Centory,	} when they flowre.
Wilde garlicke,	
Agnes Castus,	
Water Calampyt,	
Dawke,	
Wartt-tongue,	_____ in November.
Astrologia longa,	} in Harvest.
Astrologia rotunda,	
and Fenell,	
Courds,	_____ in the end of September.
Cucumers,	_____ when the first is ripe.
Citrull,	_____ when the first is ripe.
Fenell rootes,	_____ in the beginning of the yeare.
Centian	

frutes, seedes, flowres, and rootes.

Centian, _____ in the last end of the yeare.
 Flowre de lyce, _____ in the end of bare.
 Wilde Reppe Berries, _____ when they were yellow.
 Philipendula rootes, _____ in the end of Harvest.
 Ruens, _____ at all times.

Grapes: before they be ripe, presse out the iuyce of mostines, and drye it in the sunne, make it into powder, and vse it with meates, it is good against casting comming of cholericke humours.



Observations for gardening, by Father Kinke of Tibolds.

Trench and leuell your ground in summer, if it be not already broken in winter.

When may you sowe all maner winter herbes, for Sallets, and for the Kitchin.

Fourteene dayes before Bartholmew-tide, set knots of all maner herbes, and borders, with double Wall-flowres, Gilli-flowres, Winks, and such like.

If the ground be readie, sow Endiue to make white, foure teene dayes before Midsummer, and sow at euery wane vnto Wallwnges yde.

Then must you take them vp in a dyle time, and set or lay them as close as you may, that the earth come not among them.

At Bartholmew time is good sowing of white Cabage.

Take them vp in Januarie, in the wane of the Moone, or in Februarie, and replant them two foote asunder, and they will be readie to eate about Midsummer.

Sowe of the same Cabage again about Februarie, then shall you doe as aboue-said, and they will bee readie about Whollomas and Chyrlmas.

Sowe about Februarie Cabage Lettice, in the wane of the Moone.

Obseruations for gardening.

Sowe in March all herbes for the Kitchen.

Sowe in May, Turneps, Keddish, and Carrets, to serue for winter.

Cut your knots and borders in the spring of the Moone, to make them grow aspace.

Do the like by all quickset bedges.

If you will haue them to grow softly, cut them in the wane, and it will be the longer before they shall be cut againe.

Set and lay red and damaske Roses, and Strawberries, after Bartholmewtide.

Beginne to remoue all sorts of trees for fruites, at Hallowtide.

In the latter end of Aprill, or the beginning of May, picke in the ground, Bazel, Margerā, Melons, Pumpcons, Cucumers, &c.

Lay your Cucumer and Melon seeds in milke to soke, a day and a night before you picke them in the ground, in the wane of the Moone.

For feare of frost couer them in the night with pottes, and for feare of snayles.

Cut your vine in Januarie or in Februarie, in the wane of the Moone, or at the beginning of March, two or three ioynts: but in May cut it not too neere, for feare it blade and hinder the vine.

If it be a pong vine, cut but two ioynts, and cut it betwene the ioynts, not too neere any ioynt, and it will beare very well.

Set vines in Januarie or Februarie.

If in the end of Aprill, or the beginning of May, you will cut a branch of a vine, it will blade verie much: you may preserue that water in a glasse for your eyes.

Gather all fruit to last, in the wane of the moone, next before or after Michaellmas, and lay them in a close chamber, upon heapes.

In distilling of any waters, when your glasse is full, put in a Still full of Roses, or of other things that you mind to still, and put your glasse into your Still vncouered, & let it stand till that be stilled: then close by your glasse, and neuer let it in the sunne.

To

Obseruations for gardening.

To graffe in the shield, is to be done in June and July, with the rynde.

To graffe in the Scotchin, is to be done in March and Aprill, in the new Moone, or a day or two before the change. First pare the skinnies ready to put in the stocke, before you cleaue the stocke: straight put in your skins, and clay them sure: for if the sap of a Plumme tree take wind, it then will not prosper.

Kinke of Tibolds.



Certaine obseruations.

All raw things annoy the stomacke.

All roasted things, } bee drie.
and all wines, }

Eate not too much.

Eate but when neede is: } whereby enjoy continuall health.

A good perfume to burne.

Take Storax & Calamyntha, a quarter of an ounce: as much Benjamin, as much Lignum Aloes, beate the wood in powder, and then incorporate all the rest by beating together, and make it in small Cakes to burne.

A pretie kind of bread to eate in the morning.

Take Sugar one pound, fine wheat-flower a pound, eight egges beaten: temper them well together with a few whole Anniseeds clesed: make it in Coffins, bake it, and eate it euerie morning.

For a web in a Horse eye.

Take Celidony and salt, and stampe them: and then put it in the Horse eye.

For

Certaine obseruations.

For a Horſe foundred.

¶ Take ſoure egges hard roſted, and all hot, lay to each foot one, ſhel and al, and ſtop it ſalt about with hoſe dung, and ſo let hym ſtand.

To make Vineger.

¶ Take a quantitie of Bean ſlowze, knead it with Wineger, bake it, and riſe o; thye take it out of the oven, and moyſt it well with Wineger, til it haue drunken wel, then put it in wine, and it will turne to good Wineger, and the like you muſt doe to make caſello; Allegre.

For a Horſe that hath the Cough.

¶ Take two egges and b;uſe the ſhelles, but b;eake not the yolks, put them into one pint of Tergis al one night: the next day take out the egges, and put into the Tergis a peny worth of Polipody of the oke, and boyle it a good while. And after, whē it is luke warme, put in the egges, ſhels and all, and ſtirre them well together, and giue it the Hoſe to d;rinke.

For Hogges murren.

¶ Rootes of Polipody are good.

For ſquinancy of Hogges.

¶ Hartſ-eale is good.

¶ Rub thy hands with the roſe of Dragons in May, and take Adders in them, and they ſhall not ſting thee.

Ad extinguendum Argentum viuum.

¶ I Argentum viuum extinguitur, bene cū ſalina & cincere calid. bene confricando.

2 Melius tamen cum ſulphure & ſalina.

3 Optime cum ſalina & calce vi.

For the Farcy on a Horſe.

¶ Allumen mixtum cum Aceto & galla equali pondere ad ſtrugendum Farſam ne ſana loca perambulet, multum valet.

Obſeruatiōs



Obſeruatiōs for Diet.

Diet for all the yare.	Prime time.	Chickens, Kids with vergis, Boage, Beetes, Yolks of egges,	Eggs in moonſheew, Roches, Perches, Pikrelles, All ſcale fiſh.
	Harueſt time.	Capons, Pennes, Pigeons, Good wines, Good d;rinke.	
	Summer time.	Light meates, Chickens w vergis, Pong Vares, Rabbets, Lettice, Burcelain,	Opelons, Gourds, Cucumers, Peares, Plums, (ſaid & the fiſh aſo;.
	Winter time.	Faſe, Bozke, B;aine, Harts, Hindes, Other veniſon.	Partriches, Pheſants, Vares, Kinner ſowles, Wine, Good ſpices.

Good to comfort
the b;aine.

Smelte to Buſke, Quibibes, & Camomill:
d;rinke wine moderately: cate Sage not to
much: couer thy head: waſh off thy handes
and ſet: walke meafureably: ſtop reaſon-
ably: delight to heare melodie & ſinging:
eat muſtard and pepper: ſmel to red Roſes:
waſh thy temples with red Roſe water.

©

All

Observations for Diet.

Good for the sto- mache,	All b:aines of beastes, Gluttony, Drunkenesse, Late Supper, To sleepe after meate, Corrupt Ayre, Anger, Heauines, To uncover y head, To eate softly, Too much heate,	and	To much watching, To much walking, Milke, Chafe, and Puts, To eate before hunger, Bathing after meate, Onions, Garlick, Great noyse, To smel to a white Rose, Much stirring.
Good for y eyes,	Look oft on gold, Red Roses, Beruin, Reto, Fenell, Custase,	and	Pimpernell, Oculus Christi, Pluge cleare water in y eyes. Looke on grane colour, Pleasureable sleepe, Wash hands and feet often.
Good for the eyes,	Garlick, Onions, Hunger, Lakes, Waking, Winde, Hot ayre, Cold ayre, Gluttony, Milke, Chafe. Much to behold, Smoke, Colowarts,	and	Lechery, Sleepe after noone, Much sleeping, Much waking, Bloud letting, Looking against the fire. Cuill baked bread, Dust, Weeping, Looking against the sun or Moone, Bright things, Red colour, White colour.
Good for the sto- mache,	Red mynts, Red Roses, Comyn, Sugar, Sage,	and	Calamynst, To vomit once a quarter, Great hunger, Every day to stand after meate,

Wozme,

Observations for Diet.

5

Good for the sto- mache,	Wazme wood, Galingale, Putmegs, Pleasureable sleepe,	and	Oft walking after meate, Every cold thing, Vineger, Pepper.
Good for the sto- mache,	Puts, Chafe old, Honey, Parow not sod, Heauines, Dread, Falling. Fried meates, Milke, Stowping,	and	Too much casting, Too much bathing after Too much travell, (meate, To eate raw flesh, Bread not baked, To eate not hungrie, To eate many meates at a meale, To drinke not thirle, To eate stinking meate.
Good for the throat,	Liquoris, soft Egges, Flop, Sugar-Candie, Honey, Sugar, Butter with a little salt.	and	Too much waking, Rest,
Good for y throat,	Mustard, Much lying on the breast, Pepper, Anger, All things rosted, Lechery,	and	Much drinke, Smoke of Incence, Old chafe, Much running, Some things.
Good for y heart,	Saffron, Bourage, Laughing, Joy, Buske, Cloues,	and	Putmegs, Galingale, Red Roses, Violets, Sugar, Spaces before all things.
Good for y heart,	Beanes, Pease, Lakes, Garlick, Onions, Heauinesse,	and	Anger, Dread, Too much heauinesse, Trenell, To drinke cold water after labour.

C 2

Rams



Rams little Dodeon.

For the after-birth, secondine, dead child, or flowres.



Amepites leaues decoct in wine and dꝛunke.
 Camiza leaues & flowres decoct in wine & dꝛunk.
 Marygold flowres decoct in wine and dꝛunke.
 Camomyl herb, flowres, & root, decoct in wine and
 Lime, boyled in water & hony & dꝛunk. (dꝛunk.
 Penny-royall, boyled in wine and dꝛunke.
 Matricke barke oꝝ leaues, decoct in wine and dꝛunke.
 Horehound white, decoct in wine and dꝛunke.
 Horehound blacke, decoct in wine and dꝛunke.
 Rue leaues, decoct in wine and dꝛunke.
 Lavender, decoct in wine and dꝛunke.
 Dittain, decoct in wine and dꝛunke : oꝝ a pessary.
 Telly seedes, decoct in wine and dꝛunke.
 Ducus seedes, decoct in wine and dꝛunke.
 Saxifrage rootes, decoct in wine and dꝛunke.
 Bannar seedes, decoct with Clome wood in wine, and dꝛunke.
 Pencedamū roote, & sap by it self, oꝝ with bitter Almonds taken.
 Oppopannar : a pessary.
 Lacerpitium, with myꝛre and pepper dꝛunke.
 Sagapenum, with homed water dꝛunke.
 Galbanum, with wine and myꝛre dꝛunke.
 Amommacum, taken a little at once. ††
 Aristologia longa, with pepper and myꝛre & dꝛunk.
 Centoꝝ maius, decoct in wine and dꝛunke.
 Peleboꝝus albus, decoct in wine and dꝛunke.
 Peleboꝝus niger, decoct in wine and dꝛunke.
 Cucumeris siluestris, decoct with hony, conueyed in the place
 conuenient.
 Bꝛony white roots, a pessary.

Scamony,

To prouoke flowres when they be destroyed.

¶ Take the roote of Spader graꝝe, make it cleane, anoynt
 it with hony, and spꝛinkle powder of Spader on it, make a
 pessarie oꝝ suppositoꝝ of it, and put it in place conuenient.

To deliuer a dead child.

¶ Scald Lake blades, and binde them to the womans na-
 uell, and it shal cast out the dead child: and when she is de-
 liuered, doe away the blades, oꝝ else shee shal cast out all that
 is in her.

E 3

Aguc

Scamony, a pessary.

Managosa, a pessary.

Lupines with myze & hony, a pessary.

Smyrneum seedes, decoct in wine, and drunke.

Cresces seedes, decoct in wine and drunke.

Ciscus, taken.

Samen leaues decoct in wine and drunke, or pessary.

Azaram with homed water drunke.

For the Ague.

Sothernewood soaked in oyle, and rub the body.

Sansey iuyce mingled with oyle of Roses, anoynt the body.

Hepatica decoct in wine and drunke. — Liverwort.

Singrene iuyce with pepper drunke.

Bugle, or Bunell, decoct and drunke.

Violets the sirrop taken.

Flos Armoris, the flower cōserued taken. — Sweet Williams.

Dayliss small, the leaues decoct in water and drunke.

Cotula lutea, decoct in oyle put in Clister. — wilds.

Samouyll.

Oppopannar, drunke with homed water.

Rubarb infused and taken.

For hote Agues or Feuers.

Psillium or Flebane, the seede decoct or sieped and drunke.

Virola decoct and drunke.

Violets sirrop taken.

White water Lillie decoct and drunke.

Scamony, the weight of fixe wheats graines taken,

Cichory decoct and drunke.

Porcelain iuyce drunke.

Roses iuyce drunke.

Barbich wozts blacke, eaten raw, or stewed with sugar.

Goose-berris, eaten raw with meates, greene.

Barbery bush, greene leaues made in sauce, eaten.

Apples eaten.

Lemons eaten.

Pomegarnets eaten.

Sebestenes

Ague Cakes.

¶ Drinke Centaile water.

¶ Frie red Spints, red Nettles, and Sothernewood with butter, apply it hote as it may be suffered, of each one dram.

¶ Roast Onions with butter, streane it, and anoynt the grieft.

¶ Drinke water of Asop.

¶ Take Smaladge, chop it small, and make wozts with oyle meale, and eate euery morning for a time.

To abate extreme Heate in Ague.

¶ Take French wine, a quart, and as much running water:

Planten ene dram: boyle the halfe, and to abate the harshnesse, put to it a good peece of Sugar: drinke this warme in extremities of heat: if for want of French wine, take Calcoyne wine.

Beetenes eaten.

Cassia dzawne, the pulpe eaten.

For tertian Agues.

Bizlos decoct and dzunke.

Hepatica boyled in wine & dzunk. — **Bastard Agrimony.**

Turnesole decoct in wine and dzunke.

Hipericon decoct in wine, and dzunke.

Sinquefoyle decoct in wine and dzunke.

Planten decoct in wine and dzunke.

Knot-grasse decoct in wine and dzunke.

Marjui decoct in wine and dzunke.

Penny royal decoct in wine and dzunke.

Liver wort decoct in wine and dzunke.

Wrisoly decoct in wine and dzunke.

For long Agues.

Sarifrage decoct in wine and dzunke.

Spatterwort decoct in wine and dzunke.

For old Agues.

Cuscuta decoct in wine and dzunke. — **Doder.**

For to procure Agues.

Cberries eaten.

For to quench thirst in Agues.

Gole-berries eaten raw.

For to drive away shivering and shivering Agues.

Opopammy dzunke with meate and homed water.

Lacerpitium taken with honey.

Sagapenum, one dram taken.

Aristolugia decoct in wine or water, dzunke.

Woodbine leaues sod in oyle, and pund, the backe or ridge anoynted.

Mustard taken in meate or dzinke.

Pepper taken in meate or dzinke.

For

For S. Anthonies fire.

Fuerfewe grēne leaues, pund and laid to.
 Lulsilago leaues, pund with hony and laid to.
 Pennywort on the wall, the iuyce laid to.
 Peritoz, pund and laid to.
 Pongarum pund, and laid to.
 Flebane seed decoct in water or stiped, and laid to.
 Singrēne pund alone, or mingled with parched barley meale, laid to.
 Tauen pund with vineger, laid to.
 Water Singrēne pund with vineger, and laid to.
 White Lilly rootes roasted, pund with oyle of Roses applied.
 Saffron mingled with womans milke, laid to.
 Coziander iuyce with Ceruce, Ligerge, Wineger & oyle of Roses, applied.
 Azarum stamped, and laid to.
 Palma Christi leaues pund with barley meale, laid to.
 Linerwort bused, and laid to.
 Pople heads not ripe bused with barley meale, laid to.
 Nightshade leaues pund with barley meale, laid to.
 Alkakengi leaues pund with barley meale, laid to.
 Olive tree leaues decoct in wine, and laid to.
 Helilot: a Quince and oyle of Roses, laid to.
 Orache pund with Saltpeter, Hony and vineger, laid to.
 Succory iuyce with barley meale, laid to.
 Lettice grēne leaues bused, and laid to.
 Purcelaine leaues pund with parched barley, laid to.
 Courd iuyce with oyle of Roses, laid to.
 Carlick burnt to ashes, medled with vineger, laid to.
 Roses iuyce applied.
 Goleberries grēne bused, and laid to.
 Acacia the iuyce, laid to.
 Dates leaues and banches pund, and laid to.
 Ciprus tree leaues pund, and laid to.
 Turpentine, applied.

For

For S. Anthonies fire.

Stampe Adders tongue with swines greace, and apply it.
 Arache iuyce, laid to, ealeth.

Botes ——— Buria pastoris
 Succory rootes and stowe
 Lye made of ashes of Coleworts
 Coziander iuyce with vineger
 Endiue with Ceruce and vineger, applied
 Galion ——— Gourdes iuyce
 Penbane boyled in water
 Spyntes iuyce with vineger and bymstone
 Spyntes, Rue, oyle and vineger
 Opium with vineger
 Peritoz stamped, tempered with Ceruce
 Parcely with bread
 Planten leaues bused with iuyce of Houselēke
 Grēne pople heads, not ripe, pund with barley meale
 Red rose dyed leaues sodde in wine war me
 Rue with oyle of Roses, Wineger, and Ceruce
 Hauin stamped or the iuyce

Generally
 applied.

Thozow-war the water or herbe
Twoyle the herbe, rote & seed of Holy hocke, with barley meale in water, mixed with oyle of Roses, or oyle Oliue, and apply it to the holy fire and shingles.
The water or iuyce of Knotgras cureth all Kingwormes, Wetters, Shingles, Holy fire & Inflammations, stinking filth in eares, rotten sores, Gangrenes of the gūmes, and all wounds new and old, but especially about the priuie partes of men and women, & preserveth the same from Inflammation, and all other cuill accidents.
Take vnset Poxet & Tazels, wash them cleane, shred them & stampe them, & take some cleere water, & some oyle, and fry them on a soft fire, and apply it warme as ye can.

For wild fire.

Take dregges of wine or vineger, & the yolkes of Ramens egges & whites by euen measure: temper them well together, and apply it to the grieve, and it wil heale.

To

For to restore Appetite.

Imperatorium roote decoct in wine and drunke.
 Lupines soaked long in water, eaten.
 Sorell de-Boys and decoct, eaten or drunke.
 Lettice cripe, eaten with meate or Sallet.
 Sea-Purcellaine preserved and eaten in Sallet.
 Rampion eaten with vineger.
 Raphanum magnum eaten with meate.
 Shirkworts eaten boyled.
 Parcelly eaten with meate.
 Charuell decoct and eaten, or Rawe in Sallet.
 Mustard eaten.
 Pepper eaten with meate.
 Onions eaten with meate.
 Capers eaten in Sallet.
 Barberies eaten with meate.
 Lemons eaten.
 Nutmegs eaten.
 Paces eaten.
 Oliues eaten with meate.

For the Appoplexie.

Lilly Conuallie, the flowres distilled with strong wine,
 drunke, one spoonfull.
 Saxifrage, the roote chawne in the mouth.
 Sagapeum the waight of a dram taken.
 Colloquintida the white pulpe, one scruple taken.
 Biony roote one dram taken.

For to restore speech in Appoplexie.

Small Saxifrage the rootes taken.
 Euphorbium, co; rected, taken.
 Peach kernels eaten.
 Viscus quercinus, the wood hanged about the neck.

For

To make a man haue appetite to his meate.

Boyle Centory in faire water, & giue the sick to drinke thereof, at mo;ne iii. daies bloud warme: ech day ix. spoones full.
 A comfortable powder for digestion, and to procure appetite, with other good properties.

Take Bellitory of Spaine, Centory, Annis, Liquoris, Graines of Paris, Ginger & Sinamon: of ech a like much beaten and serced, and drinke thereof mo;ne and euen, halfe a spoonfull in Wine or Ale.

Ipcoras for a weake Stomack.

Take one pint of Aqua vitæ, put in a glasse, the take ii. ounces of Sinamon, one ounce of Ginger, two pennitworth of Cloues, two pñitworth of Graines, one pennitworth of Nutmegs, beate them al together to grosse powder, put al into the glasse to the Aqua vitæ, shake it euery day often ix. daies together and drinke it with Wine or Ale, halfe a spoonfull, or a quarter, with halfe a pint of Ale.

For the Appoplexie, and to restore speach in Appoplexie.

Vse to drinke Bozage water.

Biony roote one dram a whole yere together cureth.
 Colloquintida taken in glisters and subpositozies, cureth.
 Cowslip flowres cordited with suger often eaten, cureth.
 Euphorbium with oile, and apply it to the nape of the neck, or the neck. And also Sargerom comforteth and diffelto of the Dike hanged about the neck, the wood of it.
 Drinke the iuice of Rosolis, & it cureth the drawing of the Sagapenum one dram drunke, cureth. (mouth awoy.
 Southernwood iuice drunke with wine, defendeth ec.
 Relater of Clolets profiteth.
 Lauender flowres steeped in wine & distilled, the water holden in the mouth, restoreth.

Steape the kernels of Peaches in water of Penny royal, and drinke it.

Powder of Saxifrage, and the seedes cureth conuulsions.

Saxifrage chawed restoreth speech.

Vineger, Opimel, or Lobok of Squilla helpeth.

Steape flowres of Lilliconuallie in wine xxx. daies: then take it out

Rams little Dodeon.

For the Arf-gut going out,

Aster Atticus, pund and laid to.**W**all flowes, pund and laid to.

For Ayre infected.

Rue, Walnuts and Figges, eaten in the morning.
Small Sarrage seedes.

Angelica roote holden in the mouth.

Pencedanum the sappe taken with Rue, and bitter Almonds.

Ientian the roote in powder taken.

Limons iuice taken: and Juniper berries perfumed.

For the belly to purge nightly.

Colloquintida the white Pulpe taken one scruple.**W**hite Bziony roote the iuice taken.

Juice of Mandragora roote taken in small quantitie.

White Bete iuice taken.**B**uckthorne.

For the belly to purge gently.

Claimen iuice stroked on the nauell or belly.**B**lack Hellebor taken by discretion.**H**oppes iuice taken.**H**oyned Popie seedes decoct and taken.**B**eanes greene, vnripe taken.**K**idney Beanes fruit and Cobbes vnripe eaten.**B**itter Fitches decoct and eaten.**L**entils decoct, the first decoctian taken.**L**upines decoct and taken.**F**enigrahe seedes, prepared and eaten.**R**ed Colewort leaues, decoct and eaten.**S**hepes fozell leaues, boyled and eaten.**C**ucumber seedes, drunke with milke and sweet wine.**C**ourds iuice boiled, drunke with hony & salt-peter.**O**nions eaten with meat.**S**quilla with hony and oyle.**A**ffedill, the roote boyled and drunke.**G**rapes greene eaten: & Apples some boyled & eaten.**P**each leaues, pund and taken: & Cicamo, fruit eaten.**P**each, Plums, Cherries, and Carobes eaten.

For

Incidentia.

out of the wine, and distill the wine five times over in a Limbeck or body of glasse: this wine with five graines of pepper, and a little Lauender water drunke, is a precious remedy against the Appoplexie, and more precious then gold.

For falling of the fundament or Matrix.

Take oyle of Camomill and Rose water, and anoint the grieve.**T**ake Red nettles, bay them well, & put them in an earthen pot, with a good portion of white wine, seth it to the halfe, and giue it the patient to drinke, & lay the herbes to the fundament, as hot as may be suffered.

For Ache in the backe, a soueraine Medicine.

Take Pigs greace, strike it plaister wise on a piece of leather, prick it full of little holes, with a sharp pointed knife, and lay it to the Raynes where the paine is.

M. Tibold.

Take Ache and Egrimony, and pun them with Spolsseare rootes and leaues, & barrowes greace, & distill and lay to the backe.**T**ake Vnguentum Alabastrum, and Vnguentum Aureum, of each one quarterne, mebble them together, and anoint the backe.

A

For to cause blasting, and paine in the belly.

Raw Turnep rootes eaten.

For to open and loose the belly.

Saffron seede iulce drunke in milke.

Bastard Rubarbe leaues in meate.

Mercury boyled and eaten oꝝ drunke.

Violet sirrope eaten.

Daylies small decoct and eaten oꝝ drunke.

Organ with Hibdromell oꝝ homed water drunke.

Trago Organ.

Petony with Hibdromell oꝝ homed water drunke.

Pencidanū rootes the iulce with Rue & bitter Almonds.

Amomacum a dram taken.

Aloes the iulce taken.

Palma Christi seedes taken.

Elder tender croppes in broth eaten.

Blacke Bryony tender buddees in Sallet.

Bind weed leaues, the iulce taken — Helxine.

Dryche in pottage.

Colewortes the iulce by it selfe, oꝝ with Salt peter.

Lettice in Sallet with meate.

Mallows with meate.

Alperagus buds decoct with oyle and bīneger in sallet.

Red Roses iulce.

Quadimack of Quinces after meate.

Peaches, Mulberries, and Figges ripe eaten.

Mulberry roote, the barke decoct and drunke.

Cassia, the pulpe eaten.

Cline tree & bitter barke one ounce with wine oꝝ water.

Rosen of Larix tree licked with hony.

Rosen of Turpentine tree licked with hony.

For inward Scuruines of the bladder.

Oppopannax with meate oꝝ homed water.

For Vlceration or rawnes of the bladder.

Cucumer seeds drunke with milke oꝝ sweet wine.

Sebastenes.

Cyperus nuts leaues boyled in sweet wine oꝝ meate, drunke.
Hurtfull

A Receipt to make a Purgation.

Take Seny 2. ounces, Epithimi 3 l. Ginger 1, Racine, Si-
namom, 3 l. Violets, a quarter of a handfull, Passes de sol
1. quart. l. damaske Prunes stoned v. or vii. dim. pint of faire
water: put al in a pot closed, and let it boyle softly in another pot
one houre, straine it, and put to it Penidros, & drinke it. G.K.

For going off of the skinne of the Coddies, and the
rednesse and inflammation of the same.

Take Chimoleā, Vernice, Nitre, Colofony, Rosin & Be-
tony: beate them that are to be beaten, & mire them with
oyle, and put to the Rosin, and incorporate them, and wash the
coddies with warme water, and being well washed, put the re-
ceipt vpon the red place.

A most approued experiment against the same griefe.

Take Taphi Barbasti, smal nettles, violets, mallows, beane
bran and comyn, cut the herbes, and put leaues of Ebul.
elbar and wormewood to it, and boyle it in good wine: and af-
ter plaister it to the griefe, as hote as may be suffered, and put
to it roses and the huskes of garliche.

For warts and pustules on the priuie members.

It chanceth, that sometimes Warts and Pustules grow on
the yarde. To take away the Warts, put to it the powder of
Harmodactilus: which being done away, make a medicine for
wounds: but first let the place be washed with water, that mal-
lowes and Brank Vrine haue bene boyled in.

For inflammation of the yarde *ex Coitu*.

Take leaues of Willow tree and boyle them in water,
(in quibus pitatis) & make thereof a plaister and lay to it.

If any pustules be, lay to it Vnguentum album, and for
vineger, water of roses, and for common oyle, oyle of
violets.

Hurtfull to the bladder.

White Hound taken in any waies.

For inward scabs of the bladder.

Blackem leanes decoct in wine & drunke with Asperagus.
Myrtell berries.

Liquoris roote and iuice taken.

For paine or stopping of the bladder.

Great Bur the iuice.
Gaulsey iuice with oyle of Roses.

Philippendia roots boyled in wine & drunke.

Toade flaye decoct and drunke. — Oshis.

Planten roote boyled in wine and drunke.

Hozetayle boyled in wine or water, drunke.

Crozdion decoct with wine and drunke.

Confound the iuice taken.

White water Lilley roote boyled in wine & drunke.

Camomill decoct in water, drunke.

Sereados decoct in wine and drunke.

Syrfrage roote decoct in wine and drunke.

Bencedain roote, the iuice, by it selfe or with Rue or
bitter Almonds.

Iron roots boyled in water and drunke.

Wittain the seed one dram taken. — Tragium.

Cuscuta decoct in wine and drunke.

Pettit mortell stamped & applied outwardly.

Alkehengie fruite eaten.

Callomus Aromaticus iuice drunke.

Cumme dragagant with honey and wine.

Mallow leaues with salt eaten.

Smyrneum seed decoct and drunke.

Scaudix, or Sheperds neebell decoct & drunke.

Water Cresses in Sallade. Dried Raisons eaten.

Putmegs eaten or drunke.

For to coole the bloud.

Purcelain in Sallade eaten.**P**arrish whoytes eaten. Red Gooseberries eaten.

For

Provlco in vesica.

Take French Barley a handfull: Plantaine leaues, Pom-
misole leaues, Strawberry leaues, of eche a handfull:
the foure cold seeds two drams: boyle them in thre
pintes of water to a pynte: put to it of Mel Rosarum two
ounces: red Rose water halfe a pynte, and vse it by iniection
per virgam: when this iniection is not readie, then vse an
iniection of Milke and Sugar luke-warme.

Abstaine from { wine.
strong drinke. } use Cassia often.
winer.
Mergis.

F 2

For

For to stoppe all issues of blood.

Medestroot rootes in powder.

Planten leaues decoct.

Bnot grasse iuice.

Great Singrene decoct, oꝛ the iuice.

Sanicle boyled in wine.

Coylander seed roasted oꝛ parched in powder

Rubarb taken.

Wenbane seed & weight of l. d. ob. in powder.

Redde Rattell boyled in wine.

Caroline Whistell the lesser decoct in wine.

Purcelein iuice.

Parish mallowes græne oꝛ drie pound.

Læh seeds & mirtle berries like quāt. decoct.

Cistus flowers decoct in wine.

Tamariske barke decoct.

Shomacke leaues decoct.

Pomegranate seeds dried in the Sunne.

Wild plummes oꝛ snags the iuice.

Chestnut red barke boyled.

Witthie leaues and barke decoct.

Oke leaues, barke and cuppes decoct.

May bennet oꝛ barly wrapped in a crimosin skinne oꝛ piece
of leather bound to the body.

Gallion flowers laid to oꝛ put in the nose.

Wild grape flowers and vnrype fruit eaten.

Pellow seed and fruit of Roses taken in.

Vnrype gooseberries, the iuice pressed out and dried, eaten.

Myrtle berries eaten.

Quince roste and eaten.

The apples burnt on coales, and quenched with wine oꝛ vine-
ger, oꝛ with hygne made of salt and vineger, stoppeth all
issues of blood.

Pashicke taken and eaten.

Vusbandmen of Bent.	Ant	plentie of graine.
	White worme	murion of beasts
	Spider	pestilence among men.

Natholus

For pissing of blood.

Take Ambrose Sanguinaria, and Parsely seeds, of ecy an
ounce, and drinke the iuice with Cowes milke.

Take Ambrose Saxifrage, and Purcelain the iuice, and drinke
it with Cow milke.

For the bloody Fluxe.

Take Parrot & Maybide: Stamp the iuice with wheat
floure, temper them into dough, and make a cake and
bake it in Ashes, and let the sick eat thereof, as longe as he
may suffer it.

F 3

For

Mathiolus Fly — warre.
super Di- Spider — pestilent sickness.
alcorides Worme — scarcety of victuall.

For to staunch blood of greene woundes.

Herbe Robert brysed
Cloade brysed
Petit Dyaclias
Winke foyle
Porterwort
Wimpernell
Pelow Spillefoyle
Parow

For to stop the blood of all woundes.

Sage pund
Aloss in powder
Liverwort pund
Lungwort in powder — Pulmonaria
Astragalus rote in powder — Bease earth nut
Couche grasse leanes pund
Barnabus gras pong leanes — Hepatica alba
Cliner o2 Cowe grasse
Galion
Pomegranates leanes and blossoms
Cornell tre leanes and tender croppes
Oke leanes
Ciprus tre leanes

To purge blood of all corrupt humors.

Hoppes decoct and drunke.
Juice of Hoppes drunke.

For Inflammation of blood.

Liverwort decoct and drunke.
Barth whorls decoct and drunke o2 eaten.
Pomegranat iuice taken in.

For to cause to pisse blood.

Garden Spadder rote decoct and drunke.

For

For to staunch blood of greene woundes.

Take one dram of white Lardsey, & bind it hard to the wound,
& it will staunch the matter vaine cut, of man o2 beast.
If you see a man in great perill of bleeding, if the wound be
about the foot, bind him about the knee: if upon the hand, bind
him above the wrist: if on the arme, bind him above the elbow
with a good ill. o2 titt soule, and it shall stay some after, & kerly.
Apply mosse of the Hazell tre, the older and longer kept, the
better.

To staunch blood when a matter vaine is cut.

Take a pece of salt hiefe, the leaner the better, & no fat, as
much as will goe into the wound, lay it in the hot ashes
in the fire, and let it roast till it be through hot, and being so
hot, thrust it into the wound, & bind it fast, it will some staunch,
and neuer after breake, upon any grasse.

For pricking with a needle, or thorne in a Sinew.

Take bolted wheat, & soyme, sepe it with wine, & boyle it
till it be thicke, make a pla. for therof, and lay it to as hot
as may be suffered, it will ease the Ache, and heale up the hole.

Regula.

There be certayne places in man, which being pricked in a
line, except he have helpe within seuen daies, he shall die: for
there will come a crampe from the hurt place, to the neck, and
draw his Jawes together, that he shall not open his mouth,
which is called Spasme.

Therefore if a man be pricked in the line, to that accordeth to the
same, take good oyle Rolet, and chafe the hurt place as hot
as may be suffered, and powze therof unto the same hurt, & lay
it well upon it and bind it up, and use this till it be whole, and
none other, for this is kindly for it aboue all others.

F 4

For

Mathiolus Fly — warre.
 super Di- Spider — pestilent sickness.
 olcorides Worme — scarcety of victuall.

For to staunch blood of greene woundes.

Herbe Robert brused
 Cloade brused
 Pelow D. Machias
 Pinkefoyle
 Spottwort
 Wimpernell
 Pelow Gillefoyle
 Parow

For to stop the blood of all woundes.

Sage pund
 Aloe in powder
 Linerwort pund
 Lungwort in powder — Pulmonaria
 Altragalus roote in powder — Pease earth nat
 Couche grasse leaues pund
 Barnabus gras pong leaues — Hepatica alba
 Cliner or Gose grasse
 Galion
 Pomegranates leaues and blossoms
 Cozwell tre leaues and tender croppes
 Oke leaues
 Ciprus tre leaues

pund and
 layd so.

To purge blood of all corrupt humors.

Hoppes decoct and drunke.
 Juice of Hoppes drunke.

For Inflammation of blood.

Linerwort decoct and drunke.
 Parth whorls decoct and drunke or eaten.
 Pomegranat iuice taken in.

For to cause to pisse blood.

Garden Spadder roote decoct and drunke.

For

For to staunch blood of greene woundes.

Bluse one dram of wild Camley, & bind it hard to the wound,
 & it will staunch the matter vaine cut, of man or beast.
If you see a man in great perill of blading, if the wound be
 about the foot, bind him about the knee: if upon the hand, bind
 him about the wrist: if on the arme, bind him about the elbow
 with a good ill. or iiii. fould, and it shall stay some after, shierly.
Apply moose of the Hazell tre, the older and longer kept, the
 better.

To staunch blood when a matter vaine is cut.

Take a peece of salt hiesse, the leaner the better, & no fat, as
 much as will goe into the wound, lay it in the hot ashes
 in the fire, and let it roast till it be thorough hot, and being so
 hot, thrust it into the wound, & bind it fast, it will sone staunch,
 and neuer after breake, upon any grasse.

For pricking with a needle, or thorne in a Sinew.

Take bolted wheate, & boyle it with wine, & boyle it
 till it be thicke, make a plaster thereof, and lay it so as hot
 as may be suffered, it will ease the Ache, and heale up the hole.

Regula.

There be certayne places in man, which being pricked in a si-
 new, except he haue helpe within seven daies, he shall die: for
 there will come a crampe from the hurt place, to the neck and
 draw his Jawes together, that he shall not open his mouth,
 which is called Spasme.

Therefore if a man be pricked in the sinew that accordeth to the
 same, take good oyle Roset, and chase the hurt place as hot
 as may be suffered, and powre thereof into the same hurt, & lay
 it well upon it and bind it up, and vse this till it be whole, and
 none other, for this is kindly for it aboue all others.

Rams little Dodeon.

For to stop the Fluxe of the belly.

Singapore roots decoct
Lemon till roots in powder, with wine or water of
a Smithes forge, wherein yron or steele hath bene
often quenched

Plantain leaves decoct, — Knot gras the iuice,
Poyntaile decoct in wine, — Great winged decoct,

Pelow flower heluce decoct in water

Viacinth roots decoct in wine

Fly orchis roots boiled in water

Wallall mountaine boyled in wine

Trago Organum decoct in wine

Amillads decoct in wine — Piony roots in powder } dunke.

Ciprus seed — Galligale decoct in water

Warts tongue leaves decoct

Mayben hairs decoct in wine

Black popie seed decoct in wine

Lares seed decoct — Hares foote decoct in wine

Phenix or Waybennet decoct

Garden Parcelane iuyce

Warty Mallow roots decoct in wine

Courdes tender toppes boyled with wine

Smyrneum leaves decoct, & the roots in water mixed

Chestnut red barke boyled in wine

Lentisk tree leaves and barks

Lacerpitium with honey and vineger

Otmeale in meate — Dry blanched Beanes

Lares seed decoct — Earth nut boyled

Smyrneum leaves and roots

Hiponstus taken — Unripe Gooseberries } eaten.

Fruit of White thorne — Pawes

Almonds before meate

Medlers

Greene Mulberries dyed

Willow Plums — Lotus

Carobus dyed

Cypus tree fruit

For

Incidentia.

22

For to stop the fluxe of the belly.

Make powder of the bloomes of Walnuts whē they fall, two
ozams, with a hard roasted egge and oyle, eaten thre mo-
nths fasting: if that serue not, take thre ozams with an egge.

For a Marmoll.

First giue the patient this sirrup, that is, take Barcely, Fe-
nel, Bachelme, Sparage, Scabios, Enula campana, Affo-
bill roots, Dock roots, round and sharpe Ebulus, Elder, Tu-
medios, Camepitis, Endiue, Sorrell, Hartstongue, Cetrack,
Politricon, Capillus Veneris, Adiantus, one dram. Violets,
Scene, Polipody, Eledri, of each foure ounces. Flowres of Wo-
rage, Paratrum, Lime, Epithimi, Cuscuti, Scicados, Liquoris
clefled, of each one ounce: Worage iuyce, Affobill iuyce, Fu-
mytoxi iuyce boyled with Sircoy, one pound, Sugar foure
pound.

Giue it the patient by nine dayes purged, vt potionatus redi-
get, and after anoynt the pustules places with iuyce of Affo-
bills halfe a pound, Lapaci acuti & Rotundi, iuyce of Celidoni, of
each foure ounces, Sulphuris viui, quicke Lime, Licarg. auri, of
each two ounces: Padder, Citrine, of each thre ounces: Aloes,
Caballine, Tartarum, of each one ounce: Viridisgris, two oun-
ces, Picis natalis, one pound, Olei communis, two pound, Auxim-
gie, Angrull. porci sal. one pound, Petrocilini, 2. ounces: Omnia
incorporentur, in maner of an oymment, and therewith anoynt
the griened parties by eight dayes, and then let him enter into
a bath, in which the leaues and rootes of long and round Dockes
and Scabious wild, and domesticall great Latzell, and little
Latzell, Withimall, Rootes of Ebulus, Elder rootes, and
leaues of Enula Campana shall be boyled, of each thre ozams:
All which must bee stamped and boyled in water, and make a
bath, and anoynt the patient dayly by five dayes, and let him vse
this for a competent season, until he be cured.

For

Rams little Dodeon.

For windinesse, and blasting of the belly.

White wood eaten in the morning fasting,
 Peper seeds in small quantitie,
 Bellitorie of Spaine roote, decoct in wine, & drunk,
 Wild sea Purcelane kept in byne, eaten in sallet,
 Blacke Pepper eaten.

For griping paines in the belly.

Camys leanes and flowers decoct in wine or water,
 Claruin decoct,

Paragerum decoct in white wine.

Garden Mint boyled in water,

Cosmary alone, or with Parcerneys seeds decoct,

Kue decoct with Dill,

Amissectes decoct with wine,

Camin seeds decoct with wine,

Lybanotus seeds decoct in wine,

Cesely seeds decoct with wine,

Daucus seeds decoct with wine,

Saxifrage seeds and rootes decoct with wine,

Louage roote and seade, decoct with wine,

Asclepias roote boyled in water,

Centauri maior, the roote two drams with wine,

Rubarbe infused,

Walwozt leanes and yong tops decoct in wine,

Polipody of the she in powder decoct,

Pannay seeds decoct in wine,

Phenix decoct with red wine,

Cringus rootes in powder, or decoct in wine,

Cardus benedictus boyled in wine,

Sea Purcelane decoct in wine, & Radish decoct,

Parcely roote decoct in wine,

Putmegs decoct, and Juniper berries decoct,

Lyne seeds boyled in water and glyster,

Pencedamum roote, the sap by it selfe, or with bitter Almonds eaten.

Parcely eaten, and Squilla roasted, prepared, and eaten.

Putmegs eaten.

For

Incidentia.

For fret in the belly.

Eate Lansey, Kew, and Sothernwood.

For hardnes of the belly.

Drinke three spoonefuls of iuce of this leaues three times in a day.

For griping paine in the belly.

Take Sothernwood, and lay it against the place of the contrarie side where the torment is, and it will draw it out: if it be layd to the navell, it will draw away the paine.

For ache in the backe.

Take Ache, Ceymony, House-eare, Saincte, and Moyme, wood, of each a like much, Stamp them smal with butter or barrowes grease and white wine, frie it, and make a playster of it, and lay it to the backe as hot as may be suffered.

For ache in the bones.

Take an old hoare Fore, bind him sure that he stirre not, put him quicke into a brasie pot, and put to him fire or eight gallons of oyle Olive, set them on the fire, and boyle it easly fiftene houres, then let the fire coole, then straine it through a cleane linnen cloth: with that oyle anoynt the ache, which profiteth greatly: you may keep it fortie yeeres or moze: when it is boyled, you shal find of the Fore neither haire, skinne, nor bones, but onely the clawes, and the oyle consumed to one gallon, or a little moze.

For ache a Cerecloth.

Take Rosen half a pound, Berrosen, one quarter of a pound, Weere suit two ounces, Turpentine one ounce, Cloues and Mace of each alike, one ounce, Saffron, one ounce, oyle of Roses, two ounces: boyle al together, and use it.

For

Rams little Dodeon.
For to cure the bloudie Fluxe.

Bistort Roote,
 Bertwincle,
 Agrimony seeds,
 Yellow Licymachus,
 Shepheards purce,
 Cinquefoyle,
 Tozmentill roote in smiths water,
 Wild Tansey in wine,
 Onappallion leaves in red wine,
 Plantain leaves in wine,
 Knot-grass iuyce drunks,
 Hoose-tail in wine,
 Flebane seede parched, the powder in wine
 Crozidon dried in powder, two drams in wine
 Create Singere in wine decoct,
 Sophia. Flex wood seede in wine or smiths water, decoct,
 White Polyn roots, in red wine
 Pimpernell in wine decoct,
 Millesolly in wine decoct,
 White water Lillie roote or seede, decoct in wine
 Yellow Flowze de luce, decoct in water
 Costmary leaves alone, or w Parrelly seeds in wine
 Sage decoct in wine, & Kubarbe infused (decoct,
 Polimomum roote decoct in wine
 Hannay seede decoct in wine
 Vine Greene leaves and claspers decoct in wine
 Pomegranat blossoms in powder
 Mulberries Greene and barpe, decoct in wine
 Chestnut barke boyled in wine
 Oke leaves, barke, and Apple, decoct in wine
 Pine Apple, fruit, and scales decoct in wine,
 Nutmegs drunke,
 Turpentine leaves decoct in wine,
 Lentilles decoct, the first water cast away: and after the second
 decoction, cate them. Lycium of bor thorne takne.
 Cornelle Plums, and Rosen of Laris taken.

and drunk.

For

For to cure the bloody Fluxe.

¶ **M**ake powder of Rozen cuppes, and drinke it with red wine, yolks of hard egges and cynamon.

For bleeding at the nose or bloody Fluxe.

¶ **T**ake a great Roade, put it in a glasse, and stoppe it fast: then set it in a dunghill, and all the great Roades thereabouts will draw to it: then take them and put them into an earthen pot, and stoppe them fast, and set that pot on a strong fire till they be drye: but come not to it, till they be cold, so; the stinch: then sow them in like.

If it bee the bloody sure, lay it to the right side: If it bee for blading at the nose, lay it to the stomacke warme: But if it be great na d, heat two Roades thereon, and dry them and lay them to your stomacke warme in silks as aforesaid. &c.

A Caudle for the bloody Fluxe.

¶ **T**ake a pint of red wine, and the yolks of 5. new laid eggs, a good quantitie of Synameon, a little sugar, the pill of a Pomegranate dyed and made in powder, a good quantitie: boyle all together in a platter on a chafingdish, till it be thicke, and let the patient cate of it early and late, and as oft elle in the day, as his stomacke will serue him: and it will stoppe it, be the fluxe neuer so great.

A singular approued remedie for the bloody Fluxe.

¶ **T**ake as much fine linnen cloth, as will make a suppositorie, being wrapped round together, bottomwise, wet it in the best Aqua viæ or Aqua compoita: and let the patient conuey it into the fundament, and within thre or foure times dressing, by Gods helpe it will doe good.

Another.

¶ **T**ake gads of stile made redde hote in his drinke, oftentimes quenched, and drinke thereof.

Another.

For spitting of blood or corrupt matter.

Great Burſed in powder one dram, pūd
with kernels of pine Apple in wine
Permacle in wine } decoct
Shepheardes purse in wine }
Toymētill roote in powder with wine
Black Polya with his pleasāt flowers decoct
in wine
Pimpernell in wine or smithes water decoct
Sanicle decoct in wine or water
Millefolly decoct
Rumgyme iuice half an cūce with bīneger } drunke.
Pint iuice with bīneger
White horehound decoct in water
Betonie decoct in wine or water
Capillus Veneris decoct in wine
Pōsse decoct in water
Spelt Peale decoct with red wine
Lables Whīsell rōte decoct in wine
Purcelane decoct in wine
Vine Ten dzels or Claspers boyled in wine
Wurthorne, or the ſed, decoct in wine
Wīthie leaues and barke decoct in wine
Wke leaues, barke, and acozne cups decoct in wine } drunke
Rosen of Larir, or Agarik decoct in wine
Turpentine trē leaues and barke boyled in wine
Wassick or Lētīck trē leaues & bark decoct in wine
Sage iuice taken with honie
Wheat meale boylo to pap, and often licked
Bulba Casta. eaten. Tamarisk fruite eaten.
Quinces Quodimak any wayes taken
Almonds any wayes taken
Cheſtnuts & meale made in electuarie, or Ciprus fruite eaten.
De Sanicula.
Celui, qui Sanicle, de'mire il u'a.
Who so hath Sanicle, needeth no Surgeon.

For

Another.

Take Sinkerfoyle, boyle it in wine, and let the patient holde
his mouth ouer it.

To remoue a botch from one place to another.

Take Alozmetwood and Mugwojt Rodion, Stamp them
together, and drinke the iuice in ale: then take a quicke
Oyster, and lay it on the place that thou wouldest bzeake, and
thitherward it will draw it.

Take Oculus Christi and Wernin, make a plaister of them,
and lay it from the botch two fingers bzeadth, and est-
sones put it far, and doe so till thou come to the place where
thou wilt bzeake it.

Take Colombind, Stamp it, & with the iuice wash the botch
or boyle well, and make a strike with the same iuice to
place where thou wouldest haue it bzeake, & there lay a plaister
of the same herbe Stamp'd with iuice, and it will bzeake it.

The iuice of Lansey in a nutshell both the like to remooue
a Felon.

To ripen a Botch.

Set the Dremale in milke, and lay it playsterwise as hole
as may be suffered.

Take Toymētill, Honey and Salt, tempered with the
white of an Egge, and lay it to, and it will bzeake it.

Take Singrene, Melilot, Linseeds, and Pints, boyle the
in water, make thereof a plaister, and lay to, to bzeake it.

Roast Roade shooles hole, and lay to, to bzeak it.

Lay Galbanum to it, and it will bzeake it.

Take Sozell, the white snayle, and the lesser Bokelyme,
a like quantitie, Stamp it, frye it with Shapen salt, and
lay it to the grieve.

To breake a Botch when it is ripe within, and
the skinne thicke and hard.

Sampe Sperewojt with oyle, and lay it on the head of
the Botch.

To

For to stoppe pissing of blood.

A Grimony.

Shepherds purse.

Planten leaues.

Cozonopes, or Parts-horne.

Knot grasse.

Wimminell.

Knights yarrow.

Posse.

(in powder.

Tribulus terrestris or Saligot nuts

Wittie berries.

Wittie leaues and barke.

Wke leaues, barke and Acoone cups.

Masticke.

Cozmentill roote in powder, decoct in Smithes water.

decoct in wine and
drunke.

For to cause pissing of blood.

Garden Spadder iuice of the roote much vled.

For to strengthen the bodie.

Standergrasse full and sappie rootes eaten—testiculus odoratus, Coates D:chis rootes eaten or boyled in Coates milke, drunke: Satirion rootes eaten boyled.

For obstructions and stopping of the body.

Garmaunder with his flowers boyled in water and drunke.

For to dissolue congealed and clotted blood in the bodie.

Camepitis decoct.

Wild Tansey boiled in salt & water.

Morus diabolus roote decoct in wine.

drunke.

Bugle

Auens.

Lyne.

Mustard.

decoct in wine.

Figges decoct in water and drunke.

Figges.

Margerom

To strengthen the body and stomacke, and
to procure good digestion,

Take Palmesey one pinte, as much Mint water, Hy-
namom, Ginger, of each an ounce, boyle them and put
them together with halfe a quarter of Sugar, let them stand all
night, and in the morning drinke it.

Mistris Barret.

Margerom, dried and taken with hony, —
 Rue roote, in powder, with Hony dried,
 Amers, dried with Hony,
 Laccapitium rotes, stamped with Oyle,
 Gentian rotes, the twice taken.
 White Hyonie, in Elecuarie with Hony.
 Wild Hyonie, in Elecuarie with Hony.
 Dulcamara, decoct and drunke.
 Garden Radde roote, or powder decoct and drunke.
 Water Pepperwort leaues and Ale, decoct and drunke.

For windinesse of the bodie.

Nigella Romana seides with wine, }
 Agnus castus seide with wine, } drunke.

For to strengthen the Bowels.

VV 3lo Tansie, }
 Calamint, } decoct in wine and drunke.
 Parnassus Grasse,
 Frangula Barke, boyled with Hops, Pontike, Willow wood,
 Cupatozie, Cinamen, Fenel, Parcely, and Endiue, with their
 rotes taken, in quantitie of five Dunces.

For inflammation of the Bowels.

Flebane seide, boyled in water or stiped, }
 Verbe Bennet roote, — Aens, decoct. } drunke.
 Trifoli by it selfe, or with the Flowres boy- }
 led in Speake or Ramed water, — } drunke.
 Parcelane twice, drunke.

For windinesse of the Bowels.

Agnus castus seides, }
 Juniper Berries, } decoct in wine and drunke.

For to mundifie the Braine.

Pennie Kill, pund with Vineger, drunke.
 Margerom boyled,
 Origan iuice,
 Sowbread iuice,
 Wild Cucumer, delayd with sweete Milke, }
 put or snuffed in }
 the Nostrills.

Take iulce of fruite,
 White Beete iulce with Honie, } put of snuffed in the
 Colewozte iulce, } nose.
 Onion iulce.
 Sagifrage roote of side chewed.
 Oppopanay, two Drams taken.
 Sagapenum, one Dram taken.
 Amomacum, one Dram taken.
 Sarcacoll taken.
 Laurell leaues, chewed and holden in the mouth.
 White Bygonie roote, one Dram taken.

For to comfort the Braine.

Bayell, decoct and drunke, and often smelled on.
 Rosemarie flowres, in conserue, eaten.
 Lauender flowres, eaten alone or with Sinamum.
 Nutmegs and Cloues, taken any way and smelled to.
 Stercados flowres smelled on.
 Pigella side dyed, pund, and wapped in a Sarcenet, or fine
 linen cloth smelled to.
 Stauesakre, chewed in the mouth.
 Jessamine dyeth Rheumes.

For to warme the Braine.

Cassmarie leaues, in conserue.
 Pellitoze roote taken with Honie.
 Ric-meale, put into a bagge, laide to the head.
 Jessamine, dyeth and warmeth the braine.

For to remooue illymie flegme from
 the Braine.

Wash Pellitoze, chewed and hold in the mouth.
 White Eleboz, the roote in powder, snuffed into the nose.

For Impostumes of the Braine.

A Caricke with Syrup, Acetes taken,

A com-

A comfortable Pomaunder for the Braine.

Take Labdanum one ounce, Beniamins & Storax, of each
 two Drams, Damaske powder finely searced, one Dram:
 Cloues and Mace, of each a little. A Nutmeg, and a little Cam-
 phire: Muske and Cinet, a little. First beate your Mace and
 Nutmeg with coales, then make them verie cleane and put in
 your Labdanum, beate it till it was soft, put to it two or three
 drops of oyle of Spike, and so labour them a while: then put in
 all the rest finely in powder, and worke them till all be incorpo-
 rated, then take it out, anoynting your hands with Cinet, roll
 it up, and with a Bodkin pierce a hole thow it.

G 3

For

For to cleanse the brest.

L The sæde, mingled with Honie in Electuarie.
 Scordian, herbe and roote, boyled in Wine & water, taken.
 Scordian, dyed in powder mingled with Honie, drunke.

Chypis, decoct and drunke.

Romane nettell sæde, tempered with Honie, licked in.

Quens, decoct with Wine,

Comphyle rootes decoct in water,

Iris rootes, decoct,

Lyme with Honie, decoct,

Hennie Royall with Honie, decoct,

White Horehound, decoct in water,

Amis sædes, dyed by fire, and taken with Honie.

Betonis decoct.

Oppopanax, two Drams taken.

Lacerpitium rootes, boyled with Pomegranat pills and Vinegar,
 drunke.

Sagapenum, one Dram taken.

Gentian rootes, or Croffe wort decoct and drunke:

Enula campana rootes, decoct in Electuarie.

White Bionie rootes, decoct, the inice.

Cruum meale, or butter Misch with Honie, licked in.

Fengreke sæde, decoct with Dates and Honie, eaten.

Cardus benedictus, boyled and drunke.

Medish young, decoct and drunke.

Perccnep rootes, eaten.

Pyzhis rootes, boyled in flesh bzoath, eaten.

Tresses, the sædes boyled in the bzoath of a Hen or Ballet.

Crilemon sæde, in Lohok with Honie.

Læke salce, in Lohok with Honie.

Liquozice rootes, mixt with other spices.

Qusa fruite, eaten.

Fistike Nuts, eaten.

Pine Nut kernels, eaten.

Liquid Misch with Honie, eaten.

Rozen of Larix with Honie, eaten.

Turpentine, in Electuarie with Honie.

For

For a sore brest of a woman.

T Take Rue, Sage, Archangell, white Waple rootes, Plantain, Angelica, Orulus Christi, of each one scruple, wash them and dyle them in a cloth, dried them, and stampe them with halfe a pound of iresh greace or Barrowes Greace: stampe all together, and boyle them with halfe a quarter of a pound of Rozen, and as much new Ware: till the Ware and Rozen be molten with the herbes, then straine it thro:ow a cleane cloth, and it will be a faire oymnt to vse.

To purge the brest.

T Take a great quantitie of Hlop, sathe it in a pottell of good Wine, and drinke of it earely and late, at Euening hote, and at Morning cold.

T Take a good quantitie of white Horehound, a lesser of Groundswell, and the least of Malwort, boyle them with fresh Barrowes Greace, incorporate it and make a Plaster and lay to the Brest: in one night it will cause the Patient to cast out much corruption, and profiteth against the Cough.

To cleare the Pipes.

T Take a handfull of dyed Hlop, as much of the roote of Enula campana, and not fully so much of good Liquozice hused, boyle them in running water, from a galon to halfe: straine it, and put to it halfe a pint of clarified Honie, drinke thereof first and last.

Bladders called fire Bladders, or burnings.

T Take ground Ale, alias Alehouse, Shæpes dung, Houslake, Coole dung, Shæpes tallow and fresh Butter: stampe all together, and let it stand two or thre dayes, then sie it, straine it, reserve and vse it daily.

For stopping of the brest.

Sothernet root seue boyled in wine or water, drunk.

Saffron seed the juice boyled with homed water, or in the broth of a chicken.

Blacke Polin with his pleasant flowres decoct in wine or water, drunk.

Flap decoct with Rue, Figs, and Honie, drunk.

Botrus boyled in wine, drunk. — The of Jerusalem.

Sticados with the flowres, decoct and drunk.

Cummin decoct and drunk.

Anomacum, one dram taken.

Sarcocoll taken.

Cassia, the barke of the rose, one dram.

Jengrick seed decoct with Dates and honie to stop.

Mustard seed used in meates.

Liquoris juice mixed with Ginger and spices, and small Cakes made of it and eaten.

Pine nut kernels eaten.

Liquid Pitch with Honie eaten.

Rosen of Larix with Honie licked.

Turpentine in Electuarie with Honie taken in.

For exulcerations or swellings of womens
breasts or pappes.

Wheate bran decoct with Rue, laid to.

Spelt meale boyled with wine and Salt-peter laid to.

Erbum meale with Honie applied.

Dried Raisons the kernels pund small with salt laid to.

Roses pund and laid to.

For to drie vp womens breasts.

Asarabackalcanes pund and laid to.

For impostumes of the brest.

Tassilago leanes dyed, & a perfume therof made upon coales,
taken in at the mouth by a funnell or pipe.

Stabios boyled by it selfe, or his roote in wine or water, drunk.

Aselepias leanes pund and laid to.

Caranfa

For a sore brest, where peeces fall out so broad as the bot-
tome of a sawcer.

Take the Slip of Elder tree, scrape off the russet bittermost bark,
and take the middle grane take from the white next the
stick, Stamp it with Right Shade, 4. or 5. leanes of it: but
if the best burne soze, take the more Right Shade to collect: then
strayne it thow a cloth, and put to it the yeake of a new layd
Egge, take away the scum of it, & put thereto pure hony combs of
the blue, faire strayed so some as they are taken out of the hive:
then take faire wheat flower, and beat all together. The yong
Elder buds that spring out of the ioyns of the Elder tree so bet-
ter then the rinde: temper all these together like a saluer: if it be
well made, it will looke greene: it must be made as thicke as may
lye on a linnen cloth plaister wile, and dyesse the best: then take
a linnen cloth as big as the soze and some what bigger, that it fall
not in on any side: lay the same vpon the plaister of linnen cloth,
and so lay it to the soze best, not comming neere the fire.

If there bee dead flesh in it, scet the running water, Allome,
and Sage, till the strength of the Allome and Sage bee in the
liquor.

When the best is to be dyessed, wash it first with this water:
elcise the soze, dyse out the water, but take some fine lint scraped,
and lay it on the soze.

Let it be dyessed moynes and cuen.

This medicine is to bee regarded, for it will heale any other
soze, as hath bene often pced.

If the best bee stiffe, anoynt it with Peates soze oyle.

If the hole of the soze geet in farre, lay of the same above
mentioned vpon the one side of the lunt, and couer the soze
withall.

And if there be dead flesh in it, then must you wash it with the
said water before you lay on the plaister.

You may put in Gallows to the Elder and Right Shades, and
it will be the better.

Ad idem.

Garantia, the Oyle, applied.

Criscum seue with Honie, a Lohocke.

Yallow Affodill rootes, boyled in Lees of Wine.

Kernel of dyed Raysons and Salt, pum and laid so.

For old discafe of the brest,

Lysanthus seed, }
Kus of the wall, } decoct in Wine and yunkc.

For great paines of the breist.

Henbane seue, decoct and applied.

For vnnaturall swellings of womens breist.

Chestnuts, the meale in powder with Barley meale and Vinegar, Playster wise applied.

For hardnesse of womens breasts,

Chamapitis graine, pum with Honie, and laid so.
Wint, mingled with Barley, laid so.

For

Ad idem.

Take Yallowes with Shapcs Smit, till they be verie tender: then straine it and keepe it in boxes.

If the brest haue neede to be tented, take the skalle of Yallowes that are sodden, and tent therewith: this is appoynted to be verie good.

For the brest and side.

Take Sage Royall, Alexanders, red Pettels, Wormewood, red Fenell rootes, all of one yeces growing: then make a great fire on the ground till the ground bee hote a foote thicke, then lay the herbes abroad on the ground, and a linnen cloth ouer them, and then lay the pained place on them so long as the heate durth: and couer him well about.

Take Ambrose, Kus, and Hozehound, of each a like much, stampe them and drinke it with Wine.

Take Wints, and Oyle Olive, boyle them and applie it to the grieft.

Scrape a Coates hohne that is boyled, and giue that scraping to the Patient.

For inflammation or swelling of the brest or elsewhere.

Take leaues of Parly Yallowes, or Polp-bocke, sodde in white wine till they be verie tender, mince them smal, and make them in a Cathaplasma, and lay to the grieft where soeuer the swelling is.

D. K.

Take seed of Henbane, break it and boyle it in Wine, and lay it hote to the brest.

Take Linseed, and the white of an Egge, or the iulce of Smalage and lay to it: and if shee lost her Milke, giue her iulce of Wataen, and it shall restoeze Milke abundantly.

For rankling Teats of too much Milke.

Make powder of Hempseed, and giue her to eat and drinke in all meates and drinke.

To make Teats small.

Scampe Seede of Hemlocke with Vineger, and anoynt them often.

Powder of Aucus and Vineger doe the like.

For

For shortnes of breath.

S Otherwised seed decoct in water and drunke.

Lusilago leaues dyed, and a perfume taken into the mouth by tannell.

Fermander with his flowers decoct in wine or water, drunke.

Romane Rettle seeds with hony often licked in.

Stock Gilliflowers decoct in water, drunke.

Iris roots taken with sugar or Hony.

Lime boyled in water and Hony, drunke.

Wargerom mingled with Hony and

Tragopigan mingled with Hony and } taken.

Waxell decoct in water

Calamint decoct in wine

Rue and Dill decoct in wine } and drunke.

Pigella seeds decoct in wine

Scyllus seeds decoct in wine

Pencedanum roots, the sap by it selfe, or with bitter Almonds.

Oppopanax two drams

Sagapene one dram

Galbanum one dram

Amomacum one dram

Marabacks roots boyled in wine, and drunke.

Dragunculus roots roasted or boyled, mixed with hony, eaten.

Rubarbe taken in.

Miloe Cucumer Claterium dyed, halfe a scruple.

Biony roste in Electuarie with hony.

Blessed Thistle powder in wine.

Smyzennum leaues decoct in wine.

Mustard taken any wayes.

Crissimon seeds with hony often licked.

Squilla prepared with oyle and hony.

Bitter Almonds eaten.

Figs eaten before meat.

Whitick nuts eaten alone or with sugar.

Garlick one dram taken in.

Walsey seed taken. ——— Saffron in sweet wine drunke.

Oke of Jerusalem decoct in sweet wine, drunke.

Honyseeds fraily decoct in wine and drunke.

For

For Tisick and shortnes of breath.

¶ Take Enula Campana the roote in mid May, dry it, pare it, cut it small and put it in Vinegar till it be soft: then dry it, and take purified Hony, and cast both into a chafar, and boyle them together, secundum artem, and boyle it.

Against the Tisicke.

¶ Take Barley of the cleanness, wel ground in a Spyll, that the husks & bark be cleane taken away, boulded in a fine cloth: of hysan whereof make a powllis in cleane water, with a spoonfull of butter thysce washed in water, and hereof let the Patient often use.

¶ Also boyle the swatest Apples you can get with netwe poke: let the Patient eat the Apple, his best and places annoyed against the fire with fresh butter.

Against horfensic.

¶ Take Gum Arraberk, Dragagant, Liquozico, Anudi, Cucumer seeds, Gourd seeds, Purcelane, Pempton, Horschoue, Terrestis Canabi seeds, Acholas roots, Flop, Pentastum, Violets: boyle them together in white wine, and let the Patient drinke thereof mozne and even, &c.

For winde and stich in the side.

¶ Take Camomill and Wormewood, of each one handfull, graine Worme two handfulls, stamp them small together: then make a bag that will goe from the pannel to the Keyne, & put those things into the bag couched abroade that will lye over the wombe: then take a good quantitie of Dailowes, and boyle them in a pottle of rayne water or clere running water, till it be thoroughly boyled: then plunge the same bag in that water till it be thoroughly hote: then squeeze out that water, and all hote lay it ouer the wombe til it commeth to the reines, and when it is cold, heat it againe, and renewe it often.

A

For paine in fetching breath.

Saffron seed the iulce with homed water, or broth of a chicken.
Whittick nuts with sugar eaten.

For to amend a stinking breath, and to procure
a sweete breath.

L Ascorpitum roots eaten with meate or salt.
Pilles of Lemons condted and eaten.

Putmegs eaten.

Passick holden and chewed in the mouth.

For such as are bursten or broken.

A Canthus roots taken in drinke.

Rubarbe infused, taken in.

Olmond, the heart or middle roote taken in broth.

Garden Wadder roote,

Moufsears ——— Petisilla rootes or leanes,

Woad, Raile, or Shave grasse

Morsus Diaboli,

Adders tongue,

Comphrie roots, pund and applied to ruptures.

Climopodion decoct in wine and drunke.

Carantia oyle anoynted.

Calamus Arromaticus, decoct

Caroline roots decoct in wine, } and drunke.

Cruciata decoct in wine ———

Parcenep roots eaten

Pellow Affodill roots decoct in wine one dram.

Cypus nuts pund and laid to the rupture.

For

A paste for stinking breath.

Take Rillie and Ronsie a quantitie, boyle them a little, the
put to it grated bread and stir it, put to it Annis seeds, Li-
quoris, and Pepper in powder, and make paste of it: make it in
cakes, bake them of any fashion, and ease of it.

Take two handfule of Comyn in powder, sethe it in good
Rillie from a pottel to halfe, drinke it at euen hot, and at mozne
as hot as you may suffer it: at euen and mozne a pinte, 9. daies.

Take Rilliall Rontan, one handfull, wash it, ched and
stampe it, put to it halfe an cunce of Comyn, pun and meddle
them well together with white wine one pottle boyled to halfe,
and giue the patient to drinke hot as hee may suffer it, halfe
a pinte a day, once after meat and not before, and once at euen
hot, and it shall be well in fiftene daies.

For one that is bursten.

Take rootes of Comphrie with the leanes, Setwall rootes
and leanes, Polipody roots, Centoey called Peter wort,
make it in powder, and drinke it in Ale.

For

For children bursten.

Flebane seeds with Vinegar,
 Water Crow foot mingled wth wheat flower
 Rosoliatum pund with meale and wine,
 Pencedanum iuice, ————
 Rosoliatum mingled with Ware, Oyle o^r oyntment fit to cure
 worms, applied.
 Sanicula decoct in Wine o^r water, } and drinke.
 Phillosilla leaues decoct,

For burning or scalding with water
or fire.

Great Buglos root pund with Oyle and Ware,
 Grene Clove leaues pund with whites of eggs,
 S. Johns wort leaues pund,
 Wilde Mulle pund,
 Grene Piroll pund,
 White Lilly roots roasted, mixed with oyle of Roses,
 Parcellus medio luteus rote pund with honie,
 Fule leaues boyled in Wine pund,
 Alpha the downe mirt with swines grease,
 Blanke brüne grene, pund,
 Calion flowres pund,
 Beete leaues pund,
 Lettice grene leaues pund,
 Sparth spallow leaues pund,
 Courd iuice,
 Yellow Affodill rootes boyled in oyle,
 Pulberie leaues boyled with oyle,
 Ashes of figtree with oyle of Roses and Ware,
 Palme tree broken mirt with grease,
 Pine apple scales with the barke of Pine tree pund
 with Litarge of silver and frankincense, ————

applied and
layd to.

For

For to preserve one from bursting.

Take Comphyle, Pep, Royall, & Eggrimony: put them
 and make a posset with the iuice thereof, and drinke it:
 and sometime chip and fry them with Egges, and eat it
 as a Bansey.

Take tender crops of Diamond in May, dry them in the
 wind and not else where, make it in powder, & saue it in a blad-
 der Winter and Sommer, and drinke thereof: it will make the
 belly goe as if it were new burst. Let the Patient be well and
 easely trusted to goe withall in the day, and to lie in the night, till
 he be whole, which will be in 24. dayes, if he will bee ruled.

He must lye wright as much as he may, and keep his bed eu-
 ry morning two houres after hee taketh his medicine, and eat
 no white meates till he be whole, nor strayne him any wayes.

For burning.

Take iuice of the leaues and berries of Juny, the oyle of Rute,
 of each 8. ounces, Ware two ounces: boyle it to an oynt-
 ment, and vse it.

For burning or scalding.

Take Nightshade, Parcely, Hop, Lim-bone, Sorrell, Pars-
 gold, and Setwall, of each two handfuls: Stamp them
 and straine the iuice, and put to it a pound of Spike, a quar-
 ter of a pound of Derc-salt well clarified, o^r fresh Butter, o^r
 Shæpes suit, boyle all together a little while, then put it out and
 anoint the grieve: it will take out the fire in ten o^r twelve houres:
 then lay over it, the soft Longwort leafe, but first wash the grieve
 with salt brine, which will speedily take out the fire.

Another for the same.

Take Sallet Oyle and running water, beat them together,
 and then lay a lawne over the grieve, and anoynt it on the
 lawne without remoouing till it be whole.

Take the black water remayning in the making of salve
 o^r oyntment of Tabacco, and anoynt the grieve, & it killeth the
 malignant heat of any burning o^r scalding.

Take

For Cankers.

Scrophularia leaues,
 Planten leaues,
 Nettie leaues,
 Dragons, the fruite,
 Lobus boyled, mixt with Hony and Barley meale, appl:ed.

} stamped and
 } layd to.

For to prouoke carnall copulation.

Sothernwood layd vnder the pillow, bed, or bolster.

For to ingender male children.

Barrous Mercurie, or Pale Whellon, } drunke or
 Fly Dychis full rootes, ——— } eaten.

For to ingender female children.

Gyrls Mercurie or Whellon, ——— } drunke or eaten by
 Fly Dychis withered rootes, ——— } women.

For

¶ Take running water, a pottle, as much white wine or vini-
 ger, halfe a pennyworth of Hony, as much Allom as an
 Egge, white Coprus a quarter of a pound, Rosemary, Rine, Fe-
 sop, Time, and red Sage, of each a bjaunch: boyle them to halfe,
 straine it and reserue it to vse.

To destroy a Canker.

¶ Take Chid sope and quicke Lyme, make a plaister and lay
 it to the soze, and be well ware that the Canker be there,
 so; it will certainly slay the Canker: And when it is slayne, lay
 to the soze a sword of Bacon, and it will heale it.

This is called Veni mecum, so; it will not faile if it be layd
 to the quicke flesh.

For Cankers in teates.

¶ Take Culuer dung, Hony, Virgin ware, flower of Barly,
 Beanes and Lynelads, sethe them in Winiger or Wine,
 put thereto Rams tallow, make a plaister and apply it.

For a Canker in the mouth.

¶ Take the rote of Flower de luce, wash it and slice it, and a
 few leaues of Penny ropall, steape them in conduit water,
 and wash the griesle therewith.

For pestilent Carbuncles.

Morus diaboligrane, ————— }
 Violets with Barly meale, } pound and
 Pomegranat seed with hony, } layd to.
 Cipustre leanes with parched barly meale, —

For cholerick humours.

Common Wormewood, — }
 Fumitory, }
 Rozmentill rootes, } pound and layd to.
 Flebane seed, }
 Henle rods & leanes one dram, }
 Olive tre leanes,

For cholerick inflammations.

Ferretograne leaves and flowers, pound and applyed.
 Peritory }
 Saffron } stamped and applyed.
 Synt two or three branches, the twice drunke with iuce of
 lowe Pomegranate.

For

To purge Choller.

Take Diagreng, one dram, beat it grosse, put the powder
 of Aromaticum Rosarum Sabzielis to it, halfe a scrup-
 le, Ginger fine sliced, halfe a sponesfull, & Sugar as you list:
 take a fayre Apple, cut off the cap, take out the coze, lay a tyle
 upon embers, roast the Apple, and when it is rost, pare the Ap-
 ple, and put into white wine, and take it early in the morning.

D. K.

H 3

For

For the collicke.

Saffron seeds the iuice with homed water

Rues roots dyed and wine

Camomil herbe and flowers with wine

Cotula Lutea with wine decoct

Mynts boyled in water thre dayes

Daucus seeds boyled in wine or water

Ricinus seeds pund with whay

Lapfia the barke of the rote, one dram

Colloquintida white pulpe decoct in water

Homed water,

Sea hull rootes boyled in wine

Holly berries decoct

and drunke
or eaten.

Whe ferne roots boyled inutton broth, or of a Chicken or Capon, or the decoction of Mallows or Beets, and a little Annis, or the powder thereof with homed water drunke.

For cornes of the feete.

White Lilly rootes boyled in Vineger, applied as a plaister.
Lacerpitium with Rue water and Honey, applied.

For

For the Collicke, and to cause digestion, and for grying paynes of the belly.

Take herbe John, Camomill, and wormewood, of erbe one handfull, the yolkes of two egges hard rosten, shred the together, not overmuch, fry them with salt Butter: then take a frame dish and fill it with warme ymbers, and lay the fryed herbes upon the embers, sprinkling the embers with wine vinegar: and lay a linnen cloth over the dish, and knit it fast in the bottome, and lay it close vnto the payne.

G. K.

For swelling of the coddies.

Take powder of Comyn, Barley meale and Honey: fry them, and make a plaister thereof, and bind it to the coddies.

For Cornes in any place.

Take crops of a Rettle, bruste them and lay them to the Cornes.

Cut them till they bleede, and then apply to it ashes of Tobacco burnt.

H 4

For

For a consumption.

Sandergrasse, full and sappy rootes boyled in Goates milke,
eaten, or alone.

Wayberries pound small, mingled with Hony or Syrop,
often licked.

Pine Nut kernels eaten.

Agarick sodden in sweet wine, drunke.

For the Cough.

Iermaunder with his flowers boyled in water,

Safron sed in ice with homed water,

Stock-Gillifer flowers decoct in water,

Rue and **D**ill decoct,

Betony decoct,

Lacerpitium roots boyled to Electuary with hony

Calbani in like sort,

Cnula campana roots decoct in homed water,

Calingale rootes boyled in wine or water,

Hony succle fruite decoct in wine,

Capillus Veneris decoct in wine,

Popie heads decoct in wine,

Henbane seedes decoct in wine,

Marsh Mallow rootes decoct in wine,

Parcelly decoct in wine,

Pellow Allobill rootes decoct, one dram,

Wild Cherry tree gumme decoct in wine,

Planten leaves eaten with meates.

Violets Syrop eaten.

Hencebanum iuce with an Egge (reare) eaten.

Spelt meale with good sweet Butter, or new Goates

suit taken, appeaseth the Cough.

Colewort iuce boyled in Syrop, often licked.

Raysons dyed

Bitter Almonds } eaten.

Figs

Sebastenes

Labdanum layd to the best with oyntments and
plasters to mollifie.

For

For the perilous Cough.

Take Sage, Rue, Comyn, and Pepper; boyle them in
Hony, and eate of it early and late a spoonfull.

Take Hozehound and Hony, and eate of it thre dayes
and thre nights.

For Cough of cold.

Wash his foete every even with hot water: then set his
soles against the fire: then stamp Garlick, and a little
Hozehound, straine them and anoynt the soles of the feet against
the fire, at each when he goeth to bed.

For Cough of flegme.

Take Figs a pound, a quarter of a pound of Liquoris, &
a handfull of Ilop: stamp them and sethe them in wa-
ter, from a gallon to a pottell: Strayne it, and doe thereto halfe
a pound of Annice and clarified hony, and drinke of it, as of a
principall remedy.

For a Cough of Rewme in the lungs.

Take Dyziganum, Ilop, the roote of Cnula Campana,
of sche a good quantity: boyle them in water, and brye
them well: Strayne it, and put to it halfe a pound of Annice, and
sethe it againe till it be thick: then take it from the fire, and put
to it a quarter of a pound of Sugar, and halfe a pinte of clarifi-
ed Hony, one ounce of powder of Heat, and so haue you a sin-
gular good remedy.

For

For the olde Cough.

Veronica water distilled with wine,
Peritoy,

Spunilaria in wine,

Scabious,

White Polyn rote in water,

Dandelie seedes with wine,

Dancus seedes with wine,

Young Raviſh with wine,

Smyrneum rootes and leaues with wine,

Crismon seedes,

Lyne ſede mingled with Hony,

Scabious flowers conserued,

Germanander in powder,

Flopp decoct with Rue and Figges,

Tyme boyled in water and Hony,

White horehound decoct in wine,

Amis ſeds with bitter Almonds and hony,

Oppopanax two dzams,

Sarcacoll one dzam,

Dzagon roots boyled or rosted with hony,

Dzong roote in electuary,

Leeks iuice made in electuary,

Scilla prepared with oyle and hony,

Cakes made with Liquorice, Ginger and
other spices,

Peale of Chestnuts and hony in electuary,

Kernels of Pine Nuts,

Agarick one dzam.

For the Crampe.

VVhite Tyme decoct in wine or water, dzunks.

Santfrage roote dyed and chewed.

Betony dyed, one dzam with homed water.

Penceadanum roots sap, with oyle of Moles & vinegar applyed.

Oppopanax two dzams taken.

Lacerpittum rootes broken with the yolk of an egge, taken.

Sagapenum one dzam taken.

Cuphozium prepared, taken.

Alara

For the Cough, rutling of the brest, boyles and sores
in the side: for the Milt and stomacke.**¶** Take Hozehelme, Groundswell, Flopp, Centoy, Smal-
lage, Rue, Holeywort, and Puliall, of eche a like, and doe
thereto Pepper and Hony, and eate of it early and late.

For the dry Cough.

¶ Take Anet, Smalledge seedes, a like much: make it into
powder, temper it with wine, and seth it till it begins
to waxe thicke: then boy it, and vse it first and last.

For the olde Cough.

¶ Take white Horehound, a good quantity, Groundswell, a
lesser quantity, and Wallwort, the least quantity: boyle
them with water and fresh greace: temper them wel together;
make a plaster thereof and lay it to the brest: in one night it
profiteth greatly, and expelleth much euill corruption.

A notable Electuary for the same.

¶ Take iuice of Horehound, Fenerselm, Centoy, Hozel-
mynt, Betony, rote and all, and Fenel; boyle them with
powder of Pepper: loke ye take like proportion of the iuices,
and of Hony clarified, as much as all the rest: seth it till it be
somewhat thicke, stir it fast, and giue it not too great a fire: coole
it, boye it bp, and eate of it.

For the chine cough.

¶ Take womans milke, and anoynt the childes brest about
the heartspone: then take powder of Sauroy and strow
thereabout, and bind it with a clout: doe this thre or foure
dayes, at even and moone against the fire, and keepe the child
from cold and from all sowre meate.

For the Crampe.

¶ Take an hearbe that groweth on the roote of Rome, one
handfull, as much Laurel leaues, a quart of white wine,
as much oyle Oliue: boyle it till the wine be wasted, cleanse it
and kepe it well, for it is full good for the Crampe, being a-
noynted therewith.**¶** Take

Starabacka boyled in wine, taken.

Rootes of Dragons, boyled or roasted with hony often licked.

Rootes of Rha Ponticum.

Oyle of Carantia anoynted.

Sea hull rootes decoct with wine and dzunke.

Dzank brine taken in dzinke,

Carline roote decoct in wine,

Burcelane rootes decoct in wine,

Warth Hallow rootes decoct in wine,

Yellow Affodill roots decoct in wine, one dzam,

Way berries with oylments and oyles for Cramps applied.

For deafnesse.

Round Jay bzused and put in the eares.

Cardus benedictus in meate or dzinke.

Colewort suice with vineger put in the eares.

Mustard seade pound with figs, layd to the eares.

Yellow Affodill roots boyled in oyle, put in the eares.

Way berries decoct in wine, put in the eares.

Cedzia or liquor of Cedar with vineger dzopped in the eares.

For dysentery or dangerous fluxe.

[Wy flowers made in wine, dzunke twice a day.

For

¶ Take, Rue Stamp and mix it with fresh Greace, and keep it in a vessel nine daies well covered: boyle it, and scome it, and while it is hote, put powder of Incense into it, stir it and make it into an oylment, and anoint the grieke with it.

For the Cramp or conuulsion of sinewes.

¶ Take Olei Castorei one dzam, Olei Inniperij halfe a dzam, Olei Liliorum, Olei Vulpini, of each six ounces, mingled all together: anoynt at mozne and euen, the hinder part of the necke, both the shoulde blades and downe all the spoone of the backe euen to the hips.

Adidem.

¶ Take Poly oyle, oyle of violets, and Warrowes greace, and anoynt the grieke.

T.

For to cause good digestion.

Caraway seeds
 Costander seeds alone or with Sugar,
 Saxifrage root dried in powder with sugar,
 Betony decoct with Honey,
 Ligusticum seeds
 Wallerwort the roots decoct in wine
 Gentian roots decoct in wine or water,
 Enula Campana confected,
 Cardus benedictus seeds
 Parsely with meate
 Mustard
 Rocket,
 Long Pepper,
 Syrenges or Lemon pills,
 Oyle of Rose anoynted on the stomack.

taken and eaten.

For biting of a mad dogge.

Clote leaves pund with a little salt,
 Plantain
 Pettie leaves with salt,
 Hynts with salt,
 Blacke Hozehound,
 Fenell roots with honey,
 Angelica leaves & Rue leaves with honey,
 Wallerwort,
 Lacerpitium roots with honey and vinegar,
 Alepias leaves,
 Capillus Veneris graine,
 Wheate raw charred, or
 Juice of Rue with wine,
 Alepias roots boyled in water,

pund and laid to.

drunke

For

To cause good digestion, and to destroy wind,
 and to comfort the reynes and side.

Take Annis, Longage, Smalage, Canel, Cardamontum, Dil-
 ganum, Caraway, Fennell, Sicer montanum, Sage, Comin,
 Calamint, Lime, black Pepper, long Pepper, Hop and Parce-
 ly, of each halfe a dram: Liquorice, Ginger, Pellitory of Spaine,
 Nutmegs, of each one dram: Amomacum three drams: Cloves,
 Galingale and Saffron of eche halfe a dram: and Sugar, as
 much as all the rest by waight, and use this powder.

Dropie

For the dropie.

Common Wormewood decoct and drinke.Juice of the seed of Saffron with hony pured, or chleke broth.
Penrywort on the wall, the leaues and roote eaten.

Mercury boyled in water, drinke.

Water-Plantain leaues laid to y^e shins & shanks in great abound^{ance}
Barilons confound boyled in water and drinke. (dauce

Polipodi in water or wine

Rue boyled in good wine to halfe

Betony decoct

Laser decoct in wine

Marabacka boyled in wine

Galingale rootes boyled

White Elebor roote decoct

Palma Christi seide with wyne and milke

Tripollum rootes, two drams with wine

Lawzell leaues decoct

Mild Cucumer iuice dried halfe a scruple,

Elder seedes one dram,

Mallow rootes decoct in wine

Wild Bryony roote boyled with sea water

Calamus Aromaticus decoct in wine

White Camellion root with red wine decoct

Smyrneum leaues and roote decoct

Garlick boyled

Worme leaues or branches boyled in wine

Warbery tree, the barke of the roote in wine

Ash tree leaues, bark and tender crops decoct

Rue mixed with hony and figs, applied.

Black Elebor root made a playster with barley meale and wine

Saldonella boyled in the broth of fat meat, eaten.

Solanum Somniferum the berries eaten.

Garlick eaten

Figs mixt with Barly meale, applied.

Frangula.

For to slake the belly of such as haue the dropie.

Leanes of the wild Ash tree boyled in wine and drinke.

For

Dropie in the wombe.

Take Courty and Parcalys of Alexandria, Worme flowers, a like much: boyle them, & wyng out the water whē it is sodden: then take Charuel, Camerick, & the other Parcalys, and stamp them all together, & wyng out the iuice, and boyle it till it be halfe waied, put therein Cassia fistula, and put that into the patients drinke, and keepe him warme.

Dropie and laundes.

Take a great bundle of Worme that is greene, and burne it to ashes: then take Powder, and make Lye with good wine, and let it runne thowto the ashes all worme, and put to Spike, Sugar Candy, and Galingale, and lett it stand a night: This drinke will destroy the Dropie, bloody, dayes at moone and euen.

For Dropie.

Take Turmericke, Quoy, and the shell of Womegarust in powder, boyle it in good Ale or wyne: put thereto iuice of Celibony, hony, and Spike: when it is cold, giue the sick to drinke thereof in the new mone, and leaue at the old.

Hote Dropie in the wombe.

Take iuice of Cresses, and sweet wort a like much, and the thirde part of clere hony, temper them together, & straine it, and giue to drinke 4. dayes.

Cold Dropie in legs and feet.

Take young tendrells of Elder, such as be black, and boyle them with Eldern leaues, and boyle them well in cleane water; put it in a vessell, and steepe the legges, and lay the herbs to them when thou goest to bed, as hote as may be suffered early and late.

Drinke thine owne water, and it profiteth.

I	For

For payne in the Eares.

Juices of Herbes

Great Chickweed iuice

Crane Herbe leanes iuice

Great Pilewille iuice

Plantain iuice

Knot grasse iuice

Saffron with womens milke

Mynt iuice with home water

Rue iuice warmed in a Pomgranet shell

Pencedannum iuice with oyle of Noles

Diagonculus iuice

Wallis Cowwheat iuice

Poppes iuice

Nightshade iuice

Spillett iuice

Goose grasse iuice

White Beete iuice

Gourd iuice and oyle of Noles

Pellows Rabbitt root boylen in oyle,

Dried Noles scraped in wine,

Lavanu with home water, or oyle of roses

White Popler leanes, the iuice.

Black Peleboz root put in the eare two or thre dayes.

Opium layd so with oyle of sweet Almonds, myrrh and Saffron, cureth.

Penbane leanes the iuice by a tenn and layd in the sun, mingled with Galleries for the eares.

For impostumes behind the Eares.

Nettle leanes pound with salt,

Nightshade pound with salt,

Shops Horrell beere,

Spary Wallworts boyled in wine, and

boyled with home water,

Crismon seed mingled with hony and water.

For wormes in the Eares.

Pittum decoct in water,

Capers the iuice of the leanes, fruits and crops,

Codzia

Dropped in the eares.

Dropped in the eares.

70

For payne in the Eares, and to restore hearing:

¶ Burne young branches of greene Ash; and take the water that dropeth from them an Egge shell full, as much iuice of Lecke blades, and of the dropping of Coles: boyle them together a little. Strayne it through a cloth, and keepe it in a glasse: put of it in the whole eare, and lye on the soze eare, and in nyne dayes it will be hole: then take wood butter, nearh a blacke Sheepes belly, wet it in that iuice, and lay it to the eare.

For wormes in the Eares.

¶ Take Hony from the Cambr, and doe it in the eare, and lye downe on the other side, and it will come out.

¶ Juice of mynts mirt with hote wine Doe the like

¶ Juice of Aris-smart with hote wine Dropped in.

12

13

For Impostumes in the eares.

Linen boyled in water, — }
 Plantain leaves pound with salt, } put to and applyed.
 Couchgrass, — }
 Anis seeds with oyle of Roses, pound and put into the eares.
 Juice of Rhyssus dropped into the eares.
 Yellow Rosholus the root boyled, and the iuice with Frank,
 intence, Hony, Myrrh, and wyne layd to.

For running eares.

Seed of Fleabane boyled, the water — }
 Lup leanes, the iuice } dropped in.
 Rhumak leanes, the iuice }
 Turpentine with Oyle and Hony — }
 Myrtell Berryes decoct in wyne and flower, layd to.
 Licium, or Burthorne boyled and layd to.
 Olive tree leanes and iuice applyed.

For to cleanse the stopping of eares.

White Horehound iuice, with hony and wine dropped in.
 Onyon iuice dropped in.

For singing or humming of the eares.

Ground Ivy boyled — }
 Poppes iuice }
 White Wete iuice }
 Colewort iuice, and bliniger warne, } dropped in.
 Onyon iuice }
 Bayberries decoct in wine, }
 Cedar, — Liqueor of Cedar — }
 Beeny pound with Figs, layd to playster-wiffe.
 Figs and Mustard seed pound hard together, applyed.

For

For aking of eares.

- ¶ Take iuice of Soling grass, and put it in the eares.
- ¶ Take iuice of Keddish and Oyle Olive, and put it in the eares.
- ¶ Take iuice of red Sprute, and put into the eares.

For water fallen into the Eares.

- ¶ Take iuice of Coriander, and put it in the eare.

For inflammation and rednesse of the eyes.

Sotherwood pond with a rosted Quince,
After Atticus greene,
Great Chickweed,
Pimpernell,
Violet bayed with hony meale,
Sagdalen wort, and part of wild Dazg,
Affarabacha leanes,
Gentian rote iuce,
Palms Chut, leanes,
Bety Dazroll grene leanes,
Parcelane leanes with Barly meale,
Pepins Pulpe finely stamped,
Courd pulpe finely stamped,
Grene Parcelp with white bread oz Barly
 flower,

Planten iuce
Great Singrene iuce
Sarygold distilled water
Lilium Conuallie distilled water
Parcelane leanes pund with Barly meale
Beat iuce Acatia iuce
Milde Alue leanes the iuce
Penbane iuce dyed in the Sunne, mingled with Cillitres, to
 be applyed in hote cankers.

For dimnesse of the sight and eyes.

Waxmelwood mingled with hony,
Mazell pund with wine,
Doxinardum seed mingled with hony,
Fennell iuce and the gall of a Hen,
Libanotus iuce of 5 herb & root with hony,
Great Scentary iuce with hony,
Aloes Citrine with hony,
Mall-flower iuce.
Sarfrage distilled water alone, oz with vi-
 niger.
Sagapenum, **S**arcacoll,
Gramen Bernade iuce,
Saligot leanes the iuce,

For

A water for sore eyes, that if a man had lost his sight
 ten yeres, it is be possible to be recovered, it
 will helpe in ten dayes.

Take Smalledge, Rue, Fennell, Marren, Carmony, Be-
 song, Ruens, Scabious, Bane, Spring, Cistale, Pimper-
 nell, and Sage, a like much, distill them with a little brime of a
 man child with fine grapes of Franchinence: Droy a droy
 hereof eury night in the sore eye.

To cleare the sight, and remoue the Web.

Take red Roses, Smalledge, Rue, Marren, Payden baye,
 Endiue, Singrene, red Fennell, Hollywort, Celtcony, of
 eche halfe a quartaine: wash them cleane, and infuse them in
 white wine saure and twenty hounes; then still them in a still
 lize: the first is like Gold, the second like Silver, and the thirde
 part like Balme: kepe it in a glasse as a precious water oz
 Balme for all maladyes of the eyes.

For a stripe in the eye, though the sight bee
 perished.

Take the whitest Salt thou canst get, burne it well in a
 firepan red hote, beate it in fine powder, and as the Patie-
 ent lyeth in his bed, make thre small halles with clarified Hony
 and that powder, and put them in the eye once in thre
 dayes.

A Powder to conserue the sight.

Take Breyon, Rue, Celidony, Sparthage, Louage, Annis
 seeds, Spynnemon, Fennell, Diganum, Petroselin, Siler,
 Montanum, of eche a dram: Callagale, one ounce; make pow-
 der of all these, and take it continually with meate.

To persit the sight.

Take Sage, Fennell, Marren, Willow, Eye-bright, Mar-
 yernell, Lincolne, and Rue, steeped in white wine saure
 and twenty hounes: distill it in a glasse still, which is best.
 This water will restore sight perished.

For

For bloud-shotten Eyes.

W Dometwood mingled with hony, layd to.

Cheibuy iuice mingled with Hony, boyled in copper o:
basse, dropped into the eyes.

Mall-flower iuice dropped into the eyes.

Sigella seed mingled with yris oyle, put in the nose.

Caris seed layd to the forehead.

Sagapenum dropped in the eye.

Sarcacoll steeped in Ases milke foure o: fve dayes, the milke
every day renewed, and the Ases milke cast away.

For paynfull bleared Eyes.

W Dometwood mingled with hony, layd to.

Eggs eaten in the morning fasting, and before supper.

Penbane leaves, the iuice dyed in the Sun, applyed.

Groundsell, the downe of the flower with Saffron and water,
applyed.

Roses the iuice layd to the eyes.

For the Haw in the Eye or Pearle.

Armaunder iuice with oyle straked on the eyes.

Lacerpitium with Hony applyed.

Solubed mingled with hony, layd to.

Annemong root boyled in wine prepared, layd to.

Sweet Trifoli iuice put in the eye.

Spellot iuice dropped in the eye.

Enyon iuice dropped in the eye.

Cedza dropped in the eye. — **L**iquor of Cedar.

For Fistulacs in the corner of the Eyes.

M Duts rare

Camomyl

Albes Cicatrine

Dates greene leaves

Raspis flowers with hony

Litium made of the byranch, rats & seed of Butthejns, laid to.

Lentils meale, with Spellot and Rinces, and oyle of Roses,
layd to.

Spellot boyled in sweet wine alone, o: with the yokes of roasted
eggs, o: the meale of fowngreake, o: Linseed, o: Comin
applyed.

For

For Eyes that water, runne and itch.

Take Lapis Calaminaris, burne it red hote, and quench it
often in white wine, till it fall in powder, and put thereof
in the eyes.

For swelling bladders in the eyes.

Take Suttie, and anoynt the soze eyes.

For sore Eyes in man or beast.

Take a handfull of Dazy roots, leaues and all, & the white
of a new layd Egge, beaten in a dish: let it stand halfe an
houre, then scum it: then put the iuice to it with a little Hony,
and the Egge, and anoynt the eye.

For the Webbe in the Eye.

Take the gall of an Hare, and Hony clarified, a like much,
mire them well: lay it with a feather on the Web, and it
will breake it in thre dayes, and save the sight.

For all paynes in the Eyes.

Take Fenell, Rue, Cutrals, Warden, Commentill, Bitany,
red Roses, Grape leaues, Smaleage, Cgrimony, ground
Juy, and Juy that groweth on the Dike, a like much, steep the
one day in white wine, the second day in water of a man childe
o: virgin, the thirde day in womans milke, the fourth day in cla-
rified hony: then distill all together, and blethe water as proci-
ous, one drop at a time.

For eyes that swell, coming of cold.

Take Cgrimony, the leaues of Warden, Fenest, Rue, and
Roses, and distill them.

And if you will haue it strong, doe thereto leaues of Gale-
trium, and of Morlus Galline, which is Chick-wad with the
red flower.

For inflammation of the Eyes.

Take the iuice of Poyrell o: Nightshade thre o: foure
spones full, the whites of Egges beaten, and the foame
taken off: mire them, and strike them on a linnen cloth, and lay
it to the temples and forehead.

G. K.

For

For payne of the eyes.

Wine, wherein dyed Roses have bin boyled, layed to.
Weath leaves twice dropped into the eye.

To stop the running eyes.

Plane tres young tender leaves pund and layd to.

For flowing downe of humours to the eyes.

Saffron mingled with romans milke, applyed.
Bzell pund with wyne, applyed.

Sight thede twice dyed in the Sunne, mingled with Elliries,
against heats and Rheumes layd to, or taken with Pido-
well, or home water, the wayght of an halfe penny, layd to.

Amillum or Starch made of Wheate, applyed.
Pepons pulpe finely stamped, and bound to the forehead.
Pluntree leaves becom and layd to.

For to quicken and sharpen the sight.

Familly water

Gre-bright iuice

Libanatus roses iuice

Ragapennum

Pellows Denils hit iuice

Wilde Lettice iuice

Rampions leaves & stalks iuice

Onyon iuice

Lycium

Cedra — **L**iquor of Cedar —

dropped into the eyes.

For

For rednesse of eyes, and to cleere the sight.

Take the Aloes, Turp, a new layd egge shell, of each the
weight of a French croipe: beat them in powder, and
put them in a cleane cloth, and so wite as neere the powder as ye
can: hang it in a wynde mountyng glasse, in the sunnes of red
Rose water, and one ounce of Cy: bright water, and dip the
cloth upon the eyes as oft as ye thinke good.

G. K.

A good water for eyes.

Take Fennell, Maruen, Roses, Celidony, Rue, Philago,
Culcase cods, and Woodbinds, distill them, and use it.

Ad idem preciosissima aqua.

Take Smalage, Rue, Fennel, Carumony, Bitany, Scab-
ous, Ruens, Yownds young, Culcase, Dimpnel & Spags,
fill them with a little vyne of a man child, and fine graynes
of Franchincence, drop thereof every night into the eye.

A precious water to cleere the eyes, and to destroy
the Pyn and Webbe.

Take red Roses, Capillus Veneris, Fennell, Rue, Maruen,
Culcase, Endius and Bitany, a like much, so that there be
in all under five hands full: let them rest in white wyne, a day
and a night: the second day distill them in a Stilltopp: The
first water will come in colour like Gold: the second, Silver:
the third, Balnye.

To

For to quicken and sharpen the sight.

Herminium seed mingled with Hony.

Helabian iulce mingled with Hony in copper or brass.

White Poppeans iulce mingled with Hony and Wine, applied.

Kue eaten raw, or conuited with salt, or mingled with Barley meale, layd to.

Garula stamped with Wine, Hony, Saffron, Fennell iulce, and the gall of a Hen, layd to.

Oppopanax

Lacerpitium

Sagapenum

Amomacum

Some of roots with Hony,

Pernassus grate the iulce in Cillite,

Postard iulce dyed in the sunne, al-

layd with hony, after wards

Yellow Asfohill roots iulce boyled in good

olde wyne, Myrrh, and Saffron —

layd to.

For enchauntments and bewiechings.

Allion hanged in the house, at the gate, or in the entry.

Pollen.

Polye.

Rhamnus branches and boughs hanged at doores and windows.

For the falling Euill.

Cameck, or Petp with hony boyled in hony and singler.

Cherries distilled, the water powred in the mouth.

Stell of the Whe hanged about the necke.

Garick with Cirop Acetell taken.

Annis seedes eaten by infants and children.

For

To purge the bloud, and cleare the sight.

Take foure ounces of Roses well picked, one pound of Wine, Rosemary halfe a pound, red Myrris liij. ounces, Comyn liij. ounces, Annis seeds one ounce, Cloues one ounce, bay them to powder, & keepe them all together twelue houres in three pints of pure white Wine, distill it, and keepe the water in a layre glasse, and set it to rectifie in the sunne, and drinke thereof every morning fasting a spoonfull.

A good water for eyes.

Take Fennell, Marren, Roses, Celidony, Rue, Philago, Euphase Cods, and Woodbryne, distill them together, and use it.

Falling Euill.

Knead cakes of wheate meale, with the Dewe on Aple, summer day morning: bake it and eat it.

Gather Marren whilst the sun is in Aries, and drinke it in white wine, and powder of Penny seeds.

For

For bruises by falling or beating.

Wob Sage boyled in wine or water, —
 Masterwort the root decoct,
 Appoponar with mead or home water,
 Gentian sales decoct,
 Dulcamara decoct in wine,
 Carden madder roots decoct in wine,
 Cippus rote barke decoct in wine,
 Juniper berries decoct in wine or home
 water,
 Agerick decoct in wine or home water,
 Rubarbe infused,
 Diamond hart or middles rote boyled, —
 White Popler buds made in oylment, and used.

For one fallen in a swoone.

Bazell hysled with Miniger holden to the nose.

For to prouoke carnall copulation.

Glabiolus upper rote in wine, —
 Saffron boyled in wine,
 Standergasse sappy rote decoct in
 Goates milke,
 Matriton rote boyled in wine,
 Myrrinum sales with wine,
 Ash kepes decoct with Nutmegs,
 Turpentine tre fruit in wine, —
 Artychokes young tender shelles steaped in wine,
 Carot rooten
 Rocket
 Clary any wayes taken.

For proud flesh.

Obe Apples or galls steaped in Miniger, layd so.

For

For a Salispen face.

¶ Let the Patient be competently purged, And then let
 his legges and thighes bee washed with the decoction
 of mallowes, or Lapaciacuti, or Lexinij Sarcocoli, or white
 wine; boyle them, and make this oylment:

Take Spaffick, Ceruse, Litarge, Crula Campana decoct in
 water, twice of Reddish, Oyle and Whinger, incorporate them,
 and vse it.

For

For the Fistula.

Cynquefoyle leaues pound and layd to, and mingled with salt
and hony applyed, closeth by the fistula.

Plantain leaues

Yellow Gillefolly.

Testiculus Odoratus roote

Acisaron made in Cillicie and plaister.

Small Centoꝝ in powder, mingled in plaisters, oꝛntments,
powders, and applyed.

White Eleboꝝs cut in gobbins, and put in fistulaes.

Dates greene leaues pound and layd to, with the meale of the
seed of pooze Dates applyed.

Pitch liquid pound small with Franckincence applyed.

For to prouoke flowers, and to bring them downe.

Chamepitia leaues

Sothernwood seeds greene oꝛ dry, boyled in wine,

Crinza leaues and flowers decoct in wine,

S. Johns Wort with y flower & seed decoct in wine,

Hosetayle decoct in wine oꝛ water,

Scordion with wine,

Wall-flowers dyed, decoct in water,

Stock Gille flowers decoct,

Marigold flowers decoct,

Camomil, herbe, root and flower decoct in wine,

Ryme boyled in water and hony,

Winter Savery boyled in water and hony,

Poly boyled in water and hony,

Clinopodion decoct in wine oꝛ water,

Botrus boyled in wine oꝛ water,

Calamus decoct in wine oꝛ water,

White Dozehound decoct in wine,

Rue leaues decoct in water,

Harmula decoct in water oꝛ wine,

Lavender boyled in wine,

Pettie seeds pound with Myrrh, bled by pessary.

Iris rots receyued into the body by pessary, oꝛ bath.

White Lilly rots roasted and pound with oyle of Roses, applyed.

Clary any wayes taken. — Dretanium verum boyled in wine,

dꝛunk, oꝛ by pessary,

dꝛunke.

Nigella

For the greene Sicknesse.

Take thirty greene leaues of Asarabacca in Wyne all
night: then strayne it and put it in a close pot, with a piece
of fat porke: boyle it, eate the porke, dꝛinke the wyne. It also
helpeth the Jaundes, the fever, the beginning of Dropsy,
Lympany, Quotidian, Moꝝnes, and swelling of the Ro-
macke: foꝛ all which there is no better remedy.

Take powder of Ash Ropes with Bitony, red Sage, Spints, &
Margerom, boyled in running water from a pottle to a quart, a
good draught with Sugar taken early and late, is good.

Take the Blessed Thistle, oꝛ dꝛinke the decoction
thereof.

Take Onyons.

Stamp Rue one handfull, red Sage two handfulls, strain
the iuice, and put to it a pynt of hote hony, well clarified, and a
great spoonfull of grosse Pepper, stire them well together, and
giue thereof one spoonfull and halfe, bloud warme, at euen and
moꝝne, and let her eate soure oꝛ five times every day Rue oꝛ se-
uen Rayns of the Sonne at a time.

This will cure it, though it appeare not at the first: and if
she amend not at the end of ten weekes, giue her the same receipt
agayne.

Take foure dzams of the powder of Quoy, Rue oꝛ seven
dzams of Turpentine, foure penny wayght of Saffron, and
dꝛinke thereof with Ale ale at moꝝne and euen.

Boyle cloues of Garlick in milk till it be thick, and let
her eate it, and walke after it boldly.

For

Nigella Romana decoct in wine,
 Libanotis roots, Celily seeds,
 Lozillon seeds, Dancus seedes, } drunke.
 Barifrage roots, Betony dyed,
 Pannay seeds with Moxwood & wine,

For to prouoke flowes, and to bring them downe.

L Acorptium with myrrh and pepper,
 Sagapemon with homed water,
 Astrolochia longa, with myrrh and pepper,
 Amarabacca with homed water,
 Great Centory with wyne,
 Sowbjet dyed in powder with wyne,
 Enula Campana decoct in wine,
 Pyony rote dyed with Hydromell,
 Betwall roots decoct in wyne,
 Stragium seed one dram decoct,
 Galingale roots decoct with wyne,
 Trifoly leaues, flowers & seeds decoct in water,
 Cardus Benedictus decoct in wine,
 Crithmus leaues, flowers & roots decoct in wine, } drunke.
 Bulbacatanum seed decoct in wine,
 Reddish decoct,
 White Carrot seed decoct in wine,
 Mountayne Parrelly seeds with homed water,
 Smyrneum seeds decoct in wyne,
 Sany seeds with homed water,
 Cressis seeds decoct in wyne,
 Garlick decoct with Dyrigan,
 Yellow Asfodill roots boyled,
 Knæholme decoct in wyne,
 Laurus Alexandrie decoct in wine,
 Cypus roots decoct in wine,
 Lotus Manings decoct in wyne or water,
 Sautin leaues decoct in wyne,
 Oppopanax,
 White Cleboz the root,
 Blacke Cleboz root,
 Wild Cowcumer sodden with hony, put in —

by pessary.

white

For a Felon.

¶ Take Hue, the yolk of an Egge, and a little Bay salt, as much Sape and oyle of Snaples, a little wheat flower, a spanfull of hony, two spanfulls of Aqua Composica, bzills the herbs small, temper all together, & make plasters of white leather, and lay to the grise, which will heale the Felon, and preserve the loynt.

To draw out the Core and corruption.

A white salve.

¶ Take oyle of Roses, boyle it ouer a soft fire: wash the grise first thræ or foure times with white wyne: then put in a little Mobbine water, and boyle it to a perfit oymntment: then take a handfull of Wall-Gilloses, and a handfull of Tont, saue, and make iuice of all together, and boyle it to a good salve so; that vse.

To heale and close vp the wound, after the other salve hath drawne.

A greene salve.

¶ Take Ware halfe a pound, Bay Butter a pound, let them on the fire and try them: then take Planten one handfull, Ribwort halfe a handfull, Walertan two handfulls, Bocklem halfe a handfull, Smallege half a handfull, Dypin, Tontsaue, Bisfolium, Ground Iuy, Elder flowers, of eche a handfull, cut them small, and boyle all together, with Ware and Butter, and make it vp to vse so; that purpose.

B 3

There

White Bony rote, Scamony,
Lupines with myrrh and hony,
Garden Radder rote,
Willow Carret seed sodden in wine,
Onions decoct,
Agnes Castus alone, or with Penny royall,
Sants decoct in wine,

For to stop the inordinate course of flowers.

Bristle rote, Peruincle,
Cozmentill rote, Strawberry plants,
Willow Tansey, Plantain leaves,
Knot grasse, Pimpernell,
Yellow Waller-Lilly,
Piony rote dyed with horned water, as much
as the quantity of a Beans,
Galingale, Black Poppy seed,
Yellow Lillimacus iuice of the leaves applyed outwardly.

Pozletayle iuice decoct,
Singerene iuice

Right Hare iuice decoct with cotton,
Comyn mingled with Turay meale and pulpe of Rayns, ap-
plyed to the belly playster-wise.

Penbane seed one halspenny waight with Hydrizomell, drunke.
Lentils twice decoct, the first decoction cast away: then put to
biniger, or Cicory, or Parcelayne, or red Bete, or Pytilis,
or the pills of Pomegranats, or dyed Roles, or Medlers, or
Seruices, or binding Peares, or Quinces, or Plantain, or
whole Galls & berries of Shumak, decoct in wine & drunke.

Berries of Shumak,
Pease earth nut,
Pheenix or way Bennit,
Red Rattell,
Yellow seed of Roles or Role flowers,
Hypocistis,
Bramble iuice,
Fitzes,
Tamarisk,
Acacia iuice, Pytilis berries,

Shumak

There are foure maner of Fluxes.

- 1 **C**olides, sickness of the stomake, comming of cholerick
humours: it maketh a man haue a great fluxe, & great
cassing: It stayeth within three dayes, except it be prevented.
- 2 **L**yenteria, which is, when the meat departeth undigested.
- 3 **D**Yaria is a fluxe, but mixed with blood.
- 4 **D**iscintula, is where there floweth blood and the hauing
of the Vents together.

Shumack leanes.

Willow Oltue leanes the iuce,

Withy leanes and barke,

Turpentine tre leanes and bark,

Caroline the lesser,

Barbery leanes,

White Thorne fruit,

Putmegs and Pace,

Quinces decoct,

} decoct in wyne
and drunke.

} eaten.

The Apples decoct in water, and sit and bathe in it.

Raylin kernels bryeth, bath with it.

Shaps Soryll puno with viniger, applyed to.

For white flowers.

White Sausage

Yellow water Lilly root in red wine

Trifoly leauca

Yellow seeds of Roles

} decoct in wine
and drunke.

Shumack leanes eaten as sauce with meats.

For to ripen flowers.

Melilot boyled in wine and drunke.

Kiddoth both decoct and drunke.

Feuricis in powder with hony two drams

Cods and seeds of Hany one dram

Polipody of the Dye, the iute dyed,

Pepper in meat,

Burchorne berries to young lussy persons,

} eaten.

Figges

Wyne Puts

Turpentine with hony in Clearyp,

Juniper gumme with hony,

For cold flewmes of the stomacke.

Elme under-barke one ounce decoct in wine,

} drunke.

Juniper gumme infused in wine,

Cardus Benedictus powder eaten.

Capers eaten in sauce.

For

To stop Whites.

¶ Take Beresgood, and Rosemary dyed, beat it in powder,
mixe them and lay them to the Panell.

To purge Flegme.

¶ Take pure white Turbith gumme cleane scraped, thin sliced, and fine minst as may be, one dram, pure Ginger in like sort dyed, two drams, Sugar three drams, make all in fine powder, and put it into an Apple that the coze is taken out, the cap taken off, and set a layze tye on hote ymbers, and thereupon rost the Apple, and turne it often: when it is roasted, pare away the rinde, and put that apple in white wyne, and brake it in pieces, and adde to it a little Ginger early in the morning: and if ye take it at night, ye must sop early.

D. K.

To auoyd flegme.

¶ Take Rose-water eight sponfuls, Conduit or spring water foure sponfuls, white viniger two sponfuls, Alep water two sponfuls, of fine white Sugar two sponfuls: boyle them on a soft sweet fire, cum it cleane, and ble it.

D. K.

4

For

For Frenzy.

S Camony iuce dyed, the wayght of six wheat coines,
byunke.

For out-going of the Fundament.

A Loes Cicatrine boyled in wine and Honey, applied.

For to settle the Fundament displaced.

Aster Atticus carryed about a man.
Pomegranat pille and flowers in playster applied.
Lentiske leames and barke decoct.

For swelling of the Fundament.

Aster Atticus carryed about a man.
Allos Cicatrine in powder strowed, or playster-wise.

For

For Frenzy.

Take of ~~Wormewood~~, Wags, and Sparrygold, of each halfe
a pynt, white wine one pynt and a hake, brew them to-
gether, and give the sicke to bynke nine sponefulls warme in
the morning fasting, fiftene dayes together.

D. K.

Take the herbe called Shepheards yarb, stampe it, and
lay it to the head shaued.

Choller, maketh a man harmfull & debatous.
Sadnesse }
Bloud, maketh him playing, singing, and not
harmfull,
or Frenzy of } Melancholly, maketh him sad, sullen, and dead-
full of all things.

Fundament going out.

Take Apostolicum, and touch it hote, and it shall goe in : doe
so once or twice, as need is, and after bathe it with water
that Derritory hath bin boyled in, and the Fundament shall go
to his place agayne.

Wash the Fundament that goeth out, with thine owne
water.

For bleeding at the Fundament.

Take Aloes and Myrrh, and make them into powder, and
with oyle of Almonds anoynt the soze, and cast on the
powder, and put by the Fundament with a Scarlet cloth, and
it will helpe.

Take Wormes of Maybyed and Sanicle, and eat them.

For

For chaps, rifts and fistulae about the
fundament.

Taxell rootes pound and boyled in wine, to the thiknesse of a
playster or ointment, applyed.

Agnus Castus seedes mixed with oyle and ointments, made to
heat and mollify, applyed.

Lycium made of the braunches, rootes or seedes of Berthozne,
applyed.

Cleare liquid Rozen of fyre tree, with Nutmegs and Sugar,
the quantity of a pint, cureth the excoziation of the secret
parts, by the flure of them.

For to open the stopping of the gall.
Doder boyled in wyne or water, drunke.

For blasting or swelling of Genitors.
Rie leanes and Bay berries pound and layd to.
Sourd rynd burnt to ashes, strowed on.
Cypus nuts pound with figs, applyed.

For spreading or fretting sores of Genitors,
or Priories.

Flowers of vnrype fruit of the wilde vine, mingled
with the oyle of Roses and viniger, applyed.

For

For swelling of the Genitors.

Take Beane meale and viniger, temper them, and apply
it all about, and let it not come nere the fire: and if you
haue greene leaues stampethem, and temper them with hony.

Juice of Wallwort and Celli, a like much, and Fennel,
boyle them to thiknesse, and apply it warme.

Powder of Comyn, Barley meale and hony fryed, ap-
plyed warme.

Take Rozmelon, stamp it, and Beane meale, powder
of Comyn, fry them, and warme lay it to the B. This is good
for all weakenes of the B. and when ye take away the play-
ster, wash the B. with warme viniger at eche tyme. This is
well approued.

Take Scabious, Ratselon, and Quens as much as loth,
grind them small, and make thereof pellets: dry them in an
Ouen when your bread is drawne: then make powder thereof,
and drinke thereof early and late: and if thou mayst haue the
juice of these herbes, it is the better.

For

For to expell Gnats and flies.
Cowia strowed oz burned in any place.

For swelling of the Gout.
White Colwumer made soft, oz soaked in vinegar, applied.

For to adswage payne of the Gout.

Herbane sate pund with wyne,
 Lentils boyled with barley meale,
 Colewort iulce, and meale of Pennygrah,
 Turneps boyled in milke, } applied, oz
 Bisme flowers pund with swines greace, } layd to.
 Cassia,
 Black Poppler leaues, and yong buds.
 Plunge the patient suddenly into a heape of whole Wheat, up
 to the knees.

For

For the Gout.

¶ Take Bisme flowers, Penny Royal, Pellitory of the
 wall, a like much, Stamp them with Bay Butter, put the
 in an earthen pot, set it twenty dayes in hote boyle-dung cleane
 stopped: then fry it with a part of Charpes sallads, straine it,
 and ble it.

For the Gangrene.

¶ Stamp leaues of Coleworts, and apply it, as the vyne
 of him that useth to eat Coleworts.
 ¶ Stamp blacke Elebor with vinegar, and apply it.
 ¶ Stamp Nettles with salt, and apply it.
 ¶ The water and iulce of Knot grasse applied.
 ¶ Decoction of Lupines in water and wash with it.
 ¶ The iulce and roots of Pellitory applied.
 ¶ Reddish with vinegar applied.
 ¶ Take Bones of Mayns, Stamp them, and apply them.

A playster

For Gowt in hands or feet.

Perrillous Juice mingled with Beers salt,

Curnel's leaves,

Singrene,

Penny royal,

Libanotos Juice mingled with Turay meale
and blinger,

Willo Imperatozia,

Elber grene leaves,

Sea-moss,

Acanthus grene,

Dach grene, with Saltpeeter, hony and
blinger,

Suckoz and Entive grene,

Lilly Conuallie flowers distilled with good wyne, one sponefull
drunke.

Epme with wyne, take in time and out of time of grieve with
Drimell.

Libanotos Juice mingled with Turay meale & blinger, applied.

Oppopanax applied.

Lacerpitium roote in powder, with oyle of Frios and wax made
into playster, layd to.

Ammomacum one dram taken.

Sowbryed root decoct and layd to,

White Clebor roote taken in small quantity.

Eapssa, the barke of the roote, one dram taken.

Oppium with blinger applied.

Figs milky Juice with meale of Fennigraek & blinger appllod.

Drange the patient suddenly into a heape of Wheat by to the
knees.

For

A playster wherewith the L. R. was cured, when all Chi-
rurgions thought him incurable.

Take brutoyght war halfe a pound, Rosen halfe a pound,
Olibanum one ounce, fine Litarge of gold & quarter of a
pound, white lead thre quarters of a pound beaten to pow-
der, and finely searced, a pint of oyle of Beets fat, set it on a fire
in a small vessell with the Ware and Rosen: and when it is
molten, put thereto the other powders, and stirre it fast with a
sticke, and then put a little thereof in a saluer, and if it be hard
sotryed, take it from the fire, and anoynt a sayle boord with
some Beets fat oyle; and as you may handle it for heat, work
it as it were Cordwayners ways, and make it in rolles, and
make playsters of it with a chafingdish of coales, spread it thin
on linnen or leather, and lay the playster warme wher the
payne is, and so renew it at mozne and evening, untill you bee
wholly cured, or till the ache be given to some other part, & so follow
with the playster as the payne remoueth, and beware of cold,
and hote wyndes.

A playster to cure the red Gowt, or
Gutta Rosalia.

Take old Lard, and put to it strong blinger by two dayes:
then stamp it, and put to it the barke Lappaciacuti rotes
boyled in water, Quicksilver sublimed, and Quicksilver wel
incorporated to gether, and make thereof an ointment, where-
with anoynt the face when thou goest to slepe, and in the morn-
ing wash the face, and rub the face with the liquo.

A most excellent remedy for a cold Gowt, that is Oleum
Benedictum, to heale Gutta Rosalia.

Take a fat Gander, a fat Curle or male Cat, new Ware
thre quarters of a pound, Basturcium one handfull, Bar-
rowes Greace, beat them together, and put it into the Gander:
boyle it and cole it, and with that ointment anoynt the grieve.

For

For to auoyd Grauell, and the Stone:

Ferretis without his flowers,

Peritose,

Cajompos,

Saffron roots,

Silla Lim,

Coebe grasse,

Cardus Benedictus,

Saligot, the fruts vaped with wyne,

Carretrots in powder with homed water,

Cingibium

Alperagus alone, or with Chicbe pease,

Winter Cresses seeds,

The rough spongyous ball of y^e tollid Rose,

Bome Ripe,

Pety Wabyn, tender springs,

Mex Holme,

Rhamnus sode tertium genus,

Spedler Stones in powder,

Cammomil decoct in water, applied outwardly in the
Region of the bladder.

Sallows leaves raw eaten with salt.

Stone Parcelp seed taken.

White Choyne fruit eaten.

Bitter Almonds with sweet wine taken.

Figs befoze meat eaten.

Plunatre gumme

Wild Cherry tre gumme

Nutmegs taken any way.

Cassa taken.

Fruit of Wyne tre taken.

Liquid Rozen of Firre tre taken.

Rozen of Larix tre taken, and licked in.

pund in wine,
ozunks.

Disolued in wine,
ozunks.

For to strengthen the Gummies.

Penny Royal burnt to ashes, and rub the gummies.
Pomegranats.

For

L

For swelling of gummes.

Dried Roses in wyne, anoynted & put to.

Ramble new spryngs boyled and held in the mouth.

Lycium & Dorthome decoct and held in the mouth.

Plumtree leaues decoct in water, applyed.

Olive tree leaues pound with Honey, applyed.

Passick & Lentisk leaues pound and holden in the mouth.

For fleshy moysture of gummes.

Oyle of unripe Olives applyed.

Two Apples mixt with oyle of yntments, applyed.

For Gouts fallen into the Cods.

Cypus Guts pound and layd to outwardly.

For heavinesse of the heart.

Garden Buglos eaten in Salade.

Garden Bugols flowers kept in wyne, & conserved, taken.

Pimpernell leaues, — Burnet kept in wyne, drunk.

For

For the cold Gout.

Take the iuice of Nettles, the white of an Egg, & beat them, make a playster and apply it.

For a Canker in the gummes.

First wash the soze with vinegar and Sugar three dayes: but first rub it, and then wash it with this liqour.

Take quick Lime and Sage quenched at the fire in an earthen vessel, and put to it Rozen and melt it: then cole it, and reserve it to vse.

The Canker oftentimes chanceth in the pallet, which ought to be burnt with a hote Iron, or with Gold.

Sometime it chanceth in the nostrils, the roofe or pallet of the mouth, the lips, and the gummes.

The place where it is, is eaten and compassed, and is red, and sometime it turneth in the skin, and the skinn is not eaten, but the flesh within.

Sirobis.

This disease cometh of a melancholy humour, comming like to a Canker, which in the beginning is called Sirobis.

Noli me tangere.

In the face it is called Noli me tangere.

Singulum.

In the mid body, A Circle.

Lupus.

In the seate, thighs, &c. A Wolfe, which is incurable, because the fat are the moze parts.

Regula.

In facie, Noli, in medijs partibus, Herpes,

Si sit inferius, dicitur esse Lupus.

And it is proper, ut omnis proprietates in solidiori substantia fortius imprimat effectum suum, & sic virus: and therefore is rather curable.

For swelling of the guts.

Beat & beat with vinegar, and iuice of Pimpernell, and make a playster and lay it to.

For to drive venome from the heart.

Tomentill leanes and roote boyled in wyne, drinke.

For to comfort the heart.

Clous Gillofers conserued with Sugar,
Lilly conuallly distilled water, } taken, as
Bazell } decoct in wyne, _____ } drinke.
Sage }
Balme }

For stiches or gripings at the heart.

Oxiganum boyled in wine, drinke.

For trembling and shaking of the heart.

Succory and Endiue leanes pund, } and layd to
Bramble tendzels and leanes stamped, } outwardly.
Roses decoct and eaten.
Juice of Roses decoct as infused, drinke.

For

For farnesse about the heart.

Take iulce of Fennel and hony, and boyle them till they be hard, and cate it at moyne and evening.

For swelling and stich at the heart.

Take Aep two handfols, Marven, grene Marvrod, of eche alike, stamp them and temper them with Rale Ale, and drinke it at meales.

For a Stich.

Take the bottonie of a Rye loafe, an inch thick, soft it, and then take a pynt of god viniger, and spynkle it, till it be well drunk in: then spynkle a little Palmsey on it, and lay it so hot as may be, to the stich, and follow it from place to place, warming the toke from time to time.

For a stich about the heart. A Cawdell.

Take Comyn seedes, Alisander seedes, Cloues and Pace, Craines, Licoris, of eche one dram in fine powder, a pint of Rale Ale, seeth it, and scum it clean: then put in your powder, and make a Cawdle with an Egge potched as nere as may be. Drinke this fasting in the morning, and last at night with Sugar.

D. K.

Trembling and shaking of the heart.

Marbolanes in grosse powder taken, from two drams to five drams, comforteth the trembling of the heart.

Spytell leanes taken, profiteth.

Putinegs eaten, comfort the same.

Dringes, the iulce and inner part of substance where the iulce is taken, profit much.

This disease cometh to women, by reason of the colde of the matter, and is thus cured:

Scrape a Goats home that is boyled, and giue that scraping to the patient to drinke.

For scurvy heate or itch of hands.

Spall Chickweed boyled in water and salt, often washed.

For chaps or rifts, in hands, fecte, or
fundament.

Wiper gumme, with oyle of Roses, applyed.
Pitch liquis mixt with Sulphur, applyed.

For head-ache.

Flabane seed mingled with oyle of Roses, viniger, or water,
applyed.

Singræne iuice mingled with Barly meale, and oyle
of Roses. } laid to.

Warren leaves pund with oyle of Roses, & viniger,
violets alone, or with oyle of Roses, pund.

White water-Lilly flowers conserved and eaten.

Iris roots mingled with oyle of Roses, applyed.

Sage boyled in wine, drunke.

Rue leaves pund with oyle of Roses.

Decados with the flowers, decoct and drunke.

Amis seeds burnt, and the fume taken at the nose.

Pigella roots mixt with roots of Ireos, layd to the forehead.

Wetony decoct in wyne and drunke.

Pencebanum iuice with oyle of Roses and viniger, layd to the
forehead.

Sagepnum, one dram

Amomacum, one dram

Emphobium prepared by discretion, — } taken.

For

For extreme head-ache.

Stamp Violets alone, or with oyle, and apply it,

℞ 4

For

For head-ache.

Aloes mixt with oyle of Roses and viniger, applyed.
Many leaues one dram taken.

Maydenhaire, a garland worne about the head.

Solanum Hortensis pound and layd to.

Helilot iuice mixt with oyle of Roses and viniger, poured on the head.

Cresses seed and hony layd to the head.

Uine tendzels oz claspers pound with parched Barly meale applyed.

Wilde Tyme tendzels, with oyle of Roses, pound and applyed.

Double tongue, a garland worne about the head.

Marmalad, oz Quodimack of Quinces eaten after meat.

Bitter Almonds applyed to the forehead.

For giddynesse of the head.

Fewerfew dyed to powder, two drams taken.

Bunell bzulled with oyle of Roses and viniger, applyed.

Running Time pound with oyle of Roses and viniger, applyed.

Laurel flowers alone oz with Nutmegs, applyed.

Synanon and Cloues applyed.

Helilot root with hony eaten.

Collocinthida boyled oz soaked in homeb water oz other liqors.

Wytong roots one dram taken daily one yere.

Blessed Thistle used in meat and drinke.

Agarick with Cirop Acetesi, taken.

For scurfe of the head.

White water-Lilly rote with Tarre layd to.

Capillus Veneris steeped oz boyled in Aye, to wash the head.

Boalerde ashes mingled with viniger, layd to.

For to purge the head.

Ball Celibony decoct in wine, gargarized.

Spimpernell iuice snuffed in at the nose.

Celewoyts iuice snuffed in at the nose.

Marrix perfume taken in at the nose.

For

For head-ache.

Mixe Wheat bran with Pigeons dung, and apply it with the wypte of an Egge, to the contrary side of the griefe.

For head pusses.

Stampe Violet leaues with hony, and apply it.

For a scald head.

Stampe Pyimrole rootes, fry them with fresh Butter and Tarre, and lay to the griefe.

For

For Impostumes and humours of the head.

Chillanthum flowers pound with oyle and wax, applied.
 Or, Sops of greene leaves pound with oyle of Roses and
 Masticke, applied.

For dry humours of the head,

Icelandic pond and layd to.

Wernix perfume taken in.

For to heale wounds in the head.

Clear Liquor Rosen, applied.

For old payne of the head.

White Clove: ruse taken in.

Sup twice with oyle of Roses layd to the head.

Eye meale put in a little bag, layd to.

Garlick bruised betwene the hands.

For kybed heeles.

Pennywort on the wall, layd to.

Wathe the heeles in wine, and anoynt the grief with
 gumme of Lacerpittum boyled in oyle.

Rowbzed ruse boyled and applied.

Beets boyled and wash therewith.

Horneps roasted with oyle of Roses, applied.

Squilla inner part boyled in oyle of Turpentine,
 layd to.

Pellow Assobill root sodden in oyle, layd to.

For the Hydrophy.

Poly boyled in wine or water, drunk.

Origan eaten with figges.

Hazell eaten.

Solomonella boyled with both of fat meate, corrected
 with Annis seeds, Cinnamon, Sugar and Ginger.

For

For qualifying of any hore matter, practised
 by D. Achdo.

Q Distill { Spilke ————— } into a water,
 Gallowes }
 Planten } and use it.
 Whites of Egges } D. K.

Kybed heeles.

Q Boyle Bengelwyn, or Lacerpittum in Oyle, and anoynt
 the kybed heeles, being first long bathed in white wine.

Q Make a playster with Wax and burnt figges, and ap-
 ply thereto.

Far

For the Emerods inward and outward.

Dogs young roasted in smbers, applyed hote.
 Small ~~Swine~~ pums in wyne or wyne, the root layd to.
 Galeopsis the roote eaten.
 Capraria buisced with oyle of Roses, layd to.
 Wild Imperatoria pum and layd to.
 Lacerpitium rote bogled with Pomegranat pillas, and vini-
 ger, layd to.
 Poly wot mingled with Popston, applyed.
 Alocs boyled with wyne and honey, applyed.
 Balsamum oyle applyed on cotton.
 Purcelayne iuice drunke.
 Dnyos eaten with wine.
 Bramble tendzels and leaves stamped, layd to.
 Shumak, or Rhos, pum with Oke coles, applyed.
 Figs milky take layd to.

For the Yex or Hicket.

A Liffon drunke, or held to the nose.
 Mynte, two or thre branches with iuice of lowe
 Pomegranats, drunke.
 Will sed chafed, and often smelled to.
 Altholochia rotunda ginen in drinke.
 Rubarbe taken.
 Ceterach leaves decoct and drunke.
 Sherit roots, the iuice with wine or Goats milke,
 drunke.
 Nutmegs eaten or drunke.

For to dissolue cold humours.

Sothernwood infused in oyle, anoynt the member taken with
 cold.
 Marula decoct with wine and drunke.
 Stechados decoct with his flowers, or alone drunke.
 Wild Parcelay rote holden in the mouth.

For noyse and sound in the eares, and to
 moue hearing.

Figes and Mustard sed, pum and layd to.

For

For the Emerods.

Take flaxe sed, boyle it in May butter, till it be soft and
 thicke, and lay it to hote. Duglas.

Ad idem.

Take blacks sope one ounce, Swines greace one ounce
 and a halfe, a little bay salt in fine powder, temper it and lay it
 to the grieve.

Take beards of Laks vnset, boyle them and stamp them
 with Saffron, Graynell, and lay that oymnt hote with a
 cloth to the grieve.

For the Yex or Hicket.

When the Yex or Hicket cometh, let the patient speake as
 if it should be to the Hicket, and say this word, Enough.
Duglas.

Ad idem.

Take oyle of Lillyes, and anoynt the body of the sick with
 it oftentimes.

For Emerods.

Take leaves of Pennyher, called Canell leaues. wash
 them cleane put them in a paper, roast them in ymbers,
 and apply them hote as may be suffred: make powder of them,
 and cast it into the soze.

For the same.

Take red warts, boyle them in a pot, and sit ouer the
 same in a close chayze, till it be cold, & anoynt the grieve.

For the same.

Take a plate of Lead, and rub thereon Barrowes greace
 for a man, and Swines greace for a woman, wash it out
 with white wine, and anoynt the grieve.

For

For to waste waterish humours.

Wild Cowcumer, the iulce of the barke of p root with wyne,
 Walt-wozt roots boyld in wine, dzunke. (dzunke,
 Wild Bziony root boyled in wine or water, temperd with sea,
 Solbonella boyled with fat meat bzoth. (water, dzunk.
 Wild Lettice iulce with Orimell, dzunke.
 Bzome leaves or bzanches boyld in wine, dzunke.
 Spanish Bzome ſaw taken.

For the launders.

T ymenthill leaves,	P lanten roote,	} decoct in wine and dzunke.
C otula,	B uphthalmus,	
C hryſanthemum,	C hryſanthemum ſeed,	
P oly,	B ayell,	
R osemary,	D ulcamara,	
D ober,	C etrach,	
S uccory iulce,	S ourbus,	
B ay roote,	F rangula,	

Glaruenleaves dzunk in old wine, one dzam & halfe, xl. dayes.
Organum boyled, and the patient bathed.
Libanotus ſeeds decoct with Pepper, taken.
Lacerpitium taken with dyed figges.
Alcakengi fruit eaten.
Garren madder roots decoct in Orimell, dzunke.
Carret roots in powder with homed water, dzunke.
Criſmon ſeeds mingled with homed water, dzunke.
Squilla rosted and prepared, taken.
Red Roſe iulce dzunke. **F**rangula decoct and dzunk.

For the launders and yellow ſought.

C ommon M oſe wood infused,	} dzunke.
C hameptis leaves infused,	
C elibony boyled in wine with Annis ſeeds,	
S aſſron ſtowers with homed water,	
C omza leaves and flowers decoct,	
C uphaſe boyled in wine,	
H emphred ſtamped in wyne,	
W ode flaxe decoct, B ugle decoct,	
C onſolida boyled in water,	
C alamyt and homed water,	

For

For the Pyles.

Red ſweet Leeks in a Deck leafe, or a paper, ſtamp them,
 & put to them May butter, and mix them well, and it will
 be a ſalve, and when the Pyles war angry, lay that warme to
 it: you muſt take the Leeks greene and white, the barbes cut:
 and when this medicine hath dzawne it well, waſh the griefe
 with womans milke.

To ſtay the bleeding of Pyles.

Drinke iulce of Mylletelly, which is approued good.

Apply powder of burnt Garlick, & the Pyles will dye.

Take oyle of Roſes, Franchincence, & hony, make ther-
 of an oyntment, & put it into the fundament with thy finger,
 and put therein to myrrh, and let the ſume thereof go bp into
 the fundament.

Synd blacke wooll and blacke ſoape to the griefe.

For the blacke laundis.

Take wheate ſtrato, and ſtrato it abroad on the floore in a
 cloſe houſe, and put in Gaſe, and watch them when they
 dung: take it bp whole, and with a knife ſcrape off the white
 that is about the dung, till you haue a good quantity: then dry
 it in an ouen, make it into powder, and dzinke thereof in Ale
 at mozne and euen.

Take the gall of a Raven, dry it, and make it in powder,
 take a quantity thereof in a ſpoue, temper it with Ware or
 Ale together, and dzinke it ſalling.

For yellow laundis.

Take a big Apple, cut off the top as a couer, take out the
 coze, and put into it ſome ſweet Butter, and a good deale of
 Turmericke, and a pretty quantity of Engliſh Saſſron, roſte it
 very tenderly, and let the ſicke eat of it thre or foure moynings
 or oftner together.

For the Yex or Hicker.

Take bark of a Pomegranat tree, Senny, Planten, Warts
 young, Parcelz, Wreane meale, 3. ounces, Saſſron, make
 it in powder, and giue it the patient to dzinke daily ſalling.

Take dzyn of a mayd child, Cole dung, and Cole graſſe,
 temper them together, and let the patient dzinke thereof nyne
 dayes together.

For

For the launders and yellow foughe.

Small Centoꝝ decoct, ————— }
 Solombꝝe roe decoct, ————— } drunke.
 Black Eleboꝝ boyled in water with Rue,
 and Cgrimony, oꝝ bastard Cypatoꝝ,
 Scamony twice dyed, fixe wheate coꝝnes wayght with Dꝛache
 seeds and homed water, taken.
 Shæps Hoꝝrell decoct and drunke.
 Bꝛæholme decoct and drunke.
 Cassia oꝝawne and eaten.

For swelling and corruption of the lawes.

Saligot leanes ————— }
 Figges ————— } decoct and gargarized.
 Plumtree leanes ————— }
 Spallich, the teath and lawes rubbed.

For Impostumes.

Vlad of the Garden, ————— }
 Lynsed with Figs, ————— } pund and
 Planten leanes, ————— } layd to.
 Corula lutea, ————— }
 Wild Cowcumer root, with parched Barly,
 Sea-molle, ————— }
 Chick Pease with Barly meale and hony,
 Lupines flower, with parched Barly meale } layd to.
 and homed water, ————— }
 Juice of Endive with Ceruce, —white lead,
 Vnguentum popilion, ————— }

For

For the yellow laundes.

¶ Take Hop, Betony, Scablos, Cgrimony, hely Abisile, of
 eche a bꝛaunch as big as both your thumbs: Boꝝage,
 Buglos, Succoꝝ, Endive, Hoꝝrel, Limetoꝝ, Planten, Violet
 leanes, of eche a quarter of a handfull, Spere mynts fine crops,
 Mercory leanes, water-Cresses, Celidony, of ech halfe a hand-
 full, Raisins of the Sunne stoned, halfe a handfull, Damaske
 Pꝛuncks stoned eleven sponsuls, of Barley coꝝnes knocked &
 cleane washed, 3. sponsuls, of Liccoꝝ scraped & thin sliced two
 sponsuls, of water thre pintes: boyle all to the thirde part wa-
 red: Straine it, and put to it Pembro halfe an ounce, Synna-
 mom the wayght of eight pence bruised: then seeth it a little,
 and strayne it againe, and giue the sick to drinke of it first and
 last, a draught blood warme.

D. K.

Adidem.

¶ Take Turmericke, and the inner barke of Wiperich tree, of
 eche an ounce, make it in powder, & eat it in potage every
 morning and supper: and take Celidony water, a good draught
 thre houres after supper.

For blacke laundes.

¶ Take Aloes, Cpatike, Azarum, Annis seeds, Synnamom,
 Comph seeds, Hemp seeds, Liccoꝝ, Enula campana root,
 Brome seed, of eche one ounce, make it in powder, and eat it
 in potage.

For iaw-fallen, mould-fallen, or roose-fallen.

¶ Redd a handfull of Chickweed in ymbers, and apply it to
 the bone of the necke, and apply some leins of wheate
 bread to the mould of the head ix. houres, to raise it.

99

For

For Impostumes about the priuy members or geniours
of men or women.

Swerewort greene stamped, layd to.

White Lilly rote mingled with binger, or the leaues of
Benbane, or Barly meale, layd to.

Will seed burned or parched, layd to the part, cureth the swell-
ling lumps and rifts of the same, and of the fundament.

Will hearbe made into alhes, throwed on the thare or priuy
parts, cureth most blcers.

Astrolochia rotunda mirt with Treos, and bathe the grieve.

Galingale in powder, throwed on.

Slices in powder throwed on, cureth the blcers of the priuy
members and fundament.

Mall-wort leaues and new buds, pund and layd to.

Beaue meale layd to.

Endive or Succory græne leaues pund,

Lettice græne leaues pund,

Souchus iuice,

Crismon seade mingled with hony and water,

Pellow Affodil roots, boyled in wine lees,

Agnus castus leaues with Butter,

Plane tree young leaues decoct,

Splieto leaues and fruit, with Tarre & Ollare,

Plamin tree leaues pund,

Fennell boyled in wine,

layd to.

For to soften Impostumes about the fundament,

Violets stamped with Barly meale,

Roots of Iris mingled with hony,

Blacke Hozehound pund,

Will seade burned or parched,

Libanotus leaues pund,

Selilot, a Quince and oyle of Roses,

Selilot by it selfe decoct in Rhat wine,

Liquid Rozen with Putmege and Sugar,

app'ed, or
layd to.

For the Ape gall.

Burne a cleane linnen cloth to ashes, and muddle it with
oyle of egges, and apply it virgæ.

Burne Clay to ashes, and lay to the grieve, and wasp a
linnen cloth virgæ.

For swelling of the P.

Take iuice of Hozell, Lynsæd and Barrowes greace, fry
them, and lay to hote.

Take foure Figges and Dateucale muddled with oyle
Olive, and lay to.

Take Lynsæd in powder, thicke boyled in womans
milke, and lay it all about the Part.

For scalding of the P.

Take herbe Robert, herbe Walter, Englos, Ruens, Egri-
mony, Sanicle, Herymozell, Bengraue, Pimpernel, Fe-
bane, red Berries, of eche a handfull, waggelb, Paycheyre,
Hemp, Ople, Ribwort, Byter tops, of eche a quarter of a hand-
full, wash and stamp them well, and to thereto a quart of good
May butter clarified stamp all together: then put them into an
earthen pan and crush them well with thy hands, that it be not
hollow: then couer it well, and let it stand ix. dayes and ix.
nights: then worke it, ryp it well, and stamp it to an oynment;
and anoynt the grieve. It will heale the scalding, or any wound
that is curcable, on what ranke.

For scalding or a womans priuity.

Take herbe Robert, Rye, of eche a handfull, stampe them
in a mortar, put thereto hony, and fry them, make a play-
ster, and apply it as hote as may be to the fundament.

For Sacristis, or using of the Yerd.

Eate seeds of Agnus Castus, or boyll it in wine, and plat-
ter it to the reynes and secret parts.

Boyle Comyn with wine or water, and oynke it, or ap-
ply it to the grieve.

Stamp water-Lillie, and apply it.

To breake hard Impoſtunes, or ſwelling Vicers.

Narcifus rotes mingled with Pettie ſeds & Viniger, layd to.

White Wyony rote pund with oyle,

Barley meale boyled in homed water, with

Figges,

Marap meale with Pigeons dung and oyle of

Lynseed boyled and applyed to,

Fenigreek meale boyled in homed water,

Peto Figs with wheate meale, with Lynseed

Fennigreek and rootes of Lillyes,

For inward inflammations.

Pauces flowers with the herbe and plant boyled,

Woad Sage boyled in wine or water,

For hote inflammations.

Hounds tongue boyled in water or wine

Mullago greene leaues pund with hony

Pennywort on the wall, pund

Net-graſſe greene leaues, pund

Singrene alone, or with barley meale, pund

Maruch greene leaues, pund

Adders tongue incorporate with Swines greace

Blampnell greene leaues pund

Willifolli leaues pund

Comfrey with the leaues of Groundſell, pund

Violets bruised with Barly meale

Trifol leaues ſod in oyle

Cane reed greene tender leaues ſtamped

Cardus Benedictus, pund

Dryche greene bruised

White Beete leaues bruised and boyled,

Coicwort iuice alone, or with parched barly meale

Endiue and Siccoyy greene leaues, pund

Acatia iuice, Rhamnus iuice,

Date tree leaues and banches, pund

Red Cowberries chawed and holden in the mouth.

layd to.

For

To clenſe the lungs and breſt.

¶ Flowers of Hearts eaſe, or Pauces, boyled with the herbe or plant, and drunk, clenſeth the lungs and breſt, and is good againſt Feuers and inflammations.

Vnguentum Album Camphoratum.

¶ Take oyle of Roſes halfe a pound, ſweet beale ſoft fryed, three ounces, white Wax one pound, ſet it on a ſoft fire and melt it: then take it off, and put in a quarter of lead, and the white of two new layd egges, beaten with Roſe water, labour theſe in a mortar, and then put in the Camphire, ſine brought powder, one dram, the ſpace of two houres: then put it in a gally pot.

This mitigateth payne, and quencheth all hote cauſe.

For

For ache of ioynes that haue bene broken.

The great Burseroots, one dram pund with Wyne apple kernels, layd to.

Elebane leede mingled with oyle of Roses and viniger, or water, playster-wise layd to.

Dead Nettles pund and layd to.

For parts being out of ioyns,

Sweetened rote boyled in broth, and eaten.

Cane rade, or Spere rote, pund and layd to.

For itch of scuruiusle.

Hysop decoct, and bathe the itch.

Lotuslagresed mingled with oyle, and anoynted.

Sany leanes decoct with a Chicken broth, or with Perry, made with Bearea, or some other good liquo, drunk.

Wypon fruite anoynted.

Sheeps Sorrell broth boyled in viniger, applyed.

Lampiana bruised and layd to.

For hollow kybes.

Pdole rade cotton applyed.

For extreame Itche.
Take a reue quente the same with fasting for well
or powder, or iuce of Helianthus. Anoynte the
same with oile of Lauremo. Anoynte the
the palms of the handes rubbing them with
the oyle & smil to thy handes & thy
mouth open. let this be used three dayes
together first & laste without ceasing after
lett in three howers.

Incidentia & Scabies.

Take Oxenoes cut in Stages & put them
into a gallon of water with 1/2 of a bushel
boyle the same to the halfe & drinke the
same.

For the scuruy itch.

Boyle Rosemary and Selondine, of eche one handfull in
halfe a pynte of viniger, drayne it, and put to it a quan-
tity of white Coperois, whilest it is hote, & wash often with it.

Wise salt with oyle and viniger.

Boyle small Chickwede with salt in water, and wash often
the scuruy itch.

Wormes in hands and feete.

Boyle the iuce of Wormewood in May Butter, and red
Docks, and make it to a salve, and anoynt the griele.

Wash the hands with iuce of { Rue, — Rue wa-
Wormezrell, }
Coroppons, — Salt.

Wormes in Children.

The iuce of graffe mixed with hony & the powder
of Wormewood taken in drinke; or els
For
the iuce of graffe with the hony & anoynt
the Childer hony
or with the iuce of Wormewood & anoynt the
Childer hony.

For the Kings' Eunuchs

Root leaves, in the dish, wine and pepper, all in one
 ny, of pana fifth, swines grease, and applied.

Coziander greene with Beane meale, pond

Lacerpitiu rots pand with ople

Scuplers pound with salt and oyle.

Saligot leaves puno

Asperine leaues pundo with Stoynes greace } and laye so.

Grounds full with salt, pond

Indian Pepper with honey, pure

Pepper and pitch

Figtree leaves pond

Squilla leaves laid to four days.

Shops & Zell roots hanged about the necke.

For Ulcers of Kidneys.

Single decoct in wine, or water, or unke.

Boat on base, one amphibious tank, one tank.

spallot covered in branes & aculee & allate, or with felt.

Rozen op zaterdag, bij aanvang van de wedstrijd.

Fluoroplasty of plastic for repair

10-10-68

...the ... of the ...

Right of Iron. 13. Cap. 15.

late murex raising earth & twilight in about 11 - les
 xris inc Frigo Eric Scales of Iron and Ice
 twilight. & 6 murex twilight of wave. inter-
 porate them well according to arte ^{the} one star
 of cyle. & this being made Acetic ~~and~~ in redoubt
 the better in more murex ^{the} one good Cerot.

To dissolve scriphules or kernels,

¶ Take Mustard seed, Rattle seed, Spumam Maris, Astrologic, Armoniacum, oile Oyle and ~~ways~~, make a playster and apply it.

• which is the perfect.

Re tome partes of water. & quench the therein hote
Irons often times & thus raise the water re-
conjured. then mixe in the same water one
pounce of hote or warme steeled lime. the spide
of reddy horeers. & the last straine the water
as then by saue therein 15 graynes of Elixymen
venetis. or 15. graynes of vitriole. & twentie
graynes of Camphire. this dothe cleve &
dye waters excellently. *Aliter*

Boyle in a newe cartmen vessel very cleere
water. as soon as it beginneth to boyle
put into ytt vnlicked lime. & presently pitch
it into a newe parte of earthe. lett ytt rest
there untill after ytt be scoured ytt become cleere
& the yme falling to the bottome lye pap.
After leane the vessel a yre, & refurne the
water cleere in a cleane vessel. in wch
being warme dyp a lyming stone & applye
in steede of a playster to the vice. wch neuer
ytt open.

For stopping and payne of the kidneys.

Veronica decoct
 Impernell decoct in wine
 Eode flaxe decoct
 Planchen rootes and skede decoct in wine
 Doreistayle decoct in wine
 Devils Bit decoct
 Fennell herbe, rose and seeds decoct
 Betony decoct Cuscuta decoct in wine
 Hops decoct Melilot boyled in wine
 Sea-bull boyled in wine
 Garden madder boyled in boyled water
 Tragagant steeped in wine
 Carret roots in powder with boyled water
 Parcelly roots decoct
 Water Cresses decoct
 Sebestenes decoct
 Cassia in decoction of Licozis, Parcelly rootes,
 or Chiches
 Fruit of Juniper decoct in boyled water or wine
 Benedanū root by it self, or with butter Almonds,
 Sheepes Chiches
 Purcelane in Salade Bulba Cassanea
 Petrocilum Macedonicum seed
 Smyracum seed
 Basse tree fruite
 Bitter Almonds
 Figges befoze meate
 Quinages steeped in oyle of sweet Almonds.
 Agarick onedzem
 Rozen of Turpentine tree

For to drive away Gnats.

Yellow Lysimachus, dyed and perfumed.
 For lamenesse.

The Cupposblum, and twelve times so much oyle, and alst-
 le war, lay it to ache of toyns, palsey, lamer esse, cramps,
 shynking of knelwes, and against all aches, and paynes of
 the same.

and drunk.

taken and
eaten.

For

For swelling and ache in the knees.

Take Wormwood, Egrimony, and Warden, Longe, herb
 Beant, Betty morell, and Rue, of eche a like much,
 Stamp them and fry them with two parts of fresh Butter, and
 one part of white wine, make a playster, and as hote as may be
 suffred, apply it to the payne.

Payne in the knees.

Take Rue and Longe, Stamp them, and meddle them
 with hony, fry them, and lay to the knees as hote as may
 be suffred two or thre times.

Be Knottes & Knobs.

R the oldest & most mouldie these you can
 finde encage y^t wth the beotte of an Buton or
 Lunde & thes^e make a playster to laye ope
 the p^{ar}te. After take Conchula Inoira
 & stamp y^t in wine or Myrror &
 and applye it to the place. After
 Take store handes full of Balme & Danoclion, or
 in wine pyntes of v^{er}one some the and a
 good space in a pot of earthe close covered, &
 that it maye venter all come to a pynte.
 then straine y^t & putt y^e to half a pynne
 of newe y^eche hoxe grease; 3 m^l of aqua
 vine & boyle all together the space of one houre
 & half after putt y^e to y^e Spoke some
 wth 3 ii. stir y^t well wth a spatule. wth
 y^e contentment shall the members by the y^e.

Rams little Dodeon.

For to stop the Laske.

Byst rote in wine.

Berminals in wine,

Egrimony seede in wine,

Hypericen with his flowers and seeds in wine,

Shepherdos purle,

Tozmentill rote in powder in wine,

Strawbery plants in wine,

Willde Tansey,

Hozletayle,

Flebane seeds, parched and brylled,

Flax weed oz sophia, in wine oz Smiths water,

Parrot, Flower gentle,

White water-Lilly rote oz seeds,

Hiacynthus Orientalis,

Fly Dychis rotes,

Willd Bayell,

Garden Rue leaves,

Annis seede,

Coxlander seede parched,

Dancus rote,

Harts tongue,

Polle,

Blache Poppseyde,

Pannik seeds,

Lentils, & secono decoction, the first cast away,

Deale earth Nut,

Hares seate,

Common Ruth seede parched,

Dock seede and soxell,

Great Condylla tuice,

Koles pellow seades,

Cassus flowers,

Lotus weed Hanings,

Oke leaves, barke, and Acoyme cups,

Pyne apple scales,

Swines Cresses rosted in ymbres, eaten.

Annis seeds taken any wayes.

Kubarbe taken by discretion.

Endive and Succory beyled and eaten with viniger.

Purcelayne seeds taken in,

Parth Pallowes, græne seede oz dyed, pound and drunke.

Sherit rote twice drunke with Goats milke.

Mayson kernels brylled drunke.

Whitpe grapes flower, & whipe fruit of the wild grape, taken.

For

For costinenesse.

¶ Make a Subpositoꝝ with honey.

¶ Take Senny, Sope, and the Rowze of wheate, & the Juice of the root of Wallwort, sethe them together, make a playster, and lay it on the wombe, and it wil procure a speedy hege.

¶ Take Pallowes and Mercury, and boyle them with a piece of porke, make pottage thereof, and eat well thereof, and drinke white wyne to it.

¶ Take a piece of porke enterlarded, and boyle it well in water: then take the bryth up in a dish, & cole it, till it be milke warme: then take Mercury, Violet leanes, Bozage, & Rushe, alike much, make wozts with that porke and bryth, and eat thereof a quantity; and in the middle of your eating, take a quantity of stale Ale, and meddle it with the sayd bryth, and drinke it in the middle of the pottage, &c. and use this.

An easy Laske for digestion.

¶ Take two penny waight Electuarij Rosarum, and eate it oz drinke it with Ale oz Wyne, and it shall procure easy Laske. It is tolerable for a woman with childe.

To stop

For to stop the Laske,

Great Camarisk the fruite taken,
 Berberies the fruite
 Acacia the iuice
 White Thorne the fruite
 Licium taken in,
 Pomegranat seeds dyed in the Sun,
 Quinces
 Almonds befoze meat,
 Some rough choke Peares
 Wild Plumes iuice
 Black some Cherries
 Coznell fruite
 Some Apples gathered befoze they bee
 ripe, dyed in the Sun,
 Of the apples or galls taken any wayes.
 Ciprus fruit, or decoction thereof take it.

eaten.

To stop the Lask, coming of chol-
 lerick humours,

Red Currberries eaten.

For to heale legges or armes broken.

Elme leaues, the broth, or the bark or rinde, to bathe
 the legs or armes broken.

For sores that runne in the legges.

Pond weed, or water spike, pound with water and
 vinegar, applyed.

For

To stop the Laske.

Take an Egge, and Aqua composita, boyle it with the
 Egge till it be dyed, then eate it with Symmamom and
 Sugar.

TBoyle Starch in milke and Sugar to pap, and geue it
 the patient.

For a sore thynne.

Take Diamond, Bugle, Plantain and Betony, stampe it
 well, and meddell it with Beane meale, honey and oyle,
 boyle it well, and vse it till it be whole.

For swelling legges or budge.

Take beards great, Scheren, rinde, mugwort, *Herba thei acati*
 rosmarines, anna *et lib. manu*
 cut the beards small, & broyle the byrries. then put
 them in a pipkin with *scripto*
 some vinegar, & let be close stopp'd & infused
 24 houres if the beards be greene: but if the
 beards be drye, let them infuse a week, after
 distill all in Balneo until all be drye: then
 take like quantity of beards & byrries, &
 put into that distilled water to infuse &
 be distilled againe as before. For sores all
 the thies come into this laste infusion, add
 Methurine $\frac{1}{2}$ m^l of beards & byrries
 of the distilled

For the Liturgy of Sleeping Sickness:

R The talce with blinger given to smell unto.

• Benzodiazepine route given to small onto.

**Cuphorbium mingled with oyle, Grated and layd to
the Temples.**

Decay made in plaster with figs, layd to the head.

For the Lazer and Lepry.

Calamint boyled in wine and drunke, and the same eaten,
and to drinke way of sweet milke after it.

Lithemall root boiled in vinegar, applied.

25, ion y f e u l l a p p l y e d

Vitis alba, 02 Clematis leucocarpa 0pon.

aurap' mēatē wōpō lōphur ang biniget, applied.

Henry entangles with Dniger, applied.

Garlick pnned with oyle and salt, laye to.

Figges milky juice with Barly meale parched, applied.

Digne for leaves pure with vulgar, type 10.

the same until the seeds be dry as before.

the day we go to the water for a man of 3 m

For a man, to be generous & to be a great king

of traces of the diolite in the morning's output

will produce, create, by the more voice,

write the better during the process.

poloctic leather. for a woman's jacket

renewed love devotion for a life

[illegible]

... ..

For Lazer and Lepny.

1 A Catia being grüed with viniger, abateth puches of þe leproy.

2. Slices of the bark of Ash mixed with water, and anopne the Lepyr.

3 Players made with Barley meal applied, profiteth the
scurfe and Lepz.

4. **Wilyng fruit good againſt ſcab, leproy, and naughty ſcab.**

5 To preserve thee from leproy, chewe Calamint fasting, and
hold it in thy mouth, and it profiteth.

6 Let Hazers and Lepers eat of Calamput, and drink it in whey of sweet milke.

7 Stamp & colour in with bintger, and apply it.

8 Mixe three parts of the iulce with two parts of biniger, and anoynt the scurfe.

9 Darnell with Bismuth and Liniger applied, cureth.

10 Black Ellerbe stamped with finger, applied.

11 White Elleboze boyled in wine, with Leuage & Fennell,
and wash the gricfe.

12 Boyle Cloer leaves in Strong wine, and bathe.

13 Elm green leaves stamped with blister, anointed, helped greatly.

14 Figs milke twice anoynted, cureth, and the same applyed
with the yolke of an Egge, helpeth.

15. Veronica, 02. Schnell getrocknet und applied, profitetb.

16 Spire ashes of Garlick with hony and may butter, and an
oynt: o2 anoynt with the iulce therof, o2 Stamp it with oyle
and salt, and apply it.

Lippe saluc.

¶ Take Rosemary flowers, Sallet oyle, Rose wafer, un-
wrought ware, bruise the buds, and boyle them all toge-
ther, but very little, for feare of burning black, and use it.

For lice and nits in the body and apparrell.

Golden Sterchas boyled in lye, and the hayze washed.
 Gumme of Topy killeth them.

Bates broth, wash the head with it.

Willow Passerag boyled in lye, and wash the head.

Garlick decoct with Oyrigan and wine drunke, killeth them.

Stecaz, alias Philago, boyled in wyne and washed.

To drive them from the head and body.

Oyrigan decoct in wine, drunke.

Stacefagre mingled with oyle, and anoynted.

Samarisk with the buds and tendzels decoct, and wash them.

Ceder decoct, the liquoz anoynted.

To strengthen the Liver.

A Grimony decoct in wine,	} drunke.
White Hozehound iuice,	
Pentaphilon iuice,	
Seahull made in powder,	
Wood, one put in wine,	
Each fruite put in wine,	
Roses iuice, or decoction,	
Whitch puts eaten.	

For

For lice and nits in the body and apparrell.

Appre the shirt ouer Quicksilver burnt vpon coales.

Strew Hozsempts in your chamber.

Take iuice of Rue, and anoynt your body with it.

Take Coſt, boyls it in water, and spinkle the house with it.

To drive away lice.

Take Quicksilver, 1. ounce, Barisfrage, two ounces, Barrowes greace six ounces, meddle them together, & anoynt therewith the armeholes, and the Hauell, the bredth of a penny, and they shall goe away: or anoynt they with iuice of Rue.

For scabs and lice.

Take Quicksilver, and lay it with salting spittle, 1. ounce, meddle them with the white of an Egge, and boile it on a wcollen clout, and gird it about thy naked middle, shaped like a girdle, and then couer it with a linnen cloth, and gird it as also, sayd, and weare it six dayes, and it shall lay all.

For the consumption of the Liver.

Take a pottle of Moxt, not strong, Paydenhaire one handfull, Liverwort one handfull, Harts toug six leaues, parcell roots one handfull, fennell roots halfe a handfull, the pith of both roots taken out: bzuise the roots a little, wash them & boyle them to halfe, or thre pynts: immediately after the first boyling put to it Saunders one ounce, and when it is almost sob, put in a quantity of Canell bzuised: then strayne it through an Apras bag softly, and let the patient drinke thereof euery morning due or six spoonesfull, one houre before repast, and as much at night before rest.

For inflammation of the Liver.

Romane Wormewood,
 Bastard Gylmory
 Hepatica
 Scordium,
 Small Dayles
 Aloets
 Linctwort

} decoct in wine and drinke.

Weymouzell green leaues pound & layd to outwardly,
 Whorts black stewed, — Whortell herbes,
 Goleberries greene with meate,
 Licoris roote,
 Pomegranat iulce,

} eaten.

For stopping of the Liver.

Caneplis steeped in wyne.
 Chelubny roote decoct with Anns seeds in white wine.
 flowers of Saffron with homed water.
 Winipernell decoct in wine,
 Grimony decoct,
 Hempseed stamped in wine,
 Ours, — Mode flaxe decoct,
 Wormentill leaues and roots decoct,
 Planten root & seed decoct in white wine,
 Bugle,
 Quens, } decoct in wyne,
 Sarsens consound decoct in water,
 Sage decoct in water,
 White Popchord decoct in water,
 Stecados flowers decoct,
 Fennell, herbe, seed and roote decoct,
 Betony decoct,
 Centauri maius the roote decoct,
 Rubarbe infused by discretion,
 Stony roote dyed,
 Cleboyne decoct in wine,
 Powdyed root dyed, taken with wyne and Weymouzell.

} drinke.

For

A playster to coole the Liver.

Take a piece of scarlet, cut it like a liver, the size of the
 cell, as much vinegar, and a little Rose water, the powder
 of Saunders: boyle all together, and lay it hote to the place of
 the liver.

For to restore the Liver.

Take a quantity of wild Tansey, stampe it, and drinke it
 with wyne or ale, ix. dayes or more.

3

For

For stopping of the Liuer.

Sceny leanes prepared, decoct,
Dulcamara decoct,

Poppes,

Capillus Veneris,

Aluerwort,

Horned Popy rote decoct in water to halfe,

Lupines with Rue and Pepper in wine,

Succory iuice,

Caret rote in powder with homed water,

Barcelp decoct,

Shepherds Pseale decoct in wine,

Asperagus by it selfe, or with chicke pease,
decoct,

Iuice of red Roses,

Wisme leanes, crops and byaunches decoct,

Agnus Castus seedes,

Peach tre leanes decoct,

Mulbery tre rote bark decoct,

Wild Ash leanes decoct,

Fruit of Juniper decoct in Wyne or Hy,
byomell,

Cetrach taken with vintger forty dayes,

Chiches Weetes

Sampere in Salade

Barcelp Dyped Raylins

Capres in Salade

Bitter Almonds

Putinegs

Wyne tree fruite

Agartick

Mozen of Turpentine tre

For payne of the loynes.

Byglos rote boyled in wyne, byunke.

To increase loue.

Wylde Caret roots taken any wayes.

byunke.

eaten.

For

For Gonozzea.

By ole of Nymphaea. iij. of Camphere iij.
of Turbentyne re: iij. of Rose ar: iij. Sugar
iij. make all in fyne powder & make the
pauke to an Electuare. Ex lib: manu scripto.

For to increase loue.

Eate the roots of Carets.

3 4

A water

For inflammation of the Lungs.

Ethiopia root decoct & confect, & constrained in Rosh honey.

Syrup of Violets eaten.

Pulmonaria made in powder, and drunk, — Sea-moss.**B**itter Almonds eaten.

For to cleanse the Lungs.

Panacea herbe and flowers decoct, & drunk.**B**otras, — Oke of Jerusalem boyled in wine, & drunk.**A**ris root new gathered, with Sugar & Honey,**P**enny royal with honey**D**ilgan with honey licked in,**S**aitacoll one dram taken,**L**icoris root

eaten.

For roughness of the Lungs.

Figges eaten.**I**solubes in Eleagny & Syrop, eaten.**S**omme of the wild Cherry tree in wine, & drunk.

For dryness and harme of the Lungs.

Veronica water with wine distilled, and often draken, until
it be red of colour, & drunk, —**M**unularia**S**inkfoyle tender root in ice,**L**ojmentill root**S**cabios herbe & root,**B**lack Polyn with his pleasant flowers,**S**anicle leaves & root decoct in water & honey,**C**omphy root,**R**ue**S**tecados —**E**thiopia root confect with honey, often licked.**G**arden Parcenep root —**R**apins dyed,**P**eeche kernels**F**igges**F**ish Pots**P**ene Pot kernels —**T**urpentine in Eleagny with honey, taken.**L**icoris root**B**itter Almonds**S**ebellenesdecoct in wine
and drunk.

eaten.

For

A water to cleanse the lungs and stomake.

Take new Ale out of the fat, one gallon, a good quantity of
Licoris cleane scraped and shaved, as much Annis seeds,
as much Fennell seeds, as much Coriander seeds dyed, Cento-
ry one handfull: lay them in to steape xxij. hours in the Ale,
fill it and drinke of it, soure sponfuls every morning fasting.

A marueylous and precious water.

Take Calingale, Cloues, Quibites, Ginger, Melilot, Car-
damomum, Pace. Nutmegs, of eche one dram, the iuice of
Celibony halfe a pynt: mixe all these made in powder with the
iuice, and a pynt of good Aqua vita, & these pynts of good white
wyne: put all together in a Stillioze of glasse, and let it stand
all night, and in the morning fill it with an easy fire as can be.

It is of a secret vertue.

It dissolvethe the swelling of the lungs, without grievance.**I**f the lungs be wounde or perished, it mightily comforteth
them, and sufficeth not the blood to putrify. **U**se that vseth this
water, shall not need to be let blood.**I**t sufficeth not the heart to be burnt, nor melancholy, nor
scurie to be lifted up, or to haue dominion aboue nature.**I**t expelleth the Rheume, ppositeth the stomake, and conser-
ueth a good colour, and youth in his estate: it also conserueth the
visage and memory.**I**t destroyeth the Palsey of the tongue and lymmes.**I**f one sponfull be giuen to one labouring at the poynnt of
death, it reuiuethe.**O**f all waters artificiall, it is the best.**I**n the Summer vse one sponfull once a weeke fasting, and
in the Winter two sponfuls.

For

For to take away marks, comming by stripes or beating.

I Hop decoct and washed.

Margerom dyed, mingled with hony,
 Dalganum mingled with hony and oyle,
 Calamynt boyled in wyne often washed,
 Rne rote in powder mingled with hony,
 Fennell roots pund with hony,
 Amcos pund with hony,
 Acerpitium roots pund with hony,
 Aloes Citrine with hony,
 Topsta, the barke of the rote with Frankincence and ware,
 White Blyon rote with wine pund,
 Vitis Siluestris fruit,
 Dulcamara decoct,
 Colewort leaves with parched Barly pund,
 Cenoy mingled with hony and new grease,
 Rocket seed pund with hony,
 Garlick pund,
 Water Pepper leaves and seed pund,
 Oyle of Bay anoynted.
 Oyle of Buts anoynted.

For to take away marks with hote irons.

L Quertwort pund and layd to.

For to take away marks of small Poxe.

S Amblyed rote stamped and layd to.

For to mundify the Matrix.

L Acerpitium leaues boyled in wyne,
 Astrelochia longa with pepper and Myrrh,
 Blyon rootes dyed, as much as a Peane, with
 boyled water,
 Lawrell of Alexandria decoct in wine,

drinke.

For

For the Marmoll, or Malum mortuum.

I It is an infirmity about the shynnes and armes, which is called Malum mortuum: they be old wan sores, little matter growyng therein.

Other while it cometh of melancholy, mixed with Salceplen: if it come of melancholy, it is seene by black pustels without itching. If salceplen be mixed therewith, the place waxeth wan with itch and biting.

If it be cleane melancholy, let the matter bee digested with Ormel, Squilliticum, and Sirupus de Fumitorij, of eche a like.

If salceplen be mixed therewith, let the matter bee digested with 2. parts of Ormel, & the 3. part of Crisaccary, and the 4. part of Syrop of Fumitory: & let it be purged with 2. parts of Iera ligridion, and the 3. part of Iera Ruffini, and the 4. part of Catarticum Imperiale, and let it be tempered with Barly water, and giue it in the morning.

The next day after be there made a Stuphe, of Calamynt, Dalganum, Rne, Mynte, Hoxchound, Bay leaves, and all kind of March Cresses, Scabios, Fumitory, Specula fatida.

And going out of the Stuphe, giue the patient Eriacle, with iuice of Fumitory hote to drinke it, if it be cleane melancholy.

And if it be of Flegme meddled, put thereto a good part of Rubea Troiscata.

If it be an bruiersall Malum mortuum, let him blood of the bayne Hepatike.

And if it be about the shynnes, thighs, or armes, let him blood on the beyne Sephone, withia and without a little, and otherwhyles bee there put to Wentostes, upon the rayns. And if he be too collicue, and that nede be, purge him befoze inundion with Caricum Imperiale, or with a Glyster is moze conuenient.

Remember, that at what tyme the cure is to be done, the patient must bee kept from colde, as a woman lying in childe-bed, winter and summer, with fire in the chamber.

For

For to close vp the Matrix.

Sage eaten.

Lentisk leaues and barke, boyled and drunke.

For windynesse of the Matrix.

Comyn receyued at the place conuenient, by glyster, pessary, or playster.

Agnus Castus seeds drunke.

For blasting and windynesse of the matrix,
or mother.

Geramum Tuberosum, the roote taken in wine.

Pulegium decoct, and sit ouer the same of it.

Peppor, the herbe and seede kept in byrne and eaten.

For the payne of the matrix or mother.

Aphillis mingled with milke and oyle of Roses, layd to the belly outwardly.

Feuerfew boyled, and to sit ouer the same and bathe it.

Peruinkle with oyle of Roses and milke, a pessary.

Comya decoct, and sit ouer the same on a close stole.

Linseed boyled and glystered.

Warden leaues pound with swines greace, or oyle of Roses, layd to.

Peony leaues dyed, and drunke with homed water.

Rubarb taken by discretion.

Baron, rote decoct, and sit ouer and bathe it.

Oyle of Wallamum applyed.

Benbane greene iuice with Colliries conuenient, applyed.

Dyed Roses boyled in wine, anoynted and layd to.

Agnes taken in wyne.

For

For wind passing by the Matrix.

Take Rue, Pennyropall, Camomill, of eche a handfull, chop them as great as worts, bywise Fennel seeds, Annis seeds, Comyn seeds, & mixe them: then try them with viniger, and make bags, and put the same in them, and lay to her side, as hote as may be suffred; when one is colde, lay to another.

Do take flowers of Camomill, Spillet, Bugwort, Flop, Sage, Feuersew, Paywode, Bay leaues, & Hozehound, of eche halfe a handfull, Annis seeds, Fennel, and Caroway seeds, Bay berries, & Comyn seeds, of eche an ounce: bywise the herbe and put all together, boyle them all in a sufficient quantity of running water, and halfe as much white wyne: strayne the herbs, and put them in a bagge, and apply them to the payned place: or else wet a sponge in the liquoz, and warme lay it to the griefe.

For a woman laboring with child, and that wanteth
her throwes at her deliuerance.

Take Sinnamon, Saffron, & the barke of Cassia fistula, of eche a like much, make it in powder, and giue her foure penny wayght thereof to drinke in white wyne or Palmaley, blood warme b. or bl. spoonesfulls.

De

For to resettle the matrix in the naturall place,
being moued.

Onios seeds with wyne, — }
Pannax seeds with wine, } drunke.
Double young leaues decoct,
Acacia with red wyne,
Quinces decoct and bathe therewith.
Oke apples decoct, and sit ouer it.
Pactick taken in.

For suffocation and strangling of the matrix.

Butter Bar in powder with wine, — }
Pannax seeds with Ruyne wood, } drunke.
Biony seeds yb. oz ybl. in wine oz meade
Black Biony decoct in wine, — }
Corula foetida boyled, and wash her sate.
Will decoct, and sit ouer the same thereof.
Pencebanum saice Assafetida — } smelt to.
Cumme Sagapenum — }
Calcanum perfume taken in place conuenient.
Mustard seeds husked into the nose.
Wild Carot seeds in wine, drunke.

For stopping, or hardness of the matrix.

Fewersew boyled in wine, layd to the Panell.
White Lilly roots roasted oz pūd with oyle of Noses, applied.
White Rosehound decoct in wine, — }
Aitrclochia longa with Pepper & Myrrh. } drunke.
Small Centoie, — }
Cippus rootes boyled and bathed warme.
Wall-wort leaues, buds and roots decoct, & the perfume taken.
Iuy leaues boyled in viniger, applied.
Fennigreek decoct in bath, sit ouer it.
Rozmentill leaues and flowers, decoct in wine, drunke.
Poly route by pessary applied.
Leekes decoct, and bathe with it.
Labanum by pessary applied.
Agnus Castus decoct, and sit ouer in bath.
Leks decoct in sea water, and bathe with it.

For

De virga virili swollen.

¶ Take Gallowes and Violets, boyle them in conduct wa-
ter, and wash the grieue.

For scalding virgē.

¶ Boyle Gallowes in water, beat them in a mortar, stry them
with oyle oz May butter: then take a red Cole leafe, and
lay it thereon, and wrap the soze therein, and make a hole of the
leafe ad iungendum, & sanabitur gratia Dei.

For the yard blorized.

¶ Dry Birch leaues on a tyle, and make powder thereof,
which powder will heale the Blaynes, and consumeth
the Quitter: but the powder should not bee strowed so; the
Quitter.

For

For hote hard Impostumes of the Matrix,
or Mother.

Wallflowers dyed and decoct in water, drunk: and the grief
doubled bathed in it.

Asclepias leaves pund and layd to.

Oyle of Balsamum conuerged in by Instrument.

Heliot boyled in sweet wyne, or with the peell of an Egge ro-
bed, or meale of Fennigraike, or of Lynsade, or with fine
flower of meale, or with Ticox layd to.

Parcelane lince put in by discretion.

Gall to leaves decoct and bathe it.

Barth Gallows pund with Swines greace, or goose greace,
or Turpentine applyed by pessary.

Agnus Castus boyled and fumigated by sitting ouer it.

Witch liquis layd to with Barly meale.

For rising of the Matrix.

Sinking Motherwort to smell of it, or to lay of it to the
Pauell.

For to helpe Melancholy.

Bozage leaves and flowers put in wine, ——— }
Cine in powder 3. dzams with hemed water, } drunke,
Balme in wyne, ——— }
Bozmentill rote and leaves in powder knodden with the
whitte of an Egge, eaten.

Bayell taken in wine, and often smelled to.

For member taken dead or benum'd.

Agnus Castus mingled with oyle and oynmentis, made to
heate, mellify and heale.

For

For a woman whose child is fallen too lowe,
to rayse it.

¶ Dyeue a red Cow till she dung, then take that dung, and
bony, and boyle them together, and lay it very hote to the
upper side of her Pauell, till she be well.

Against melancholy, an electuary.

¶ Take Bozage flowers, and Berglos flowers alike by dis-
cretion, not exceeding halfe a pound; steep them in as
much Claret wine as will moyst them: then beate them in a
marble moster very small, put to it like weight of Sugar
finely beaten, incorporate al together: put it in a gally pot, and
reterne it to bse, the quantity of a Chestnut at any time when
the melancholy passeth troubleth you. It is good against drought,
heauinesse of the heart, body or minde, taken in like quantity.

G. K.

To purge melancholy.

¶ Take Saxy cleane picked, one dzam, Cysthing, Mirra-
bolinde, Hermodactili albi, of eche halfe a dzam: make all
into fine powder, and adde to it powder of Ginger and Senna-
moin, of eche halfe a dzam, make all into powder: then take a
sayze apple, cut off the cap, take out the roze, then put it all into
the apple: then set a stile upon hote ymbers, and rost the apple,
turning it that it may be thoroughly rested: when it is rested,
pare off the rinde, and put the apple in white wine, and breake
it in pieces, and take it early in the morning.

D. K.

D

For

For to mollify stiffe and hard members.

Agnus Castus with oyle and oylmentes made to heale,
mollify and heale.

Oyle of ripe Olives compound with good herbes.

For shrinking of any member.

Great Centoory roots, two oxams with wyne, drinke.

For to warme all parts of cold members.

Agnus Castus with oyle and oylmentes, made to heale, mol-
lify, and heale.

For swolne members,

Planten leaues pund and layd to.

For dislocation of members out of ioynt.

Turnesole leaues pund, _____

iris roots Carduus rotes

Acanthus grane,

Albes of the Wyne dissolved in oyle of Roses

and bluiser, _____

Scatia leaues and creps decoct, and bathe with it.

For to strengthen and comfort memory.

Eye-bright dyed in powder, three parts, and one part of Pa-
ces, a spoonfull drinke at morning with wyne.

Lilly Connally distilled water, drinke.

Rosemary flowers conserued with Sugar, eaten daily fasting.

Stecabus leaues and flowers often smelled vnto.

Cardus benedictus in meat or drinke.

For

For to make a man to be merry,
Borage leanes and flowers put in wyne, dzunke.
 Maruon steeped in water, sprinkled about the house, where
 banqueting and company is.
 Mynts smelled unto, and throwed about the house.

For Meazels.

Veronica decoct and dzunke.
 Saffron mingled with womans milke, layd to the eyes.
 Figges eaten.

To cause plenty of milke in womens breasts.

Begles in wyne decoct and dzunke.
 Milk-wort, or sea-Trifoly taken in meat or dzunke.
 Fennell leanes eaten, or the seeds dzunke.
 Will crops decoct & dzunke, and the seed decoct & dzunke.
 Algella seeds decoct in wyne.
 Ciches eaten.
 Couchus iuce dzunke.
 Lettice eaten in Salade.
 Purcelanewete eaten, ———— Palmis.
 Mallois seeds dzunke in wyne.
 Reddiche eaten.

To dry milke in womens breasts

Hempseeds applyed.
 Rue eaten.

For cloddered milke in breasts.

Lentils boyled in salt sea-water, applyed.

To cause Kyne to yeeld plenty of milke.

Fodder them with Sparr, — Spargula, or Poligula.

For

For to open the Myle or Splene.
 W^hite Dozebound decoct in water and drunke.

For swelling and inflammation of the Myle.
 P^ensibannum sap of p^rot eaten alone, or with bitter Almonds.
 Betymojell pound and applyed to the griefe outwardly.

Garden Pepper seide with Orimell taken.
 Vine ashes dissolved in vinegar and oyle, layd to.

For stopping of the Myle or Splene.

Iⁿ this rotes decoct and eaten.

Lonchitis drunke, or layd upon with vinegar.
 Lupines with Rue and Pepper boyled, drunke.
 Brome leaves, brambles, and crops, decoct in wine or water,
 drunke.

Tamarisk boyled in wyne, drunke.

Cayes rote barke with Orimell, or applyed outwardly with
 oyles and ointments conuenient.

Bay rote barke decoct in wine, drunke.

To diminish the Myle.

C^herries seide eaten or drunke.

For hardnesse of the Myle.

T^hymianthill with vinegar,
 Oris, — Eode flaxe,
 Scordion in ale or wyne,
 Beacreeon decoct in wyne,
 White water-Lilly rote decoct in white wine,
 Stecades alone, or with the flower decoct,
 Rupleanes boyled in wyne,
 Deder decoct in wine or water,
 Wile fenne rote decoct in wyne,
 Okeferne decoct, the rote,
 Parts young decoct,
 Lonchitis, — Splene wort decoct,
 Cetrach leaves, — Asplenum decoct,
 Capillus Veneris decoct in wine,

drunke.

For

For stopping of the Myle and Splene.

¶ G^oue the Patient powder of Cofee, with twice of Clozma-
 wood.

¶ Wile wyne that the seide of Cockle is sodden in, and eateth
 the powder with all meats.

¶ Wile wine that seeds of Ponsluckles of the hedge is
 sodden in: It maketh good digestion: It wasteth winds: It
 openeth the stopping of the Splene, the Keyne and bladder.

For to open the Mylt or Splene.
 Wythe Dozebound decoct in water and drunke.

For swelling and inflammation of the Mylt,
 PEnsebannum sap of pnt eaten alone, or with bitter Almonds.
 Betymojell pound and applyed to the grefe outwardly.
 Garden Pepper seide with Drimell taken.
 Wine ashes dissolved in vinegar and oyle, layd to.

For stopping of the Mylt or Splene.

[Mile rootes decoct and eaten.

Lonchitis drunke, or layd upon with vinegar.

Lupines with Rue and Pepper boyled, drunke.

Worme leaues, bunches, and crops, decoct in wine or water,
 drunke.

Tamarisk boyled in wyne, drunke.

Cayres rote barke with Drimell, or applyed outwardly with
 oyles and oymments conuenient.

Bay rote barke decoct in wine, drunke.

To diminish the Mylt,

Cheffes seide eaten or drunke.

For hardnesse of the Mylt.

Tomentill with vinegar,
 Scris, — Rode flaxe,
 Scordion in ale or wyne,
 Scutreeon decoct in wyne,
 White water-Lilly root decoct in white wine,
 Stecades alone, or with the flower decoct,
 Rupleaues boyled in wyne,
 Dower decoct in wine or water,
 Wale ffearne rote decoct in wyne,
 Okeserne decoct, the rote,
 Parts young decoct,
 Lonchitis, — Splenewort decoct,
 Cetrach leaues, — Asplennum decoct,
 Capillus Veneris decoct in wine,

drunke.

For

For stopping of the Mylt and Splene.

¶ Gve the Patient powder of Coss, with iuice of Coss-
 wood.

¶ Ale wyne that the seide of Cockle is sodden in, and eaten
 the powder with all meats.

¶ Drink wine that seeds of Ponsfuckles of the hedge is
 sodden in: It maketh good digestion: It waiketh winds: It
 openeth the stopping of the Splene, the Keyne and bladder.

For hardness of the Myle.

Garden Sadder rote decoct in wyne,
Carot roots in powder with home water,
Camorisk decoct in wyne,
Gulbery rote barks decoct,
Ash tree leanes and barke decoct,
Maple rotes with wyne poud,
Bettle leanes mingled with oyle and wax, lay to.
Stinking Gladium halfe a dram taken in.
Berry royall mingled with viniger and hony.

Opopanax	_____	}	eaten, or taken in.
Sagapenum	Calbannum		
Amomacum	in small quantity	}	eaten, or taken in.
nutmegs	Pine nut kernels		
Rosen of Lary	with viniger,	}	lay to.
Rosen of Turpentine,	_____		
Shopes Sozrell poud	with viniger,	}	lay to.
Rabith rote poud	with viniger,		
Cresses seeds	poud with viniger,	}	lay to.
_____	_____		

For old griefs and vlcers of the mouth.

Hounds tong boyled with root in water or wyne,
Bilkoyle leanes decoct, Verbe Robert decoct,
Stinkesoye decoct in water to the third part,
Rozmentill roots and leanes decoct,
Strawberry plants, Wild Tansey,
Planten leanes, Jacea,
Maroon leanes and rote,
Rugle leanes, — Pynnell,
Santle with hony,
Wall flowers with hony,
Bell flower in water, Camomill decoct,
Testiculus odoratus with hony,
Hesop with figges,
Great Valerian leanes and roots,
Aloes and wine applyed,
Sozrell de Boys decoct, —
Saligot leanes decoct, —
Squalage iuce, —

bathe.

For

For a sore mouth.

Take white wyne 4 quart, Licozls a quarter of a pound,
Annis seeds a quarter of a pound, Pace, a quarter of an
ounce: beat all together, and put it to the wyne, and two spoon-
fuls of English hony, two ounces of white stone sugar, one
ounce of Roche Allome, a quantite of Hony suckles, as much
Endive, as much Parrotw, as much Beglos, as much Succo-
ry: distill them, and use that water.

Ad idem, an excellent remedy.

Take Hony suckles, red Sage, red Rose Campions leanes,
Filberd leanes, Rosemary leanes, of each a handfull, two
spoonfuls of English hony, a good quantite of Roche Allome,
boyle it in running water, and wash the sore mouth.

For

For olde vlcers or griefes of the mouth.

Bittable young tendzels decoct and wash,

Acacia decoct,

Wet leaves decoct,

Figges decoct,

Walnut shelles, or graine barke decoct,

Olue tree leaves decoct,

Orke apples decoct,

and bathe.

For stinking of the mouth.

Herbe Robert decoct,

Strawberry plants

Conseune

Wauer graske

decoct, and wash or bathe,

For vlcers in childrens mouths.

Leaves of Lynem tree decoct in water, and bathed.

To increase nature.

Moss tree fruite eaten.
Ash tree keyes eaten.

For going out of the Nauell.

Perfoliatum pund with meale and wyne,

Glebane seide pund with viniger,

Pencebanum iuce or pulpe,

applied.

For young childrens Nauels.

Galega fryed in oyle of Lynseede, layd to,

For

For olde vlcers of the mouth.

Take a quart of white wine, still it with a quarter of Aleo-
ris, a quarter of Annis seeds, halfe a quarter of an ounce
of great Mace: beat all together, and put it in the wyne, with
two spoonfulls of English hony, two ounces of white stone Su-
gar, one ounce of Roche Allom, a quantity of Pongluckles, as
much Endiue, as much Barrow, as much Buglos, as much
Succory, distill all together, and ble the water.

To increase Nature.

Make powder of Annis seeds, Fenel, Galingale, Spike-
nard, Tamarisk, Putinegs, Cardamom, mire it with
wheate flower, water, and red wyne: make cakes thereof, and
eate them daily for waisting of nature, nature lost, and Gomera
palsio.

For the Nauell going out.

1 Wash it with wyne boyled with blessed Whistle.

2 Mixe powder of burnt faire linnen, and of bitter Lu-
pines, and lay it to the nauell.

3 Flewozt with viniger applyed.

4 Stamppe saine Johns wort, and lay it to.

5 Whozow way stamped with meale and wyne helpeth, and
the whole herbe, leaves and seide applyed, profiteth.

The powder thereof helpeth the Hermaries.

6 Boyle Spike Celtike in oyle of Almonds, and a little
Turpentyne: dip wooll in it, and apply it to the Nauell, swol-
len after the cutting of it.

To

For unge nayles.

White Honey pum with wyne, applyed.

For corrupt nayles,

Small Celmony pum,
 Lynsede with Cresses and honey pum,
 Sinketopie rote boyled in vinegar,
 Arie rotes decoct with honey,
 Crow rote leanes and rotes pum,
 Day spytie leanes with comment oymments as
 salus, ————— } applyed.

For the Kings Full.

Lynsede decoct in water, applyed.

Bell flower decoct in water.

White Rosehound leanes tempered with honey.

Barly meale mingled with Lar, waxe, oyle, and the
 bym of a chile, applyed.

Raspieres with wine and salt pum, applyed.

To procure sneezing,

Bazell with vinegar brused, put in the nose.

For to cause the nose to bleede.

Nettle leanes pum and put into the nose.
 Saltpetre oyle put in the nose.

For to staunch nose-bleeding.

Pernicle brused, ————— }
 Yellow Limachos } put in the
 Rootgrasse brused, } nose.
 Spelle decoct in water,
 Gallon flowers pum,
 Lake blades brused, ————— }
 Pertle leanes pum with salt layd to the nose and forehead.
 Rue leanes pum, and layd to the nose outwardly.

For

To prouoke neezing.

Take Nigella Romana, Labdanum, Sotorar, Antimony, of
 eche sirenny waight in fine powder, therote of neezing
 powder, the waight of all the rest: mixe all together, and take
 as much thereof as a pinnes head at a time.

Hydrolic Traundis. Itches & Scabbes.
 By rote of Ra: monathion, red madder, ana
 3℥. Sena 3℥. Amyse seedes, lixore, ana
 3℥. Sircibus, Agemoune, ana 3℥. Slyre
 the rote, broyle the seedes & beares, and
 put them into an Earthen Canne, putt to y^e
 forer gallons of strong ale. Lett hit
 sleepe therein 7 dayes. after drinke thereof
 for your ordinarie drinke during three or
 four weeks or more. for the longer tyme the better.
 And ayes remembering to be provided of another
 Canne or steane in readines one under an
 other. hit helpeth the defegges above said
 purifieth the bloude, helpeth the greene Siche-
 nes or pita. all oppilations, & prouoketh the
 Menstrues. per Gerard. de plantis. p. 134
 de Rhamonathion. 3℥. 3℥.

For to take away stench or smell of the nose.

Hare grass, and the roe boyled in water to the third part consumed, and after boyled agayne with honey till it be thick, especially with a little Aloes put in the nose.

To heale superfluous flesh in the nose, called

Polypus.
Purpory powder after put in the nose.
Syringus it is put in the nose.

To open the conduits of the nose.

Wine of *Wimpernell* insuffled into the nose.

For members taken with Palley.

Laender flowers alone, or with *Synnammom*, *Put-*
men and *Gones* taken.
Laender water distilled, and wash the member.

For the Palley.

Pensebannum lay with oyle of *Roses* and vinegar,
taken.

Oppopanet two drams.

Sagapenum one dram.

Euphorbium prepared.

Ciprus roote vered and drunke.

For

For the Palley.

Take a good quantity of Sage, put it in a coffin of paste, bake it in an oven: and when it is well baked, take the Sage forth, put it in a pot of Ale, and stop it close, and let the sick drinke thereof, and of none other drinke.

Another for the Palley.

Take Pepper one ounce. Ginger halfe an ounce, *Carda-*
momum, long Pepper, *Synnammom*, and *Netwall*, of each
s. dram: *Spikenard*, *Sage*, & *Saffron*, of each half a dram, make
it in powder, and drinke it with good *Pyocras*, or *Palmsey*. and
when you go to bed, wash your hands with warme water.

Adidem, when the speech is lost.

Take *Quens*, one handfull, leaves and roes, wash them,
and boyle them in a quart of white wine to a pint: strain
it, and drinke it three mornings.
If it be too bitter, put sugar to it, and it will restore speech.

For

For to Ray perbraking and vomiting.

Best boyled in water or wine, or powder of it, drunke.

Roiment till rote in powder knob with the white of an egge, eaten.

Running **W**ynes twice, halfe an ounce with viniger, }
Fennell herbe or seade with water, } drunke.
Bernastus grasse decoct,

Putmegs, ————— }
Betony with clarified hony after supper, ——— }
Lupines long soaked in water, }
Blacke Walnustels, } eaten
Rohob made of Egyptes and Sugar, }
Dry Dates, }
Cypres fruite boyled in oyle, }
Saffick taken in, ————— }

For perbraking and wambling of the stomake
 of women with child.

Vine young tendrels iulce taken.

For to assuage all paynes.

Balsamum leaues decoct in wyne, drunke.

Perbane leade put in playsters, layd to.

Perbane leaues alone, or with **W**arly meale pund, layd to,
 mingled with other playsters.

For to dissolue petulant Carbuncles.

Ipparatoziun rote by it selfe, or with the leaues, pund and
 applyed.

Cypopanax layd to.

Lacerpitium with Rue water, and hony, applyed.

Lupines, the meale with viniger, or boyled in viniger, applyed.

Cardus benedictus greene herbe, pund and layd to.

For illegmes and hote Carbuncles.

Violets pund with **W**arly meale, applyed.

For the Tisick, or consumption.

Betony decoct ago drunke.

For

For to cause one to pisse well.

Sarfrage roote in wine decoct and drinke.

Bitter Almonds taken with Muscadell or Bastard.

For the hote pisse.

A Rhills halfe a dram, Comja leaves decoct, } drinke.

Annis seedes decoct in wine,

Cecelios seedes decoct in wyne, } drinke.

Cetrach leaves taken with viniger, eaten.

Sebestenes taken in meate.

For such as cannot pisse, but by drops.

Tansey seedes with wine,

Ofiris, — Tode flaxe decoct,

Saffron rote in wyne decoct,

Margerom in white wine decoct,

Garden Rue leaves in water decoct,

Lincolme in wine decoct,

Putmegs parched, } drinke.

A Preservative for the Plague or Pestilence.

Angelica rote holten in the mouth.

Spirits boyled in wyne, drinke.

Oranges iuce eaten or drinke.

Juniper berries burned and perfumed.

Against the Plague and pestilent Feuers.

Bitter Bur in powder with wine,

Rosamentill rote and leaves in wine,

Devils bit in wine,

Sarfrage roote dried, with wine or viniger,

Angelica holten in the mouth in the morning.

Cloue Syllisters conserued,

Marpagos conserued,

Monophilon halfe a dram

Rue leaves alone, or with Wallnuts or d Fingers,

Wallerwort with wine,

Crosswort German in wine decoct,

St. wall rote in wine decoct,

Angelica rote holten in the mouth at morning.

Caroline rote in wine decoct, drinke.

Oranges taken any wayes.

For

For him that pisseth blood.

¶ Take Ambrose and Sanguinary, of eche a handfull, and as much Parcelle seeds: Stamp them, and meddle them with Goats milke and drinke.

¶ Take Ambrose, Sarfrage, and Parcelane: Stamp them, and drinke the iuce with Cow milke.

For him that cannot well pisse.

¶ Take Rue, Cromel and Parcelle, stamp them, and meddle the iuce with white wine, and drinke it warme.

For him that cannot hold his water.

¶ Take the clawes of a Goat, and burne them to powder, and let the patient vse of it in pottage, a spoonfull at once, and he shall be cured. The clawes must be burnt in a new earthen pot.

A perfume to auoyd the infection of the Plague,

Poxe, or Meazels.

¶ Take saint Johns Wort dried, the Sporing of Juniper wood, Myrtle leaves, of eche a like much, Olibanum, Turapentine of Venice, a like much in waight: bruse your Olibanum, incorporate all into balles as big as a Chestnut, and at night lay one vpon hote coales in a chafin dish, and let it broake: if the fire go out, renew it.

¶ Water of the upper huske of Walnuts distilled in September, being drinke, is a sure remedy against the Plague.

Against Poyson, and the Pestilence.

¶ Take two dry Walnuts, two dry figs, twenty leaues of Rue, and a graine of salt: eate thereof fasting, e nothing venemous shall hurt thee that day.

For the Pestilence.

¶ Wash a Lilly roote cleane, and boyle it in white wine, till it be halfe wasted, and geue it the sick to drinke. Hee shall break out full of bladders, as if he were burnt or scalded, which will dry, & stand out.

For the French Poxe.

Butter Burstin powder with wine taken.

Fumitory iuce.

Caleopiles leaues pind and layd to.

Planten stamped and layd to.

Linerwort pind with honey, applied.

For weaknes comming of the French Poxe.

Euphorbium prepared, and taken by discretion.

For the small Poxe.

Veronica decocted and drinke.

Saffron with womans milke mingled, and layd to the eyes.

Figges eaten.

Figges milky iuce layd to.

For

For them that haue the small Poxe.

¶ KEEpe them warme in all parts but the necke and head, and there let them haue ayre enough: and when they begin to come forth, get of Doctor Ludfords water, and keepe it continually dropping in their eyes: which water will keepe them out of their eyes: then take Beefe, and powder it with dry Salt, two dayes and two nights: then boyle a peece of that Beefe well scummed; take the fat of that broth, and a quantity of running water, and beat both together, till it come to an oyle, and so soone as the Pore come forth, anoynt the face therewith continually with a feather, day and night: and when the Pore are thoroughly ripe, let them out with a gold needle: when they begin to dry, let them not hang too long, but put them off softly, els the scabs will make pints, which shall be lesse.

¶ 3

For

For poyson of Serpents or Vipers.

Sapall Buglos in meat oꝝ dꝛinke, oꝝ to be carried about a man
oꝝ woman.

Sinquefoyle roots twice in wyne decoct, — }
Comentill root and leaues in wyne decoct, } dꝛinke,
Betony dꝛyed leaues in wyne decoct, }
Pauces seed and flower with oyle applyed.

For to cure poyson.

Sapall Stone crop twice with biniſger taken.

Sponophilon rote halfe a dꝛam in wine oꝝ biniſger, oꝝ bꝛoth
together taken. Poly in wyne oꝝ water.

Garſem compounded with ſwelling oylments, applyed.
Rue leaues eaten alone, oꝝ with Walnuts and figs.

Distant twice with wyne, —————

Daucus rote decoct in wine,

Marſfrage rote and ſeeds in wine & biniſger decoct,

Betony dꝛyed leaues in wyne,

Angelica roots in wyne decoct,

Aſtrolechia roots in wyne,

Aſarabacca in wyne decoct,

Boobyed rates in wyne decoct,

Gentian rot in powder, i. dꝛam with wine, Pepper
and Rue, } dꝛinke.

Croſſewort Gentian in powder,

Netwall decoct, Peleboznie decoct,

Calega ſulce,

Camellion roots in wyne decoct,

Cardus benedictus ſulce,

Wild Pannar ſeeds decoct,

Garden Parſely rote decoct,

Garlick decoct in wyne,

Aſſodill in wyne, Bayberries in wyne,

Plane tree fruit with wyne taken,

Betony leaues applyed outwardly.

Lacorpittum roots taken.

Sharp wynd-wood leaues and fruit taken.

One berry, herbe and fruit taken in, — herba Paris.

Trifolium leaues oꝝ roots with Triacle and Spithjedatū taken;

Ullio

For poyson of Serpents or Vipers.

¶ Dꝛinke Dragons, Rue, and Betony.

¶ Dꝛinke ſulce of Sinquefoyle.

¶ Eate Garlicks.

¶ Boyle Rue, Betony and Fennell in butter, and dꝛinke it.
To withſtand poyſoning.

¶ Eate a Walnut with a fig and Rue ſaſing.

Against Poyſon and Plague.

¶ Water of greene Walnuts diſtilled about Midſummer 2.
oꝝ 3. ounces dꝛink, coſeth & reſteth poiſon & the plague.

¶ Pare away the uttermoſt of the bark of the Walnut, and
make powder of the reſt, & ſteep it all night in water, ſtrayne it,
and dꝛinke it ſaſing, to caſt out poiſon.

For the ſmall Poxe, a ſoueraigne medicine.

¶ Firſt giue the patient ſudden milke, mixed with ſaffron, oꝝ
with Spithjedatum, & when they be perſwily come forth and
begin to break, in no caſe let them come into ſun: then diſtil
of good apples ſliced, biniſger and milke with a little Camphire,
and anoynt the face therewith. G. K.

For to make the Poxe come forth.

¶ Giue the patient Barly water to dꝛinke made ſweet with
ſugar. G. K.

To know if the ſick of the Poxe ſhall liue or die.

¶ Who that falleth ſick of that diſeaſe, and the Poxe appeare
not till the ſixt day, and do come forth the ſeuenth day af-
ter, then the patient is like to dye. G. K.

To make the Poxe come forth,

¶ Take ʒiſſat figs, gum Dragon, ii. dꝛams, Fennell ſeeds
bruſed halfe a quarter of an ounce, bruſed ſaffron halfe a
dꝛam, boyle all in a quart of water, till the third part be conſu-
med: then ſtrain it, and dꝛink it warme early and late. G. K.

To take away the pits of the Poxe,

¶ Take milke and biniſger of ſche apꝑnt, of apples pared and
ſliced thin 3. handſuls, incorporate the with a little Cam-
phire: then ſtir it and waſh the face 3. times a day, & let it dry.

¶ The creame of womans milke anoynted, is good alſo.

¶ Powdered Wale bꝛoth, not too freſh, nor too ſalt, is good
alſo. G. K.

Wilde Thistle roote with viniger layd to.

Spalowe herbe and roote decoct and taken in, and vomited by
agayne incontinently.

Turnep, or Rape seeds taken in Uricle.

Garden Parcelly roots applyed, decoct.

Crimson seed steeped in water, and dyed by the fire, or lapped
in paste and baked, taken with honey.

Garlik eaten. Oranges seedes eaten.

Figges with salt, Nus and Walnuts eaten.

For vlcers of the Pulme and Lunge.

Veronica water distilled with wyne, drunke.

For clammy Flegme and humours, to purge them.

Typha the barke of the roote, one dram taken.

Colloquintida the white pith, one scruple taken.

Callia twice or pulpe taken.

To purge by vrin.

Hony suckle fruit in wyne forty dayes,

Dober boyled in wyne or water,

Wilde Thistle roote decoct in wyne,

} drunke.

For to purge women of deliuerance.

Rhe twice drunke with wyne.

To purge raw and grosse flegme.

Sarsacoll one dram taken.

Wolwyed roote one dram taken.

To purge hote and cholerick humours;

Wilde Campions seedes, two drams taken.

Tragoziganum decoct,

Aligustich root decoct with wine, Euphorbia prepared } drunke.

Small Centaury decoct in wine or water,

Rubarb one dram by discretion,

Cypria twice, seed of rot, Poplos twice and seed, } taken.

Wilde Cotcumer twice dyed, halfe a scruple,

Elder leaues and tender crops in broth or pottage.

Clematis akera seed with water or mead, taken.

Scamony twice dyed, the weight of fyre wheat cornes.

Dober, or Culcuta decoct in wyne or water, drunke.

Joies of red roses infused, drunke. Frangula decoct, drunke.

Buckthorne berries in small quantity.

For to purge hote melancholy humours,
Penny roall taken with honey and Aloes.

Planta Leonis, or Chyffes wort taken.

Hony roes and leaues, one oz. taken.

Cloer greene and middle barke in wyne or Vetre.

To purge choler vpward and downward.

Thlaspe seeds eaten.

To purge by siege downward.

Saffron the iuice of the seeds taken.

Great Turnesole a handfull boyled and taken.

Mercury pound with Butter, and layd to the fundament.

Violets decoct and drunke.

Iris rootes, the iuice taken in small quantity.

White Lilly rootes decoct in home water.

Pellote Narcissus roots two ozams decoct in wine or water.

Stop with Syrop Acetick taken.

Lyme in powder three ozams with boyled water, vinegar and salt, taken.

Oppopanax two ozams or lesse, taken.

Sagapenum one ozam.

Cuphorbium prepared.

Blacke Hellebor taken.

Clematis altera fruit decoct & drunke with white wine xi. dayes.

Squilla prepared, first couered about with dothe or paffe, baked in an oven, or roasted vnder coales, till it bee soft and tender, and then a spoonfull or two thereof taken with the eygth part of salt.

For rage or madnes by biting of a mad dogge.

Allum taken with meats.

To make a man ranc and madde.

Solanum somniferum more then twelue berries eaten.

Penbane rootes, leaues, or iuice taken.

Against raving and Erenzy.

Cuphorbium mingled with oyle, straked on the forehead.

To kill Rats and Mice.

Elebea rose pound with meale and honey, layd for them.

For

To purge melancholy.

Take Hony cleane picked, one ozam, Epithimi mirabolani, Hermodactili albi, of eche halfe a ozam, Sugar one ozam: make all into fine powder, & adde to it powder of Cyngeger and Cinnamon, of eche halfe a ozam: make this in powder, and put it into an apple, the top cut off, and the core taken out: roast it, and eat it.

To purge choler.

Take Diagredij halfe a ozam, beat it grosse: then put to it the powder of the roots Arromaticum Rosarum Gabriels, halfe a scruple, and Sugar as you like: roast it in an apple, as before, and ble it.

For

For raw vnskinne places,

Greene Fennigrake pond with bliniger, applied.

For payne of the Reynes or Kidneyes.

B uglos roots boyled in wyne,	} <i>Drinke.</i>
Anchelis with wine, halfe an ounce,	
Rozeillon lulce in wyne, one dram,	
Bozned Popy root boyled to halfe in water,	
Calamus Arromaticus decoct in wyne,	
Bulba castanon. seede decoct in wine,	} <i>Drinke.</i>
Alcozls lulce	
Bitter Almonds	
Cassia dratone,	
	} <i>eaten.</i>

For to refresh a man:

Barberry bush greene leanes, made in graine sawce, eaten.

For subtill Rhewmes and Catarics,

Popy heads boyled into a Syrop, eaten.

The little **C**aroline Whille, called Spurrie Arabica, taken any wayes.

For all ruptures.

Pilosilla leages and rootes decoct and drinke.

For

For running of the reynes, and Gomora passio.

Drinke seeds of Lettice with ale or water.

The powder of Pastick, Olibanum, Stozar, and Cardamomum.

Dry wynts is an ouen, and drinke the powder.

Anoght the yard & clothes with lulce of Roze & Comphire.

Carry about the seed of Sorrell, gathered by a chaff boy.
For him that hath lost his kinde,

Take a red Onyon and a Hen sod in a pot, eat it and drinke it thre dayes.

Take seede of Fennell, Barceley, Caroway, Cardamomum, Lignum, Cloues, Gallingle, Cavel, of eche a peny waight, Rubarb two drams, & of Allome as much, Pastick one dram: Stamp them in a brzen moyster, and take a faire scoured bason, and put a good portion therein, & melt it: then take the soze sayd things, and put thereto, let it boyle till it be thicke, as thou maist hold it in the hand: then bore it vp, and use it first and last. This will restore thee againe, though thou wert neuer so cold.

Drink such a woman every day till thou be restored.

Running of the Reynes.

Take Liverwort, Longwort, Harts tongue, of eche halfe a handfull, a little Buglos, as much Succory, as much Cinne, violets, Sorrell, & Finesinger, of eche a little, boyle all in a quart of running water to halfe, blaunched Almonds two pennyworth, Stamp them with the pith of a Bullock: then put it to the liquor with the herba, and woxing them, and take out the lulce: then Straine it, beat it, and seizon it with long Pepper, a pennyworth, Nutmegs & Graines, halfe a pennyworth, some large Haze and Sugar, to make it pleasant, and drinke it often warme.

Take Saunders white and yelow, two ounces, Sinna-
mom one ounce, Pastick one ounce, Sang. Draconis, halfe an ounce, one Nutmeg, conserve of Moles two ounces, mix all together with Turpentine, and take it in often.

For

*Ad frigidit
Naturae*

For running and spreading scabs and sores.
P Arretory pund and layd upon.

Gallinagle roots dyed, and the powder layd on.

White Wyony rote pund,
Blueroot pund with hony,
Spelt meale boyled with wine and saltpester,
Barley meale with sulphur and vinegar,
Chickes boyled with Crobus,
Camellion rote with Coperoles and swines greace,
Red Rote leanes pund,
Shops Dorell rote and leanes decoct and bathe,
Smalage iuce, Crokes pund with hony,
Squilla rosted in pembers,
Bramble leanes pund,
Myrtle greene leanes pund with oyle of Roses,
Licium of Buxthorne,
Almonds pund with hony,
Figges milky iuce,
Linde barke pund with vinegar,
Juniper barke or rynde burnt, and with water,
Rosa leanes pund with hony,
Scales of Wyne apples, & the barke with litarge of
Glast & Frankincence, and a little Coperoles,

For scabs and leucumelle.

Veronica decoct and drunke,
Scabious mist with oyntments convenient,
Osgan decoct in water, and bathe the griefe, or
wash the body,
Rue leanes mist with Wine, Pepper, Salt, hony
and Allome,
Cyphorbutum with oyle of Bay, Beares greace, or
Wolues greace, or such like,
Dragon roots dyed, mixed with hony,
Eleborus rot pund with Frankincence, rosen & oyle,
Mild Comcumer rote in powder with hony,
Vitis alba leanes, — Cleimatis altera,
Scamony iuce with oyle,
Wops decoct and drunke.

For

For a scall.

Take Dymrose roots, stampe them, & fry them with fresh
Butter and Tar, and plaster-wisse lay it to the griefe.

For a childes head hauing a white scall.

Take Arle-smart a good quantity, stampe it small & put to it
the like quantity of Hogs Lard, stampe them & incorporate
thē together: set it on a soft slow fire, alwayes stirring it, with
a little water in it for burning to, and let it boyle till the leanes
begin to parch: then straine it, & of that liqour take two ounces,
and adde thereto of Storax liquib one ounce, mix them together,
and therewith anoynt the griefe euery euening or euery mo-
ning, which you will, and lay a cloth on it. D. K.

For the Purples.

Take Purplewort if yecan: it is a clouē grasse, which hath
a blew hart in the midd of it: and if you cannot get that,
then take Angelica, Betony, Scabios, of eche a branch as big
as both your thumbs: stampe them, & sethe them in posset ale:
straine them, & put to it Sugar, Saffron, and a little Triacle,
drinke it fasting at morning and euening without Triacle.

For angry scabs, night plovks, and watry wheales.

Take Ra sins, the bones taken out, and Rue stamped to-
gether, and apply it to.

Stamp Daply leanes, fry them with fresh Butter, and
anoynt the hands.

Stamp white Tansey, and Daply flowers with cold run-
ning water, and wash therewith.

Stamp sharpleau Dockes and fumitory a like much,
make it to oyntment with May butter, or Barrowes greace,
and Roche Blome, and anoynt it.

Boyle a handfull of Nettles with Sinnamon & Cloues, of
eche two drams, and bathe thy hands with the same thereof.

For wormes in hands and feete.

Boyle iuce of Wormwood in May butter, and red dockes,
and stre it to a salve, and anoynt.

Boyle Lent in good ale dregs, and apply it to scabs.

Boyle wheat bran with Rue in vinegar, and lay it to.

For

For Sciatica.

Sothernwood seed graine, or powder decoct in wine or water,
Drinke.

Great Burre seide in powder decoct in wine or water.

Camepites leaues decoct in wine forty dayes,

Ethiops rootes decoct,

Tyme boyled in wyne or water,

Penny royall pundo and layd to,

Rue boyled with Dill,

Assarabacks boyled in wyne,

Asperagus decoct, Symyrium seeds decoct, Drinke.

Spanish Worme tender branches steeped in wa-
ter, and the iuice pressed out, Drinke, a little Scrat
or glasse full,

Cappes rootes, the barke decoct,

White Poplar bark boyled in wyne,

Penny royall pundo,

Pencedanum roote sap,

Lacerpitium roote with oyle and waie,

Amomacum one dram with oyle of Ciprus & After

Enula Campana leaues boyled in wyne,

Black Elebor roote decoct, and taken in small
quantity. applied
or laid to.

Murray meale boyled in homed water,

Lupines flower or meale boyled in viniger,

Penny with figges made in plaister,

Cresses pundo with hony and viniger,

Crismon seide taken with hony,

Iberis roote mixt with Swynes greace,

Rimus seeds boyled with meate and eaten.

Chlasppe seed glistered at the fundament.

To drive away Serpents.

Yellow Lysimachion

Pencedanum

Sagapenum

Wallwort

Castureium

Agnus Callus

perfumed.

For

For

For stinging of Serpents.

Came Cipereffus decoct, —
Great Turnesole a handfull decoct,
Lichenna seed & flower, — **R**ose campis with wine,
Wild Campions seed and flower decoct,
Garden Larke Spurre seed,
Iris roots with vinegar or water,
Origane boyled in wyne,
Rue iulce eaten, **F**ennell herbe and seede,
Lettice seede decoct in wyne,
Rocket seede decoct, **B**arberles in wine, —
Scorpion grasse pound, —
Margerom with salt and vinegar pound,
Acerpitium outwardly, **P**olygonum pound,
Salingale roots pound, **A**conitum pound,
Spelt meale with red wyne pound,
Thistle tender crops and leaues,
Seedes of Dockes and Sorell decoct,
Silke Thistle roots and leaues pound, —
Rue iulce eaten.

make.
lay to.

For byting of Serpents.

Eckron rote boyled in wyne, —
Great Burre roots iulce,
Came Cipereffus with wyne,
Scabios rote decoct in wyne,
Camomill & his flowers decoct in wine, one dram,
Clinopodion, — **P**lal. montanum decoct in wyne,
Ocrassum seede in wyne,
White Dozehound decoct in wyne, **R**ue iulce, —
Ribamotus roots decoct in wyne,
Betony by leaues in wyne,
Paunces seeds, rote and flower decoct in wyne,
Ligusticum rote decoct in wyne,
Parts tongue decoct, **L**adies Thistle seeds,
Coleworts iulce in wyne,
Ash leaues iulce, tender herbe, crops and bark decoct,

make.

For

For stinging of an Adder.

Grynd Centooy with Butter, and glue the sick to drink;
It will heale man and beast.
Stampe Garlicks, and lay to.

For byting with a Dogge.

Incorporate hony and Garlick, and sate it.

For byting of a Spider.

Rub the place well with Flyes.

For biting or stinging of any venomous worme.

Take Dagauncs one handfull, Centooy halfe a handfull,
 halfe so much Rue, two cloues of Garlick: Stamp them,
 and wring out the iulce, and anoynt the grieve.
If thou distill all these, and drinke the water, it doth destroy
 all venoms within thee.

R 2

For

For biting of Serpents.

The great Burre leanes pund with salt,
 White Lilly roots rosted, and oyle of Roses,
 Wallwort pund, the roste,
 Gentian twice with viniger,
 Juice of the Aglets of the greene Wine dissolved in
 oyle of Roses and viniger,
 Erica leanes and flowers pund, ————
 Agnus Castus pund, layd to.

Agnus Castus }
 Wallwort } fumed.

For white naughty scurfe.

Scabios pund.

White Lilly roots mingled with viniger, or the leanes of
 Penbane or Barly meale layd to.

For naughty white scuruinesse of the head.

Lacertitium applyed.

Solubzed beco and bathe, ————
 Myrtle berries beco and bathe, ————
 Lye made of ashes of the Ash tree, & bathe, ————
 Aller yellow bark beco and bathe, ————

or wash the
griefe.

Withymall iuice with hony,
 Willo Colwomer roste in powder and hony,
 Intay meale with sulphur and hony,
 Cices boyled in Oribus the pulpe,
 Wete leanes pund and layd to, and the griefe
 to be rubbed with Saltpeter,

Senay mingled with hony & newe greace,
 Garliche burnt myngled with hony,
 Squilla inner barke boyled in oyle of Tur-
 pentine,

applyed or
layd to.

Yellow Asfoill roots burnt to ashes,
 Labanum with Myrrh, and oyle of Myrrh,
 Hazle Nuts burnt with Hogs greace,
 Lynden barkes pund with viniger,
 Sany leanes one dram taken.

For

For Shingles.

¶ If it gird a man, haply he shall neuer be whole. Take
 Culver dung and Barly meale, kampe them together,
 and temper them with Cyzel, and doe it to the grise till it bee
 whole. This enill will spring like wild fire, but this is greater
 and redder, and it euer springeth aroyn.

¶ Apply to them the Patients owne blood, and he shall be
 cured.

Q 3.

For.

For foule scurvy tetter and scabs.

Chiefest leanes pund and layd to a little, & then remoued)
Wheat bread newly baked, soaked in byne or pickle, layd to,
Black Camelion root with a little Coperose & Sennes greace,
layd to.

White Thistle roots with vinegar, —————
Senny with vinegar,
Apples greene leanes with oyle of Roses,
Figs milky iuice, Dis oyle Walnuts pund,
Elme leanes with vinegar,
Water found in the hollow Birch tree, —————

For dry scurfe and mangynesse.

Libanotus mingled with Turay meale & vinegar,
Lacerpitum with Coperose and Wadegreace,
Cupheobium mingled with Barretts greace, Bay
berries, or Walues greace,

Lithsmall iuice, Blong fruit pund,
Rha Pontike roots with vinegar pund,
Wild Cowwomer iuice with honey, —————
Carlin roots pund with vinegar,
Red Bat raw leanes pund,
Thymys Wortel roots decoct in vinegar, or brused raw
Radish roots with honey,
Garlick with oyle and salt pund, (wyne,
Squilla inner part boiled in oyle, vinegar or Turpe
Juniper syne or bark burnt, mingled with oyle or
vinegar, and Turpentyne, —————

To drie away the Secondine or after-birth.

Marigold flowers and herbe in powder, —————
Garlick decoct, and sit over the same, or persu-
med on coales, —————

Time boiled in water and honey, —————
Penny royall in wyne,
Climspoon boiled in wyne, Clary decoct,
Wild Wozebound decoct in wyne,
Rue iuice in wyne, —————
Clary any wayes taken in drinke or meate.

For

For foule scurvy tetter and scabs.

Wheat bread soaked in byne or pickle, layd to, the bread be-
ing new.

For bleche or swelling.

Take Walnut leaves and Motherne wood, of eche a hand-
ful, Succory, Wimbine leanes, white Archangell, wyles
Cansey, Wormwood, Gosling wood, red Archangell, of eche a
handfull, chop them all together, and boyle them in May butter,
till there be a grane oymint, straine it, and kepe it to vse.

To kill a Ring-worme or tetter.

Take Mercury and Daffy roots, of eche a handfull, ʒ. Spoon-
fuls of creame, Stampe and straine them, and put thereto
five Spoonfuls of water made of Mercury sublimatum, and wash
the tetter or ring-worme therewith.

A water to heale in five dayes all scabs, as well

inward as outward. *oute of Alex: choyce taken.*

Take Planten water a pint, Rosewater halfe a pint, wa-
ter of flowers of Cythrons, or Drenzes, or of the iuice of
the fruits of them, a quarter of a pint: put all into a Wyll of
glasse, and put to it of quicksilver beaten to powder one ounce:
let them boyle softly at the fire a quarter of an houre: then cole
it, and put it in a glasse.

Wash the scabby place with it at night, and let it alone to the
next day without moze washing: the third day wash it agayne,
but not the fourth day.

At the first and second time you wash them, it will make all
the scabs in your body to breake out.

At the third time they shall so expe, that you shall find all
neat and cleane, both within and without.

There is no remedy in the world moze excellent then this,
noze easier to be made.

This water maketh a mans flesh white, and death out all
ill humours of the body.

For

For foule scurvy tetters and scabs.

Christmas leaves pound and laye to a little, & then removed
Wheat bread newly baked, soaked in byrne or pickle, laye to,
Black Camelion root with a little Coperose & some greace,
laye to.

Willow Thistle roots with vinegar, —————
Penny with vinegar, —————
Apples graine leaves with oyle of Roses, —————
Figs milky iuice, ————— Oyle of Walnuts pound, —————
Elme leaves with vinegar, —————
Water found in the hollow Birch tree, —————

For dry scurfe and mangynesse.

Libanotis mingled with Turay meals & vinegar,
Lacerpitium with Coperose and Warbegreace,
Cupposblum mingled with Barrotes greace, Bay
berries, or Walves greace,

Withemall iuice, ————— Bzlong fruit pound,
Rha Pontike roots with vinegar pound,
Willow Cowcumer iuice with honey, —————
Carlin root pound with vinegar, —————
Red Bat raw leaves pound, —————
Whysps Wortel roots decoct in vinegar, or bzused raw
Radish roots with honey, —————
Garlick with oyle and salt pound, ————— (tyne,
Squilla inner part boiled in oyle, vinegar or Turpe
Juniper rynd or bark burnt, mingled with oyle or
vinegar, and Turpentyns, —————

To drive away the Secondine or after-birth.

Marigold flowers and herbe in powder, —————
Garlick decoct, and sit over the same, or persu-
med on coales, —————

Time boiled in water and honey, —————
Penny royall in wyne, —————
Clinopodium boiled in wyne, ————— Clary decoct, —————
Willow Horehound decoct in wyne, —————
Rue iuice in wyne, —————
Clary any wayes taken in drinke or meate.

For

For foule scurvy tetters and scabs.

Wheat bread soaked in byrne or pickle, laye to, the bread be-
ing new.

For bleche or swelling.

Take Walnut leaves and Sotherne wood, of eche a hand-
ful, Succory, Mobine leaves, white Archangell, wyles
Sansey, Wormwood, Colling weed, red Archangell, of eche a
handfull, chop them all together, and boyle them in May butter,
till there be a graine of ment, straine it, and keepe it to use.

To kill a Ring-wormie or tetter.

Take Mercury and Dassy roots, of eche a handfull, y. spoon-
fuls of cream, Stamp and straine them, and put thereto
five spoonfuls of water made of Mercury sublimatum, and wash
the tetter or ring-wormie therewith.

A water to heale in five dayes all scabs, as well

inward as outward. *outs of Alex: this is taken.*

Take Planten water a pint, Rosewater halfe a pint, wa-
ter of flowers of Cythrons, or Drenjes, or of the iuice of
the fruits of them, a quarter of a pint: put all into a spoll of
glasse, and put to it of quicksilver beaten to powder one ounce:
let them boyle softly at the fire a quarter of an houre: then coole
it, and put it in a glasse.

Wash the scabby place with it at night, and let it alone to the
next day without moze washing: the third day wash it agayne,
but not the fourth day.

At the first and second time you wash them, it will make all
the scabs in your body to bzeake out.

At the third tyme they shall so oze bp, that you shall find all
meat and cleane, both within and without.

There is no remedy in the world moze excellent then this,
nor easier to be made.

This water maketh a mans flesh white, and doeth out all
ill humours of the body.

For

For to drive away the secondine or after-birth.

Lauender decoct in wyne, —————
 Dittayne decoct in wyne,
 Dancus sate decoct in wyne,
 Saritragē roote decoct in wyne,
 Lacerpitium leanes boyled in wyne,
 Astrolochia longa with Pepper and Spyrth,
 Marabacha with hony and wyne,
 Smyneum sate decoct with wyne,
 Spyrth's rootes decoct in wyne,
 Cresses sate decoct in wyne,
 Garlick decoct,
 Anagallis leanes, one dram decoct in wyne,
 Sauen leanes decoct in wyne, —————
 Penebanum rots sulce the sap alone, or with bitter Almonds
 and Kae.
 Oppopanax taken with hony.
 White Byony roote,
 Garden Spadder roote, } a pessary.
 Onyon sulce,

For the falling Sicknesse.

Aethilis with Orimell, —————
 Comys with viniger,
 Lacerpitium with hony and viniger, a Syrop,
 Sagapenum, one dram,
 Amomacum, one dram,
 Pelletory roote with hony,
 Whyte Elebor prepared,
 Sany leanes by discretion,
 Byony roote, one dram dayly a yeere, —————
 Pentaphilon rubrum decoct in wyne or honyed water and
 Pepper thirty dayes.
 Lymc smelld vpon. Galbanum pessummed,
 Pale Byony roote hanged about the necke.

For falling sicknesse in children,

A Anis seedes eaten.

For

For the falling sicknesse.

¶ Drink powder of Parts hozne with wyne.

¶ The first tyme he falleth, when thou seest it, put off thine
 owne shoe, and pisse in it, rince it well, and giue him to drinke
 of it, and he shall no more fall, nor haue that euill.

¶ Also at his first falling lay a Pound, and take out his
 hart and gall, and being hote, grynd it, and giue it him to drinke,
 and he shall no more haue it.

¶ Cocks Stones grans, drunk, helpeth; but abstayne from
 wyne ix. dayes.

¶ Boies Stones eaten, or drunk with wyne, profiteth.

¶ Take a fores byayne, and giue it oft to children, and
 they shall neuer be sick of that euill.

For

For excoriation, or going off of the skin of the privities or secret parts.

Cypres fruite or leaves boyled in oyle, —
 Liquor Rosen with a Nutmeg and Sugar } applied.
 The quantity of a nut, —————

To make holes in the skin, or blisters.

ROs Solis with salt boyled, layd to.

Crottoote leanes and rote, layd to.

To take away hard skin of hands and feete,
 procured by labour.

Ashes of Willow barkes with vinegar applied.

For roughnesse of the skin.

Elebozns inner rote pound with Frankincence, oyle and Rosen, applied.

Elebozns pound with oyle, and layd to.

Mustimall iuice applied.

Scamony iuice with oyle and hony, layd to.

Figges milky iuice, layd to.

My tree barkes burned to ashes, and lye made therof, and wash.

To procure ouermuch sleepe.

L Cecos eaten rawe.

For

For to procure quiet sleepe:

Violets pund with oyle and layd to the head.

White water-Lillies conserved.

Ranis seeds kept at the nose to smell to.

Poppy heads and leaves decoct in water, drunk.

Black Poppy seeds decoct in wyne, drunk.

Pandjake roots made a subpositoꝝ.

Penbane decoct in water, & wash the feet, or use it as a glyster.

Garden Lettice in meate eaten.

For them that are very sleepey.

Euphorbium myngled with oyle, and straked on the temples.

To restore smelling lost.

Nigella seeds dyed, pund, and put in Sarcenet, and often smelled to.

To prouoke neezing.

Snuff snuffed into the nose.

Onyon iuice snuffed into the nose.

For to dry sores and Impostumes.

SMyrneum Creticum leaves layd to.

For

To prouoke sleepe.

¶ Take Lettice seeds, and Smalage seeds: Stamp them, and temper them with the white of an Eggs, and lay it to the head.

¶ Take powder of Smalage, Penbane and Mynts, tempered with oyle or greace, and anoynt the temples, &c.

¶ Stamp Lake seeds, and temper them with womans milk, and the white of an egge bound to the temples.

For

For olde fores.

Great Engles rote with oyle and wax, —
 Singrene alone, or with parched barley meale, —
 white Rosehound leanes with hony pund, —
 Aloes in powder, —

laid to.

Cinoglosson in wyne and bathe.

Great Burre greene leanes pund with whites of Egges.

Lynsade boyled in wyne, and bathe.

Allgood greene stamped, applyed. The iuice of the rote of it
 taketh away scabs, and makes the skin smother, especially if
 you mingle it with viniger.

For filthy fretting fores.

V Fronica detest and drunke.

Calcopis leanes with salt pund, —

Peritoy iuice and Seruce made to oylment,

Pimpernell pund,

Wild Wood pund,

Singrene alone, or with parched Barly pund,

Maruengreene leanes pund,

Tectulus odoratus rote greene,

Pannay flowers rote greene, pund,

Astrolochia rotunda with Ireos and hony mixt,

Dragons fruite pund,

Centian rote pund, —

Rithymall iuice applyed or laid to.

Horned Ropy leanes and flowers pund, —

Zuray meale with viniger,

Colewort leanes pund,

Radish rote with hony pund,

Will Coleworts with hony pund,

Carots greene leanes with hony pund,

Pellow Assyll rote boyled in wyne lees,

Rinet leanes in powder,

Asones very small pund, —

laid to and
applyed.

laid to.

For

For a scald head.

Take hony a sponfull, wax and sheeps suit, of ech a quarter,
 & as much of the after-bryth of a woman as an egge, Ro-
 zen, Pitch, & Sparma cetti, of ech the halfe a quarter, boyle them til
 they be molten, & well incorporated: then strike them on a cloth,
 and make a plaster & apply: then take Rozen, pitch, & the after-
 burden of a woman, & mingle them together ouer the fire, and
 make a plaster, and this to be laid to by. or by. dayes: and then
 take of the next plaster before, Bismstone, black Sope, and the
 burden, & anoynt the head without it, and put it in a cloth, & an-
 oynt the head with it after y^t it is shaved, when the skin riseth,
 & it will be whole: and if it be hard like the byawne of y^e thumb,
 it is not whole: and if it be very ill & thick of scall, you shall let
 it lye by. dayes: but if it bee meane, then but v. dayes: a little
 scall by. or by. dayes: and lay it on a moneth or fine weeks, tyll
 the skin rise wrinkled: and if it be full in the skin, like the byawne
 of the thumb, let it lye still.

A principall playster to doe away kernels.

Take rote of Ferne, rote of Affodil, & bolle them in the best
 wine, put to it a little quick bymston, make a plaster and
 lay it to spaciely, which will consume the griesse.

For Glandils or kernels.

Take rote of nettles, & rote of Ebulus, boyle them in vini-
 ger, put to it unslaked lime, and Auri Pigmentum, make
 a plaster and apply it to the Kings Cuill or Kernels.

Take the greene of byasse, twice of Dockes, Peritoy, and
 iuice of Leks, incorporate them, and in that liqour wet a tent,
 and put it into the griesse, vnder a plaster, putting forth the cor-
 rupt matter.

A new kernell or scruphill is cured as followeth,
without cutting or rupture.

Take Sinnamon, Cloues, Dutch siluer, quick Bismston,
 pitch, Virgin wax, y^e rote of Enula campana, Solers greace
 for a woman, & Roses greace for a man: boyle the rote of Enu-
 la campana in water: then with the Dutch siluer extind, Sage,
 hogs greace pitch & wax resolved, set it ouer the fire: then adde
 to the powder of the spices & bymstone, and stamping them all
 together, let them be well incorporated, and reserved to vse.

For

For dulnesse or heauinesse of spirie.

Violets pimd and layd to the head.
Charuell boyled in wyne and drunk.

For the Squinnancy.

L Acerpitum roots pimd with hony, ——— }
Spanish Brome steeped in water, & the liqor } drunk.
pressed out, a little cup of glasse full, ——— }
Woly most chewed and holden in the mouth.
Claterium with olde oyle or hony, or the gall of an Ox or
Bull, applyed.
Radish roots boyled in homed viniger, gargled.
Pepper layd to with hony.

For

For to stop spitting of blood.

¶ Stamp clove Bur roots one dram, with the kernels of Pine
apples, and drinke it.

¶ Decoct Pernicle with wyne, drunk.

¶ Drinke iuice of Burla pastoris.

¶ Drinke powder of Tozmentill roots with wyne.

¶ Drinke iuice of Knot grasse, or the leaves boyled in wyne,

¶ Amyle or Starch being drunk, profiteth. (drinke.

For a sore throat by sicknesse.

¶ Drinke iuice of Almondz with good ale.

For the Squinnancy.

¶ Take Goats milke, and in the beginning make a plaster of
wheat bran, the iuice of Swalage in meale of Fenigraek
with newe Barrowes greace, and the iuice of Plantain, and
pouder of Roses, and apply it.

Take roots of Wallowes, meale of Fenigraek, flaxe seeds,
Dates, great Raisins, the stones taken out, with a heat bran:
boyle them in water, stamp them, and make it with new Bar-
rowes greace and a little hony into a plaster, which is maru-
lous riping, and lay it to the Squinnancy.

Take hony, bees bloud, lard, meale of flaxe seede, Feny-
grak, and the dung of Swallowes: incorporate them, & make
a plaster excellent to rype the Squinnancy.

And note, that the dung of all maner of Swallowes, healeth
the Squinnancy.

Let the Impostume be opened with yron, or a razer,
or this breaking plaster following.

¶ Take Bran, salt and oyle, stamp them & incorporate them,
and make thereof a plaster, and apply it. This is bled to
dense and dry the same.

R

To.

For the Stone.

Fuerfew herbe without flowers, decoct
in water,

Herbe Robert in wyne, Peritozy,

S. Johns wort, herbe, flower and seed,

Wilde Tansey, Coronopos,

Corula lutea, Heranthemum,

Saffron roote, Winter Sauery,

Fennell crops, Daucus seed,

Auricula Leporis,

Sea holly,

Starre Whistle in powder,

Shops Sorrell rootes, Malloines,

Bramble roots, Rampions seed,

White Thorne fruite,

Cetrack leaues with vintger, drinke.

Alkahengy fruite eaten.

Saligot greene puts broken and drinke.

To breake the Stone.

Penny wort on the wall, leaues
and roote,

Garden Parcel,

Water Cresses in Salate,

Castia dialone,

Phillipendula roote,

Virga Aurea,

The water of Virga Aurea distilled,

Penny Hopall, Sage,

Saxifrage seed and roote,

Lacerpitium rootes, Tragium seeds,

Capillus Veneris,

Pernassus grasse, Sea holly,

Shops Sorrell rootes,

Tender sweet milk Whistle saice,

Turnep crops and young springes,

decoct in wyne
and drinke.

decoct in wyne
and drinke.

For

To procure vrine, and to breake the Stone.

Take water Cresses a handfull, Parcelly halfe a handfull,
red Fennel tops, Mercury leaues, roots of Ciprus bzul-
seb, of eche a quarter of a handfull, Kapsins of the Sunne, the
stones taken out, halfe a handfull: chop them smal, & make pos-
tage with mutton oz beale, and thicke it with great Date meale
beaten small: season it with Pepper grosse: adde to it Cromel
seeds 19. d. waight, beaten fine, a little Saffron: eate a messe
thereof at morning, noone and night, a wake together.

D. K.

Boyle Virga Aurea in wyne, and drinke it, and drinke one
spoonfull of the powder thereof foure houres befoze meat with
a raw egge.

For the Collicke and the Stone.

Take Stonecrop, Parcelly leaues & roots, & mother Time,
of eche a handfull, boyle them in good Ale Ale halfe an
houre: strayne it, and put to it a good quantity of Craynes in
powder, and drinke it warme.

For the Stone. A powder.

Take Barberies a handfull, dry them, Pench stones, Ash
heres, dryed Parcelly seed, Seabull, Saxifrage, of eche a
like much, dry them, beat them, & searce them: then lay a black
flint stone in the fire till it be red hote, & quench it in a pinte of
Palmley, and put in it a quantity of that powder, about one
spoonfull to as much Palmley as your womake will beare,
and kepe the residue of the powder to vse at need.

When the grieve is on the patient, let him drinke no other
drinke, but possiet ale, oz some other warme drinke, with part of
that powder, untill it breake.

To breake the stone in the bladder.

Take Oleum simplex Scorpionis: and for an old man, mix
oyle of Violets with it, and noynt the sides, by ouer, vni-
ter and about the ppyng members, from ano bpward.

¶ 2

For

For to breake the Stone.

Reddish, Parcelly, Stone Parcelly,
 Great Parcelly rote,
 Winter Cresses seide,
 Like seeds with other herba conuenient,
 Broome seeds,
 Rost Harrow barke and rote,
 Anetholme, Bages, rote and barke,
 Medler stones broken in powder,
 Monistix gum dissolved in wyne, ———
 Cleare Rozen of the fyre tre taken.

decoct in wyne
and drinke.

Things hurtfull to the stomake.

Sothernwood, White Clebor vnprepared,
 Colloquintida, Cliterium,
 Cloer, Orach often eaten,
 Turneps excessively taken,
 Radish excessively eaten,
 Cresses alone, and not in Salade,
 Mulberryes greene and vntype,
 Field Figges in great quantity,
 Mayers or small Cherryes in great quantity,
 Dry Nuts in abundance,
 Greene Carotus, ———

(not correct-
ed, &c.

To strengthen the stomake.

(Arisofilata rote,
 Saffron, decoct in wyne,
 Calampnt, and drinke.
 Secely seide, ———
 Betony taken with homed water,
 Coriander prepared or corrected, eaten.
 Paula Campana rote concerned,
 Young Artichokes boyled, ———
 Aloe Citrine taken.
 Imperatoria rote taken with wyne.
 Sarifrage rote in Sugar, in powder, taken.
 Conozilla seide drinke.

For

For the Stone.

¶ Take the Stone in an Ore gall, as much as a Beane, Tur-
 merick y. pennyworth, Bages f. ounce, Cloues, Mace, &
 long Pepper, of eche f. pennyworth, y. Acornes, Swete byler
 Stones, Ornell seeds, clove Bur seeds, of eche a spoonfull, halve
 Rones halfe a spoonfull: put all together into fine powder, and
 mix them wel together, & put thereof into a reasonable draught
 of good ale in a glassed cup, so much as ye can take with your
 thumb & y. fingers, or more (the more the better) and drinke it
 off. If you finde it very bitter, drinke two or thre spoonfulls of
 ale or other drinke after it, which will lay the bitterness.

After you haue taken this receit, if it do not thoroughly helpe
 after xij. dayes or iij. weeks, take a good handfull of wild Time,
 boyle it in a quart of white wine, and in the time of boyling,
 throw iij. or y. pibble stones in the fire, & burne them to coales,
 & cast them red hote into the wine being brayd to pieces: then
 straine and drinke it, fasting in the morning two houres after.

To cleanse the stomake.

¶ Take Hop, Rosemary & Time, of eche two crops, put them
 in a pnt of ale with Sugar: let them boyle, and drinke
 thereof two houres before meat.

To auoyd flegme out of the stomake, to be taken one
 spoonfull or two at any time.

¶ Take eight spoonfulls of Rose-water, foure spoonfulls of
 Conduit water, & two spoonfulls of white viniger, halfe a
 quarter of a pound of fine Sugar, boyle them in a pizinger, on
 a chaffingdish with coles, scum it cleane, & drinke it luke-warme.

For such as cast vp their meat by weaknesse of
 the stomake.

¶ Take the nether crust of a browne lease, toast it dry and
 leysurely, then steape it in strong viniger a little while:
 then take it out, and spreng on it powder of Cloues, & warm it
 agayne, and tye it about the mouth of the stomake, and it shall
 stay vomiting.

For to strengthen the stomake.

Purcelane,

Sea Purcelane preserved in vinegar for salde,
 Earth Chestnuts, Hargis of brripe grapes,
 Dringes the iuice and fruite,
 Pomegranets the iuice,
 Quodimack, or Parmalade of Quinces,
 Nutmegs, Fillick Nuts,
 Olives greene brripe,
 Oyle in which fruite of Ciprus is boyled,
 Agarick by without liqur, Spallick,

eaten.

For payne in the stomake.

Common Wormwood, Decoct in wyne
 Scordium by, Sand drunk.
 Penny royall taken with water and vinegar.
 Dylgan in water drunk.
 Carden pynt taken in drinke and meat.
 Rubarbe taken by discretion.
 Helwall roots decoct and drunk.
 Aloes Citrine taken. Scurus iules drunk.
 Groundsel leaves and stalks decoct in water, drunk.
 Parsely seeds decoct and drunk.
 Juniper young fruit or berries boyled in horned water.
 Spallick eaten.
 Spelt meale boyled with Saltpeter, applyed.
 Pelilot raw, punde or sod in wyne, layd to.

For wambling or boyling of the stomake.

Common Wormwood with Annis seeds,
 Fennell or the seede,
 Our Ladies Chistle rote decoct,
 Shaps Horell seeds, and Horell seeds,
 Lettice in sallade eaten.
 Wild Wine Claspers and fruit brought into a Syrops, with
 the bargis of the same eaten.
 Bramble leaves and new springes stamped and layd to.
 Dry Dates eaten. Spallick eaten.

For

To comfort and strengthen a weake Stomake.

Take malmesey one pynte, mint water a pynt: Symna-
 mon and Cinzer of ech an ounce: bruse them and
 mix them together with halfe a quarterne of Sugar: let them
 stand all night, and in the morning drinke it.
 Mistris Barret.

A good sauce to procure Appetite.

Take sauce with Orange, mynt, vinegar, Clove and
 Pepper.

For the Collike of the stomake.

Take wormewood a pound and a halfe, peache leanes,
 mother of tyme, Red mynts, Perittory on the wall, of ech
 a handul, Bartrage and penny-royal, of ech half a handul,
 Fennel seed a quarter of a pound, Comel seed half a quar-
 ter of a pound, of Annis seed and Liquoriz, of ech half a
 pound, bruse all the seeds together, and put them into a gal-
 lon and a halfe of sack and distill them in a Limbeck.
 Mistris Barret.

For a Feuer in the stomake.

Take Comyn, Annis, fenel seeds, red rose leanes, worm-
 wood, mynts, Anens, vinegar, some bread fryed and layd in a
 bag luke warme to the stomake, & renew it often with vine-
 ger.

R 4

Against

For inflammation of the stomake.

Romane Wormwood, ——— } decoct and drinke.
 Starwort or Share wort,
 Tamentill leaues or roots,
 Marcolone root, ——— }
 Lattice, ——— }
 Sharts rabe or Rued with Sugar,
 Gooseberries graine, Apples, } eaten.
 Pomegranate iuice,
 Cornell fruite, ——— }
 White water Lilly, ——— }
 Solanum hortense, } pound and layd to.
 Endive and Succory leaues, }

To warme the stomake.

L Duach root and seed dyed, drinke in wyne.
 Aloe Cicatrine drinke.
 Roze de Boys decoct and drinke and eaten.
 Great Radish root or Maywort eaten.
 Senny dyed with vinegar.
 Oranges and Lymons pilles and barke eaten.
 Nutmegs and Spices taken in.

To refresh the hote stomake.

Pennywort on the wall iuice, drinke.
 Caraway seedes decoct drinke or eaten.
 Biony first sproughts or spryngs in salade.
 Pellato Succory in salade.
 Cotummers with meat.
 Peppor of the Garden his fruite well boyled, eaten.
 Ricoris root eaten. Apples eaten.
 Pomegranat iuice eaten.

For to ouerturne the stomake.

Ripe Olives eaten.

To purge the stomake of Flegme.

Aloe Cicatrine taken.

To cleanse the stomake.

White Rube iuice drinke.

Against dayly payne and repletion of the
 mouth of the stomake.

Take Liquoris, Sauer, Serpillus, Enula campana,
 Radish root, middle barke of Cloer, mynts, Sage and
 Rue: Stamp them, and steape them in white wine, and giue
 the Patient early and late.

A Purgation against Paralipsim, or coldnesse
 of the stomake.

The rootes of Fennell, Marcelly, grass, Treos, Sperage,
 Rhoxus, Triangulus, Meddich, the barke of Tamarick:
 of these rootes and herbes make a decoction in white wine: be-
 ing well made and collated, take Marmatum, Cloues, Nut-
 megs, Zebary Calungale, long Pepper and Spikenard: beate
 them all in powder, and with the decoction aforesaid, make a
 pigmentum with honey well clarified, and bles it.

For a hote stomake.

Cut the graine of the floures of Violets, and put them
 small, and put to them thus much sugar, and kepe
 it in a Cally for all the yere, and bles it.
Take one pte of milke, two spoonfulls of Treos, a little
 sugar, and drinke thereof.

For

For to ingender winde in the stomake.

Lentilles eaten too much.

Ripe Pulbaries after meate
Haze Nuts, or Filberds
Ripe Olives } eaten.

For cold windinesse, or blasting of the stomake.

Phillipandula rotes in powder with wine

Ranps lades } ozunke,

Compn lades } oz eaten.

Lignistum decoct

Wencedanum sap of the rots

Canla Campana rote decoct

Peon rote boyled

Stone Parcolp lades decoct

Sympneum Creticum lade decoct

Agnus Castus lade decoct

Juniper gumme dissolved in wine

For to comfort the weaknesse and overcasting
of the stomake.

Lentilles husked, thirty graynes swallowed downe.

Licoy and Endive eaten.

Squilla prepared and taken.

Wallo Lime leaves, branch and tendzels layd to the stomake.

Raspis stowes husked, decoct in wine and ozunke.

Blacks solwe Cherries eaten.

Ozing and Lemmons iuice

Cozell fruitte

Putmegs

Greene barrie Olives

For to comfort the mouth of the stomake.

Stone Parcolp lades decoct and ozunke.

Putmegs eaten and ozunke.

Pomegranates iuice

Quinces, Quosimack and marmalad } eaten.

Rough and choky Peares

For

For the Collicke of the Stomake.

Take of Wormewood, one pound and an halfe, of
Peach leaves, a pound: Mother of Time, red
Spinte, and Peritoz on the wall, of eche a handfull, Mart
frage and Penny-Royall, halfe a handfull of eche, Fennell
lades, a quarter of a pound, Grommell lades, halfe a quar-
ter of a pound, Annis lades and Liquoris, a pound of eche:
huise all the lades, & put them into fire quarts of good bracke,
and distill them in a Lyntech.

To cleanse the Stomake, and cause digestion.

Take Synt water and Wormewood water, of eche a
quart, Galmeley a pottell, a good quantity of husked
Synamum, and almost as much sliced Ginger, a good piece
of Sugar: put them together, and sturre them well, then
put them in a glasse, and let it stand till it be cleare: and let
the Patient drinke of it first and last five spoonfulls a time,
bled warme.

Ad idem.

Take a pynt of malmesey, a pynt of synt water, Cin-
ger and Synamum one ounce of eche: huise them, &
put them together, with halfe a quartern of Sugar in the
malmesey all one night, and in the morning drinke it.

For

For stinging with Bees or Wasps.

Water. Mynt, Kne the twice, Pound and
Mallows, Marsh mallows, Staped to.

For Strangury and hore pisse.

A Achille half an ounce, Firmancer leaf & flower
ordered in wine, Coma leaf & flower in wine

Philipendula roote boyled in wine,

Bistort gras, Cecillios seed, To. dill seed, Decoat in

Dantus seed, Savitrage root & leede, Swine,

White Savitrage roote decoat,

Marabacka in wine decoat,

Onyon rotes soaked in water,

Tragium seeds, Decoat in

Cetrach leaves, Wyne,

Crisolp leaves and flowers in water,

Calamus Aromaticus,

White Camellion roote in red wyne,

Starre White in powder decoat,

Poppye twice with wyne,

White Carot seed, Winter Cresses seed, Decoat in

Charnell, White Poplar barke Wyne,

The wild spurge in the Rose bush decoat,

Lawrell Alexandria roote decoat in wyne,

Plumtree gumme dissolved in wyne,

Cypripis leaves boyled in wyne,

Asperagus first springe perboyled, eaten in salade.

Water Cresses eaten in salade. Cedar fruit eaten.

Cigere ligo Koyen with Nutmegs eaten.

To prouoke sweating.

Chamepitis rubbed all over the body.

Violets decoat, and sit over as a fiew.

Calamint drunke with homed water.

Libanotis seede mingled with oyle, and anoynt the body.

Pencedam n root dyed, mixed with oyle of Will, and anoynt.

Pellitory decoat in wyne, anoynt the body.

Wasserwort, Cardus benedictus, Decoat in wyne,

Smyrneum seede, Sand drunke.

Riggs eaten.

For

For stinging with Wasps or Bees, and such like.

¶ A Pornt it with Epithymum.

¶ Anoynt it with twice of Scorpium.

For the Collick, Stone, and Strangury.

¶ Take the Stone in an Dre gall, as much as a Beane, Tormentil y. peny worth. Bayes j. ounce, Clones, Bacco, long Pepper, of each peny worth, two Acornes, Swetbrier flowers, Cromell seeds, Plot Bur seeds, of each a spoonfull, Ham Stones half a spoonfull: make it all in fine powder, mixe them wel together, and put therof in a reasonable draught of ale, in a glasse or cup, so much as you can take wth your thumb and two fingers, or more, the more the better: stirre it well together, and drinke it.

If you feele it bitter, two or three spoonfulls of ale after it, will abate the bitterness.

After the taking of this powder, if it doe not thoroughly help after a fortnight or three weekes, take a good handfull of wpld Wyne, and boyle it in a quart of white wyne, and in the time of boyling it, throw two or three pibble Stones in the fire, and burne them to coles, brayse them, and cast them into the wyne, being hote: after drayne it, and drinke it sailing at moone, and fast two houres after it.

Fr. Steuens.

For

For hardnesse of swelling.

Galeopsis seed, Salke and roote pund, with *of incense*
 Lynce boyled,
 Wynd-weed leaves pund,
 Bellot raw pund,
 Rapins kernels with salt pund, *layd to.*
 Jellampn pund, Oyle of ripe Olives, *Tarr.*
 Acornes small with salt pund, *layd to.*
 Plane tree young tender leaves pund,

For all hote swellings.

Flebane seed soaked in water, (flower,
 Water-Lettice, or graines mingled with wheat
 Rush-Wazell pund with Barley meale, parched,
 Cozne Rose leaves and grape heads pund,
 Mandragora fresh leaves pund with parched Bar-
 ley meale,
 Bellot boyled with it self in sweet wine, or mixed
 with the yolke of a rosted egge, or with Linseed, *applied &*
 or the meale of Fenigreek, or Cicory, *layd to.*
 Our Lady Whittle root decoct in wine,
 Saligot leaves, Wild Cole leaves pund,
 Gallows with Swines greace,
 Garlick with Swines greace,
 Olive tree leaves,
 Water of hollownesse of Bach tree,

To dissolue hard cold swellings.

Oxle pund and mingled with oyle and ware,
 Stinking Gladin with viniger pund,
 Gladiolus roote with Furay meale, pund & homes
 Saffron mingled with womas milk, (water,
 Porzium seed mingled with water, *layd to.*
 Sigella with viniger pund,
 Libanotus leaves pund, Oppopanax,
 Rots of Lacerpitium with oyle pund,
 Sagapentum soaked in viniger,
 Galbanum, Amomacum,

For

For the Strangury. A plaster.

Take ashes of the roote and leaves of Chameractis:actus
 significth Elder, and Chamer is cibus: which herbe or
 ashes, boyle till it be liquid: then so hote as may bee suffered,
 pectini cum fastia panas, and he shall presently make byne.

And when by drop meale, and in extreme heat he painefully
 maketh water, take wheat bran, & thereof make a poultice, and
 let therof be daily offered to the patient fasting, and after make
 a plaister thereof with Popilion.

For Warts.

Scamp Cgrimony with salt, temper it with biniger, and
 lay it to the Wart, and in foure dayes it will be whole.

Rost the yolke of an Egge well, stamp it with oyle O,
 lue, or of Violets, and make thereof a playster, and lay it to,
 and it will doe away the Wart in one night.

For

For to dissolue cold hard swellings.

W^hite Colowmer roote with bliniger, -
 Wheat bread boyled in homed water,
 Leuin of Rye meale,
 Barley meale boyled with figges and homed
 water,
 Beane meale playster-wise,
 Fenugreke meale in mead,
 Swete Trifoly decoct,
 Smpyngum leanes decoct,
 Water Pepper leanes and sacle pund,
 Pepper mingled with pyrch,
 Dried figges pund,
 Liquid Rozen,

For cold swellings.

S^othernwood sacle with barley meale pund,
 Sinquefoyle roote boyled in bliniger,
 Black Polyn boyled in water, oz pund with
 hony,
 Tyme pund with hony,
 Dragoziganum pund with hony,
 Daucus sacle pund,
 Scamory twice mingled with hony,
 Duch Blank Hysine,
 Gallowes by it selfe, oz with Swyres greace
 pund,
 Marsh Gallowes pund,
 Cresses sacle with hony pund,
 Garlicke with Swyres greace pund,
 Anyons decoct with figges,
 Walnuts, Rue and figges pund, and with
 Raylins,
 Arbor inde young tender leanes,
 Mistle leanes and frutte with Tarre and trewe
 playster-wise,

applied and
 layd to.

layd to.

For

For thighs wearyed, and char ake,
 and that are stiffe with trauell.

Take Muskelyne, Dozebound, and herbe John: make
 a playster of them, with Chapes tallow, Swyres greace,
 and hony-dew, and lay to the payne.

For

For all swelling and scurviuesse about the Seerge.

CJugnosople rate boyled in binger, layd to.

For to take away sweating.

Dry Myrtle leaves, with oymments convenient.

For hardnesse and shrinking of sinewes.

Sothernwood late, grane a; dry, decoct in wine
or water,
Pempete decoct in water,
Cotula lutea bruised,
Iris rootes pund,
Oyle of Lillies,
Wenny royall with hony pund,
Agapernum,
Galbanum mixt with myrrh,
Marabacca boyled in wyne,
Rubarb taken by discretion,
Balsamine oyle,
Wheate meale & the iulce of Wenbane mingled,
Aconitus drunke with wine,
Yellow Adodils, one dram in wyne drunke.

} layd to.

For drawing or aking of sinewes.

Pencedanum iupre —————
Lacerpitium —————
Amomacum ————— } layd to.
Colloquintida white pith in small quanttty, layd to.
Aconitus rote decoct in wine, drunke.
Groundsell leaves and flowres with powder of —
Frankincense ————— } layd to.
Willy leaves and barke boyled in wine —————

For

For sinewes shrunke.

¶ Take Rosemary, Tyme, Lavender, Dyll, Balme, Brome-
lyme, Parroin, Louage, Smilledge, Marren, Camomill,
Planten, Nightshade, Verbe Robert, Advers tongue, Pol-
poy on the Oke, Moulyndes, Daylies, Cumfry, one hand-
full, or halfe a pound of eche: shred them small, put them into
a pan, take a gallon of oyle Olive, May butter, two punds,
new ware, halfe a pound: put all together in the pan, and let
it stand nyne dayes, stirring it once every day, then seethe it, till
the ware and butter be molten and incorporated, strayne it in
a vessel, and leave nothing in the strainer, then put your oyle
into a pot, in which oyle or fresh grease hath bene. This oyle
must be made betwene May and Bartholmeis tyme.

A precious salve for all wounds and sores.

¶ Take pyge grease, Coliphony, bynistene, white sacense,
a good quantity of eche, stampe them, & mixe them with
the white of an egge, spread it on a piece of parchment, presse
the wound with your fingers, to cause the blood come out, and
apply that playster, which will heale spadily.

A precious oyle to heale a wound in 24. houres.

¶ Take flowres of S. Johns wort, & Rosemary flowres, of
eche an handfull, put them in a glasse, and fill it with
good oyle, close it, that no ayre goe forth, let it in the sunne 30.
dayes, and in clere nights also. When the oyle hath gotten
the colour of the flowres, strayne it, and put to it, of Ginger
in powder, one dram, and a little saffron dissolved in good wine,
then let it in the sunne againe 18. dayes: warme the oyle, and
anoynt there with twice in the day.

2.

For

For payne, or swelling sinewes.

Choglosson boyled in wyne or water
Marcidus rote with honey pound,
Euphorbium prepared, ——— } layd so.

For to loften sinewes.

Pinkit oyle mist with other things convenient.

For to ioyne sinewes cut.

White Lilly rote pound with honey
Groundsell with powder of frankincense } layd so.

For to appease payne in the side.

Blacke Holyn, with hys leanes decoct in wyne

Coates beate rote boyled in wyne

Eyme boyled in water and honey

Sage decoct in water

Hus with Will decoct

Gentian rote the iulce

Setwale rote decoct in wyne

Lapida the barke of the rote decoct

Trisoly leanes, saxe and solwe decoct

Caroline rote decoct in wyne

Parcelv saxes decoct

Pellow Affoill rote decoct

Leane, rote and barke of **A**stria decoct in wyne

Oppoponar.

Calewort Rakes burnt to ashes, mist with flowres greene, ap-
 pleyd.

Spitte leaves with wyne les pound and layd so.

Parseneps eaten.

Calbannu perfumed.

For to dry a moyst stomake.

Lentiles blanch eaten.

Garden Spadder rote pound and layd so.

Spittles iulce drunke dyed.

For

For all swellings.

Take **G**roundsell, **B**anchetyme, **C**hicken mēde, **D**ayly,
 petty moresell, & herbe **B**ennet: Stamp and boyle them
 with two parts of frysh butter, and one part of white wyne,
 and lay to the grieve as sore as may be suffred.

Payne of the Spleene is thus cured.

Take **F**ennell rote, **P**arcelv, **S**malledge, **B**anchetyme, **A**l-
 peragus, with their lates, giulles, the middle barke of **C**el-
 der, **E**amaricks old barke made cleane, **C**lme barke and **P**er-
 pericon: Stamp them all, and kepe them three dayes in bin-
 ger and water, and after boyle them, and put to the clarified
 honey, and boyle all to a thiknesse of honey, which is a rumell,
 give it the Patient to drinke rarely and late, with warme wa-
 ter and salt, being diligently pound, and lay a playster upon the
 spleene, and let the Patient take every day on an empty sto-
 macke, three rolles of **M**astich tipped in honey, and make a iune
 in this manner:

Make a ditch or hole in the earth, the depth and quantity of
 the patient, make it hote with burning coales: then dray out
 the coales, and sprinkle the ditch with viniger or wine: then
 strow it with diureticall herbes: then let the Patient in the
 hole to the necke, and cover him with the diureticall herbes, all
 but the head, and put a cloth over him till he sweats: then
 take him out, and cover him in a convenient place.

For to cleanse the teeth.

*Aristologia rotunda powder often rubbed.**Cingidiam hard stemmes, or spikes used to pick the tooth.*

For tooth-ache.

Celidomy rote

Pernicle

Marisfrage rote

Pimpernell iutce snuff in the nose

Pentabillon decoct in water

Planten rote and iutce decoct

White Polyn rote boyled

Upright Maroon, or the rote decoct

Bellitoz rote decoct in vinegar

White Cleboz rote boyled in vinegar

Fruite of Solanum somniterum boyled

Yonbanc rote boyled in vinegar

Camelion rote boyled

Ladies Thistle boyled in wine

Caroline rote boyled in wine

Shapes sozell boyled in wine

Spary mallowes decoct

White Parsely seede chewed

Mustard seede chewed

Oxigan decoct

Yellow Asphilli rote prepared, boyled in
old wine

Sparth and Saffron

Camelt tender crops boyled in vinegar

Tamarisk leanes decoct in wine

Capers seede boyled in vinegar

Mulbery leanes decoct in wine

Lacerpitium rote chewed or put in the tooth.

Oppoponax applyed.

Sagapenum put in the hollow tooth.

Balsam leanes put on the tooth.

Willay iutce of Figges applyed.

chawed.

holden in
mouth.

For

A playster for the tooth-ache.

Take ashen burnt of the Ash tree with keyes, make a crust of bread round, and wet it with your tongue, and lay on the ashes, then lay it playster-wise upon the beyme that lyeth under the eye which goeth to the tooth, and let it lye the space of an houre: then lay another like crust, and so the third: these three playsters will make an incision upon the beyme, and there will be a deep or bleed in the middle of it, let it alone, and wipe it not, till it be dry as a scab, and fall off by it selfe: so then the beyme is stopped, so as the bleed cannot come to the tooth nor gummies, which causeth the ache. Discomposured.

For the same.

Take iuyce of Rue, and as much in quantity of honey: and with iuyce make little ballen dypt in that liqneur: and if the tooth be hollow, stop the tooth: if it be not hollow, lay it to the gumme where the payne is, and it healeth wonderfully.

For tooth-ache of Rheume.

Take running water and Nettles, boyle them well together in a brass pot, put thereto a quantity of vinegar, & a piece of Ruche Allum, boyle them a little, then set the pot from the fire, and call a cloth over the Patients head, and let him hold his mouth over it wide open, so as the fume may goe full into his mouth, and let the cloth hang close about, that no ayre goe out, and he shall be cured: but keepe him warme from cold halfe a day after.

§ 4

For

For spreading Tetters.

Veronica decoct in wine and drunk.

For roughness of the throat.

Wounds meale boyled to paste wth pay, with butter and wine
licked in.

Scurf mixt with milke, licked in.

Spelt meale boyled with fresh butter & new Coates salt eaten.
Figges eaten.

Quinoyes in strep eaten.

For Squinancy or swelling in the throat.

Yolets, the yellow in the midst of th^e th^ere, decoct in wa-
ter, gargarized.

Wax boyled with water and figs, gargarized.

Clatertum layd to, with oyle as honey, as the gall of a Bull, as
Ore.

Saligot leanes boyled in water, applyed.

Double tongue leanes and roots, gargarized.

Figs decoct and gargarized.

For Almonds or straynes about the throat,

and the rootes of the tongue.

M^l wash with honey and vinegar.

Double tongue leanes and roots.

Spilberins leanes and roots gargarized.

Figges eaten.

Walnut shell greene barke decoct in wine, gargarized.

Spilberds bushes and shells decoct in wine, gargarized.

FINIS,

Aconitic . 0 . 40.

After birthe . 1.

Agaricte . 0 . 98.

Ague . 3 . 4 . 1.

Amos . 0 . 13.

Anthonyes fyre . 7 . 8.

Anus going oute . 11 . 12.

Apur rifu . 0.

Aporiell . 8.

Appetite . 9 . 10.

Appoplexie . 9 . 10.

The gall on night meeres . 112.

Aristolochia . 0 . 15.

Arbutus . 98.

Ayche in barke . 12 . 24.

Ayche in bones . 25 . 24.

Ayche in rooster . 115.

Ayre infected . 11.

Atma . 41 . 42.

Auguste . ny.

Agaricte . 124.

Agaricte . 134.

Barke ayche . 12 . 24.

Belly purgors . 11 . 13 . 23 . 24.

Bees stinging . 201.

Biter withed . 0.

Bladder . 13 . 15 . 15.

Bleeding . 26.

Blow inflamed . 15 . 10.

Blow pissing . 18.

Blow spitting . 27 . 29.

Blow toxyced . 29.

Blow in the head . 19 . 20.

Blow of corrupte humors . 19.

Blowden fixe . 18 . 21 . 25.

Body to strengthen . 29 . 30.

Borche . 28.

Bowels . 31.

Bruise . 31 . 32 . 34 . X.

Breaste . 35 . 36 . 37 . 38 . 39 . 40.

Breath shorte . 41 . 43 . 44.

Bryone . 0 . 40.

Bryes . 75.

Bring of made Jaggas . 59.

Burunge . 45 . 46.

Butter of hote & cold . 36.

Camelia .0.08.
 Camel quid .106.
 Canfers .47.48.90.96.38.
 Capivi .98.
 Carnall populator .75.51.52.
 Carbuncles .50.157.
 Carthamus .0.15.08.
 Cerecloth .24.
 Chappes .99.
 Chirge pease .0.08.
 Citamen .0.08.
 Cistive deinde .1.
 Content of the booke .0.
 Children .47.
 Colewortes .0.
 Common .0.15.
 Coliquintida .0.08.
 Codes .14.38.
 Choller .49.50.165.
 Collyre .51.52.
 Consumption .53.
 Convulsion of sinews .58.
 Coriander .0.
 Carnes .51.52.
 Colde humors .105.
 Corviche .53.54.55.56.
 Crowe foote .0.08.
 Corvombre .0.08.
 Crampe .55.56.58.
 Costiveness .122.
 Cauterie .190.
 Decembre .11.
 Deapenes .57.
 Disenteria quid .82.57.121.123.
 Diloration .115.143.
 Digestion .10.59.60.122.
 Dogges madde .59.
 Drops .61.62.
 Dyet .11.
 Dyaria quid .82.
 Droale .0.
 Diagede the correction .90.

Eares .63.64.65.66.105.
 Elder .0.08.
 Elebor .0.08.08.
 Emroydes .105.106.108.
 Enchauntment .73.
 Erui .08.
 Euphorbia .0.15.
 Eyes .2.67.68.69.70.71.72.73.74.
 Equila .0.08.
 Escipulas .7.8.
 Flowers of women .1.2.77.79.81.
 Flowers white in reume .83.84.
 Flowers to ripen .83.
 Flux of bloud .10.25.26.
 Flux of the belly .21.
 Fluxes these kindes .82.
 Fistula .77.87.117.
 Found in going out .85.86.111.
 Frensy .85.86.
 Frenche paxe .160.
 Face Sautre .76.
 Falling Eyell .73.74.181.182.
 Fearne .0.08.
 February .2.
 Fevers .3.4.159.
 Felon .80.
 Flap acide .0.15.
 Fleigne purges .83.84.165.
 Fleigne .157.
 Floore de luce .15.
 Fyer St Anthonye .7.8.
 Fyer .15.
 Gencours inflamed .87.88.111.112.
 Goute .80.90.91.92.96.
 Gonorrhea .170.132.
 Gomora pastio .170.132.
 Glindels & fernels .168.
 Gnattes & flies .89.119.
 Greene itenes .76.154.
 Graunt & Stone .93.
 Gummes .93.95.96.

Heauite. 7. 95. 97. 98.
Heauines of spirit. 189.
Heade ache. 99. 100. 101. 102.
Heade purgers. 101.
Heade feare. 102.
Heade str. 101. 102. 103. 104.
Heate in Intye. 99.
Hearing. 105.
Hempe. 100. 0. 107.
Hemlocke. 0.
Henbane. 0.
Hermocattill. 0. 08.
Hottell. 105. 106.
Humpie. 103. 104.
Hurles. 42.
Humors watry. 107.
Humors howe to dissolue. 105.
Hyperes. 96.
Hyem. 97. 107.
Iamuricks obseruations. 88.
Iauing. 62. 107. 108. 109. 110. 111.
Iauis. 109.
Impostumes in the genitors. 111.
Impositiones. 109. 113.
Inflamations. 113.
Inflamation of the eye. 11.
Inflamation of blood. 17.
Indian pepper. 0. 8.
Iuncos obseruations. 69.
Iulres obseruations. 81.
Iporraze. 10.
Lornes oute on place. 115.
Lris. 107.
Itche. 115. 116. 117. 118.
Irceliphe. 8.
Kube heedes. 104. 115.
Kinges Euill. 117. 118. 153. 188.
Kidnes vicerate. 117. 119. 169.
Knees swelling & aye. 120.
Kernels. 188.
Knottes & Knots. 120.

Lacepitin. o. 13.
Lamenes. 119.
Laverell. o. 88.
Liste. 123. 121. 57. 124.
Leafes. o. 88.
Legges. ore. 123. 38.
Leoprie. 125. 126.
Litortion. o. 88.
Lithanthus. o. 127.
Lumescence. 127.
Leuteria quid. 182.
Litargie. 125.
Lippe saluc. 126.
Live in the bodi or clothes. 127.
Lyuex. 127. 128. 129. 130. 131.
Lumes' atting. 131.
Loue. 131.
Lupus. 96. 38.
Lunges. 114. 133. 134. 165.
Mandragora. o. 88.
Marche V.
Maye II.
Marinade. 22. 136.
Matrix milking oute. 12. 139. 141.
Matrix to sceme. 136. 137. 139. 140.
Mad dogges biting. 59.
Muscles or stripes. 135.
Muscles of poxe. 135.
Micafels. 145.
Melte. 147. 148. 149.
Melancholie. 141. 142.
Members benumbed. 141. 145.
Members shrunken. 143.
Members swollen. 143.
Memorie. 143.
Mixture to produce. 145.
Mouth. 150. 151. 152.
Mylke. 40. 145.
Microton. o. 88. 88.
Mothe. 137. 141. 142.
Madnes. 86.

Nature to increase .151.152. **P**alfe .155.156.
 Nature to be loste .170. **P**aynes .157.206.
 Nature of children .151.152. **P**apauer .0.
 Navies .153. **P**estilent fevers .159.
 Nereu .0. **P**etkies .43.160.167.
 November 12. **P**etlos .0. **P**eppe .0.
 Noli me tangere .96. **P**hage pustels .172.
 Needing .153.154. **P**ustels one the members .14.
 Night merry .112. **P**issing .159.160.
 October 14. **P**issing blaine .18.19.
 Observations 2 20. **P**ole red .0. **P**olypede .0.
 Olives .0. **P**elipus .155.
 Omens .0. **P**ore .161.162.164.
 Opium .0. **P**erson .163.
 Opilation of the gull .87. **P**oyon of serpentes .163.164.
 Ouche .0. **P**ylke .105.106.108.
 Oyle for wounds .208. **P**ylm .0.
 Oyle for Scurfe .130. **P**reue members .103.
Procreation of children .47.
 Purgations .11.13.14.105.167.168.171.
 Proude fleshe .75.
 Poxe .115.120.
 154.
Plaster for Squinace .190.

Ramulus .0. **S**ore legges .123.38.
Raynes .60.169.170. **S**heene .124.
Rites .99. **S**ores .187.188.208.
Ringe wounds .180. **S**hyngles .178.
Ruptures .44.45.46.95.169. **S**crophula .118.
Runes & Charyces .169. **S**irebis .96.
Rath & Wre .167. **S**inewes .20.207.208.209.210.
Spyder .170. **S**leepe .124.
Silken ball .15. **S**mealing .105.203.
Salices .90.108. **S**pruce .0.
Samitula .27. **S**pongiaceous fleshe .75.
Saniferae .70. **S**pleene .147.148.149.207.209.
Sarrip .112. **S**quilla .0.
Scabies .128.171.172.190. **S**quama .204.213.190.
Scarfed .101.177.171.179.180. **S**quamous .169.
Sciam .0. **S**kinne rough .183.
Sciatira .170. **S**land .0.
Scaling .45.46.48. **S**lanting .20.133.
Sermon .1.179.181. **S**tranguine .20.208.
Serpentes .173.175. **S**tripe .12.98.
Siam .0. **S**triving .155.
Sothermer .1. **S**tone .93.191.192.193.194.
Sotening .75. **S**tomache .10.101.102.193.194.
Speache .150. **S**trengthening the body .29.
Spruce .150. **S**tring .0.5.
Strabes .154.116.180.172.

Swelling of the guttes. 96.

Swelling of 203. 205. 207. 210.

Swelling of 201. 129.

Swelling of the fingers. 120.

Swelling of the legs & body. 120. 129.

Swelling of the face. 90.

Tapia. 0. 80. 81.

Tastes. 40.

Tetter. 179.

Tetter. 211. 212.

Tythemall. 0. 81.

Ulcere. 41. 42. 157.

Ulcere. 213.

Trembling of the heart.

Tearmes. 2. 154. 155.

Urtice. 0. 83.

Urtice. 47. 75. 151. 152.

Ulcers in the mouth. 151.

Ulcers swelling. 112.

Urtice. 157.

Urtice. 41. 43. 45.

Unguentum albi thami. 114.

Ulcers of the face. 118.

Urtice. 117.

Urtice. 176.

Urtice. 0. 83.

Water in the humors. 105. 107.

Urtice. 203. 114.

Urtice. 172.

Urtice. 0. 83.

Urtice. 31. 60.

Urtice. 130.

Urtice. 110.

Urtice. 208. 117.

Urtice. 117.

Water artificial. 134.

Urtice. 160. 164.

Urtice. 0. 83.

Urtice. 14. 140.

Urtice. 105. 100.

	T	Z	o	o	♀	♀	D
V	Breaste	Belly.	Heade.	Reines	Fitt.	Legges	Knees.
8	Belly.	Serretes.	Breaste.	Legges	Necke.	Heade.	Feete.
11	Belly.	Ridge.	Necke.	Knees.	Heade.	Feete.	Legges.
5	Serretes.	Reines.	Breaste.	Fitt.	Arme.	Eye.	Heade.
1	Serretes.	Reines.	Belly.	Necke.	Belly.	Hearte.	Shoulders.
ny	Feete.	Knees.	Belly.	Necke.	Belly.	Hearte.	Shoulders.
14	Knees.	Eyes.	Members.	Shoulders.	Heade.	Belly.	Hearte.
m	Haunches.	Feete.	Heade.	Hearte.	Members.	Ridge.	Belly.
17	Feete.	Heade.	Handes.	Belly.	Reines.	Hearte.	Ridge.
10	Heade.	Reines.	Knees.	Ridge.	Hearte.	Members.	Armes.
m	Necke.	Shoulders.	Hearte.	Members.	Knees.	Reines.	Members.
x	Shoulders.	Heade.	Belly.	Reines.	Ridge.	Legges.	Reines.